

Livier

THE MAGAZINE

Get Ready
for Summer!

SMOOTH AWAY CELLULITE
WITH OUR BODY CONTOURING
TREATMENT!

PAGE 9

Mother's Day
EXCLUSIVE DISCOUNTS
& GIFT CARDS AWAIT!

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OUR *EXCLUSIVE*
ANTI-AGING LINE:

SHIELD YOUR SKIN FROM THE SUN
AND AGING WITH OUR MEDICAL
GRADE PRODUCTS

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DERMA PEEL

Simple and effective treatment for sun spots, aging & more.



EDITOR'S NOTE

Livier

THE MAGAZINE

Welcome to our Newport Beach escape within the pages of *Livier the Magazine*! Nestled in the heart of the Renaissance Hotel, our state-of-the-art Medical Spa introduces you to a world of innovation and luxury.

In these pages, explore innovative spa services, local activities, trends, and inspiring interviews. From cutting-edge wellness at our med spa to the heartbeat of Newport's vibrant scene, join us on a journey that celebrates the mind, body, and soul.

Madeline Deslaurier

Editor-in-Chief



IN THIS ISSUE

In these pages, discover what the team at Livier Spa is bringing to you! Explore innovative beauty treatments, connect to the community, and learn what we're all about! We've got you covered, ensuring a holistic and radiant start to the new chapter in your journey!

MEET OUR *Team*



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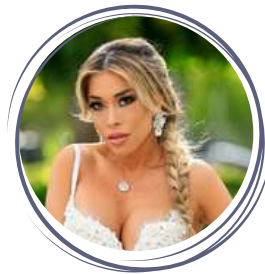
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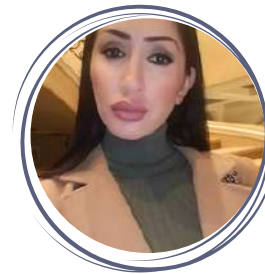
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Livier

A person in a white lab coat and blue gloves is using a laser device on a patient's leg. The patient is lying on a white surface. The background is a clinical setting.

LASER HAIR REMOVAL

at

Livier

**FEATURING OUR MAGMA LASER
HAIR REMOVAL!**

SAFE AND EFFECTIVE ON ALL SKIN TONES!

**MEASURES SKIN MELANIN LEVELS FOR HIGHER
ACCURACY AND EFFICIENCY.**

VIRTUALLY PAINLESS PROCESS

**Schedule Your Appointment!
(949) 849-2200**

ACNE SOLUTIONS FOR EVERYONE

at *Livier*

Oh, acne. What we once pictured as an adolescent issue plagues almost 50% of all adults, primarily women. There's no "one size fits all" approach when it comes to treating acne. There are many variables including what kind of acne you may be suffering from and why you are dealing with it.

Let's talk about the most common forms of acne.



BLACKHEADS (OPEN COMEDONES)

Blackheads are a nuisance but common in everyone. They present as small dark spots on the skin, resulting from the oxidation of trapped oil and dead skin cells within open pores.

Like whiteheads, blackheads occur when hair follicles become clogged with oil and dead skin cells. However, in blackheads, the pore remains open, allowing the trapped material to oxidize and turn black.

These are primarily found on the nose, chin, forehead, otherwise known as your 'T' zone and can also present themselves in other areas with high oil production.

PUSTULES

or more commonly referred to as pimples, are similar to papules but contain pus at their tips, giving them a white or yellowish appearance. They form when the walls surrounding the pores become inflamed, and pus accumulates at the surface of the skin.

Pustules are typically tender or painful to the touch. They contain pus, which gives them their white or yellowish appearance.

Again, avoid picking or squeezing pustules to prevent further inflammation and scarring.



WHITEHEADS (CLOSED COMEDONES)

These are among the most common types of acne. They appear as small, flesh-colored bumps on the skin's surface.

They occur when a hair follicle becomes clogged with oil and dead skin cells, but the pore remains closed, preventing oxidation of the trapped material.

PAPULES

Papules are small, raised bumps on the skin that are typically pink or red in color.

Papules occur when the walls surrounding the pores become inflamed due to excess oil and bacteria but they do not contain pus. They sit below the skin's surface and are tender or sore to the touch. They are usually less than 5mm in diameter and do not contain any fluid-filled "head" like pustules.

You want to avoid picking or squeezing papules as it causes further inflammation and are prone to scarring.

But Why?

There are many factors on why one might be suffering with acne. As people age, their skin undergoes changes, including a decrease in oil production and slower cell turnover. In addition, take into account these other factors;

HORMONAL CHANGES:

Hormonal fluctuations can occur throughout life, not just during puberty. In women, hormonal changes related to menstrual cycles, pregnancy, menopause, or hormonal therapies can contribute to acne development. In men, changes in testosterone levels can also play a role.

STRESS:

Stress can trigger or exacerbate acne in people of any age. Older adults may experience stress related to work, family, health issues, or other life changes, which can contribute to acne flare-ups.

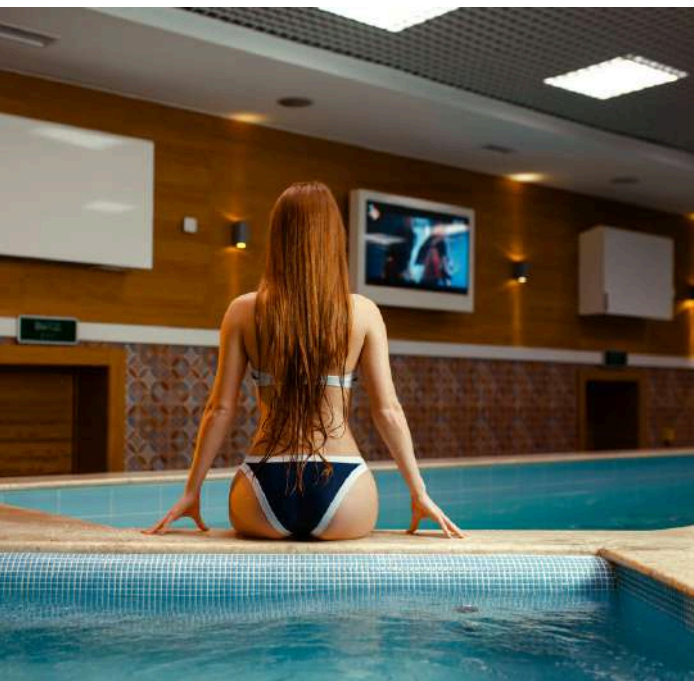
MEDICATIONS:

Certain medications can cause or worsen acne as a side effect. Older adults may be more likely to take medications that can affect their skin.

SKINCARE PRODUCTS:

The use of certain skincare products or cosmetics that are comedogenic (i.e., they clog pores) can lead to acne breakouts. Older adults may use skincare products that are too harsh or heavy for their skin type, leading to acne development. Make sure you are using pure products that are suitable to your skin type!





TAKE THE PLUNGE

COLD BATHS

and the benefits

In a whirlwind of ever-changing self-care crazes, there's one ancient ritual that's as timeless as it is exhilarating: cold plunge baths. Sure, the idea of dipping into icy waters might make you shiver just thinking about it, but trust me, the benefits of this invigorating ritual are too significant to ignore. From enhancing physical health to bolstering mental resilience, here's why you should take the plunge and embrace the icy waters of cold baths.

THE BENEFITS

BOOSTS CIRCULATION & RECOVERY

The shock of cold water triggers a physiological response known as vasoconstriction, causing blood vessels to constrict and blood flow to redirect towards vital organs. When you emerge from the cold water, your body engages in vasodilation, where blood vessels expand, flushing your muscles with oxygen-rich blood. This process aids in reducing inflammation, flushing out metabolic waste, and accelerating muscle recovery post-exercise. Athletes and fitness enthusiasts swear by cold plunge baths for their ability to speed up recovery times, allowing them to train harder and more frequently.

STRENGTHENS IMMUNE SYSTEM

Exposing your body to cold temperatures can stimulate the production of white blood cells, boosting your immune system's resilience against infections. Cold water immersion has been linked to increased levels of circulating lymphocytes, which play a crucial role in defending the body against pathogens. By regularly subjecting yourself to cold plunge baths, you're essentially giving your immune system a workout, helping it become more robust and efficient in fighting off illnesses.

IMPROVES SKIN & HAIR

Cold water is a natural astringent, constricting pores and tightening the skin, which can lead to improved tone and texture over time. Additionally, cold water immersion can stimulate circulation to the skin's surface, delivering vital nutrients and promoting a healthy glow. For those with inflammatory skin conditions like eczema or psoriasis, cold plunge baths may offer relief by reducing itching and inflammation. Moreover, cold water can seal the hair cuticle, preventing moisture loss and imparting shine and vitality to your locks.

HEIGHTENS METABOLIC RATE AND FAT LOSS

Research suggests that exposure to cold temperatures can activate brown adipose tissue (BAT), a type of fat that burns calories to generate heat. By regularly subjecting yourself to cold plunge baths, you may stimulate the activation and growth of BAT, leading to increased calorie expenditure and potential fat loss over time. While cold water immersion alone isn't a magic bullet for weight loss, when combined with a healthy diet and regular exercise, it can complement your efforts by boosting your metabolic rate and promoting fat oxidation.

ENHANCES MENTAL WELLBEING

Beyond its physical benefits, cold water immersion has profound effects on mental health. The shock of cold water triggers the release of neurotransmitters like adrenaline and endorphins, inducing a natural high and an unparalleled sense of alertness and euphoria. Many individuals report feeling a surge of mental clarity and improved mood after a cold plunge, making it an effective tool for combating stress, anxiety, and depression. Additionally, the act of willingly embracing discomfort and overcoming the initial shock fosters a sense of resilience and mental toughness that carries over into daily life challenges.

Fun Fact: Cold baths date back to 3500 B.C. known to be a common ritual to Egyptians, Greeks & Romans.



VALMONT

at *Livier*



Firmness Ritual - Firmness of the Hills

The Firmness of the Hills facial treatment offers a luxurious experience aiming to enhance skin firmness and redefine facial contours. Inspired by the soft curves of Swiss landscapes, it incorporates a deep massage targeting the dermis with FIRM-C BOOST, yielding proven effectiveness with a 10.2% increase in skin structure.

The protocol begins with a cleansing phase, followed by a technical massage focusing on the dermis using a potent concentrate. The treatment concludes with a tailored application of firming and anti-aging products, leaving the skin rejuvenated and accompanied by a relaxing hand massage.

Hydration: Hydration of the Bisses

The Hydration of the Bisses facial treatment rejuvenates the skin by deeply hydrating the epidermis, resulting in vibrant and supple skin. Inspired by the irrigation channels of the Valais region in Switzerland, the protocol employs a gentle massage targeting the lymphatic system with H2O BOOST, yielding an impressive 83.1% increase in moisture levels after just one treatment.

The procedure begins with a luxurious warm-up and cleansing phase, followed by a precise lymphatic massage using a potent concentrate to infuse hydration deep into the skin. The treatment concludes with a tailored application of moisturizing and anti-aging products, accompanied by a relaxing hand massage for a complete experience.



Say
Good-Bye!
to
CELLULITE

WITH OUR
BODY CONTOURING ANTI-CELLULITE TREATMENT

OUR LYMPHATIC DRAINAGE MASSAGE
REMOVES UNNECESSARY FAT & TOXINS

PAIRED WITH OUR
EXCLUSIVE CELLULITE SCULPTING CREAM
IT DIMINISHES THE APPEARANCE OF
CELLULITE

GIVING YOU SMOOTH AND BEAUTIFUL
RESULTS!



at *Livier*
(949) 849-2200

TIMELESS BEAUTY

ANTI-AGING TIPS & PROCEDURES

Taking care of your skin isn't *just* about maintaining a youthful appearance; it's about nurturing a deeper sense of self-confidence and well-being.

As you weave these practices into your daily routine, you're not just investing in skincare — you're investing in yourself.



At the top of our list, **Wear Sunscreen!**

Protect your skin every single day. Sun damage can occur in as little as 5 minutes, including while we are driving. Sun exposure accelerates skin aging, leading to wrinkles, age spots, and sagging skin. Apply broad-spectrum sunscreen daily, wear protective clothing, and seek shade to shield your skin from harmful UV rays. Not only do you want to protect your face, but don't forget your neck, chest, and hands!

Practice Stress Management

Chronic stress accelerates aging by triggering inflammation and oxidative damage. Practice stress-reducing techniques such as meditation, deep breathing exercises, and mindfulness to maintain a youthful mindset and vibrant appearance.

Get Sufficient Sleep

Quality sleep is crucial for skin regeneration and repair. Aim for 7-9 hours of uninterrupted sleep each night to promote cellular renewal, reduce puffiness, and achieve a refreshed complexion.

Stay Hydrated

Adequate hydration is essential for maintaining skin elasticity and suppleness. Drink plenty of water throughout the day to keep your skin hydrated from within, reducing the appearance of fine lines and wrinkles.

Maintain a Healthy Diet

A balanced diet rich in antioxidants, vitamins, and omega-3 fatty acids supports skin health and fights oxidative stress, contributing to a youthful appearance. Incorporate plenty of fruits, vegetables, lean proteins, and hydrating foods like watermelon and cucumber into your meals.

Exercise Regularly

Physical activity improves blood circulation, delivering oxygen and nutrients to the skin while flushing out toxins. Incorporate aerobic exercises, strength training, and yoga into your routine to promote healthy, glowing skin.

NON INVASIVE PROCEDURES



Laser Skin Resurfacing

Utilizing cutting-edge laser technology, this procedure targets wrinkles, age spots, and uneven skin tone, stimulating collagen production and revealing smoother, younger-looking skin.

Chemical Peels

By removing damaged outer layers of skin, chemical peels promote cell turnover, diminish hyperpigmentation, and improve skin texture, resulting in a radiant, youthful complexion.

Learn more on page 29

Platelet-Rich Plasma (PRP) Therapy Harnessing the regenerative properties of platelets in the blood, PRP therapy rejuvenates the skin, promoting tissue repair, and stimulating collagen synthesis for a youthful glow.

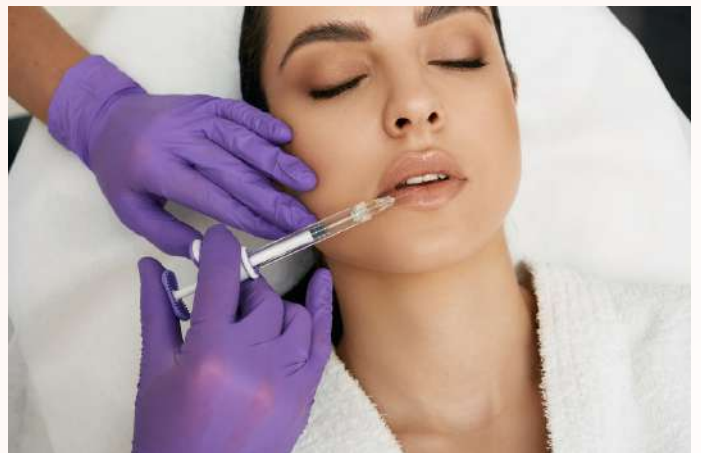
Even with diligent skincare practices, sometimes you want an extra boost! That's where non-invasive yet highly effective treatments come into play. These procedures could be the missing piece to your skincare puzzle, offering the rejuvenation and enhancement you've been looking for!

Microneedling

Also known as collagen induction therapy, microneedling stimulates collagen and elastin production, reducing wrinkles, acne scars, and improving overall skin texture and firmness.

Botox and Dermal Fillers

Injectables like Botox and hyaluronic acid fillers are popular for reducing fine lines, wrinkles, and restoring lost volume, providing instant rejuvenation with minimal downtime.



Book now
at

Livier
(949) 849-2200



NEED AN IV?

(TRUST ME, YOU DO.)

Forget what you thought you knew about IV bags – they're not just for hospitals anymore. In recent years, they've become a go-to solution for those seeking a quick and effective wellness boost. Here's the real deal on why people are turning to IV bags for their health:

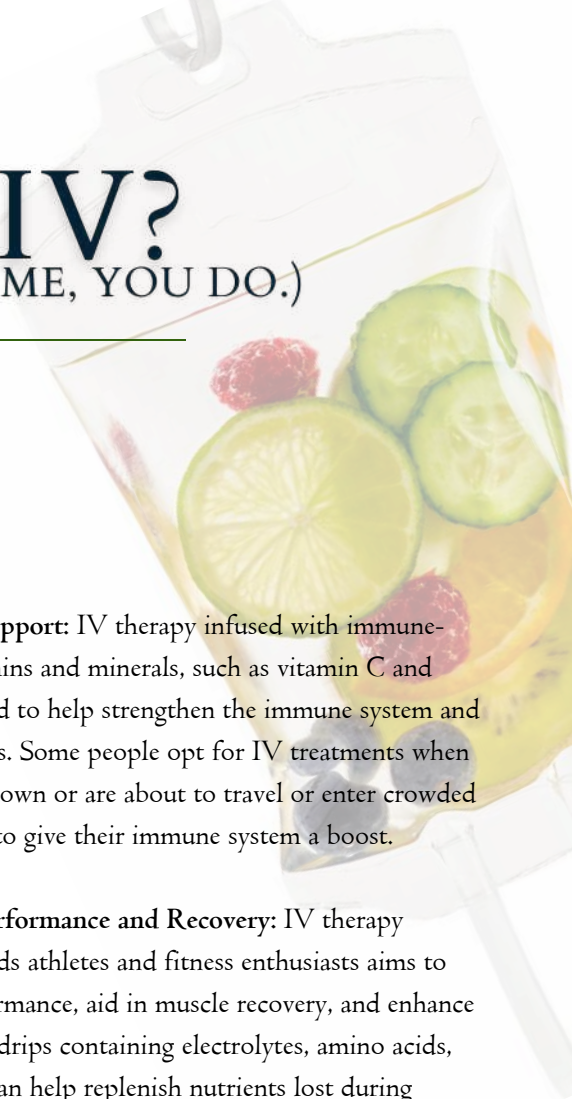
Instead of waiting for supplements to work their way through your digestive system, IV therapy delivers nutrients straight into your bloodstream. No waiting around – just fast absorption and immediate results.

Whether you're battling a hangover, jet lag, or just need a general pick-me-up, IV therapy promises to revitalize you from the inside out. And the best part? People are loving the way they feel afterward. From increased energy levels to glowing skin, the benefits speak for themselves.

1. Rehydration and Nutrient Boost: IV therapy provides a rapid method for rehydrating the body and delivering essential nutrients directly into the bloodstream. This can be particularly beneficial for individuals who are dehydrated due to factors such as exercise, illness, or travel.

2. Hangover Relief: IV therapy is often sought after as a hangover remedy. By delivering a combination of fluids, electrolytes, vitamins, and antioxidants directly into the bloodstream, IV treatments can help alleviate symptoms such as dehydration, headache, fatigue, and nausea associated with excessive alcohol consumption.

3. Jet Lag and Travel Fatigue: Frequent travelers, especially those who experience jet lag or travel fatigue, turn to IV therapy to quickly recover and replenish lost fluids and nutrients. IV treatments tailored for jet lag typically include hydration fluids along with vitamins and minerals to combat fatigue and boost energy levels.



4. Immune Support: IV therapy infused with immune-boosting vitamins and minerals, such as vitamin C and zinc, is believed to help strengthen the immune system and ward off illness. Some people opt for IV treatments when they feel run-down or are about to travel or enter crowded environments to give their immune system a boost.

5. Athletic Performance and Recovery: IV therapy targeted towards athletes and fitness enthusiasts aims to improve performance, aid in muscle recovery, and enhance hydration. IV drips containing electrolytes, amino acids, and vitamins can help replenish nutrients lost during intense physical activity and promote faster recovery.

6. Beauty and Anti-Aging: IV therapy is also used for cosmetic purposes, with treatments formulated to promote skin health, hair growth, and overall rejuvenation. Ingredients like glutathione, biotin, and vitamin C are often included to enhance skin elasticity, brightness, and texture.

7. Weight Management: You can assist in your weight loss journey by boosting metabolism and providing nutrients that aid in fat burning. These treatments include ingredients such as B vitamins, amino acids, and compounds to enhance metabolic function.

Book now
at *Livier*
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The ARMÉE Cosmetics Lip Care Kit

An all-in-one
solution!
It is the ideal kit to
help you prepare
your lips before lip
injections and
maintain them
thereafter.

ARMÉE

The Kit Includes:

Lip Scrub: Exfoliating sugar scrub with jojoba oil and shea butter, ideal for pre and post-lip augmentation to maintain smooth lips.

Lip Hydrator: Contains hyaluronic acid, arnica, and antioxidants for intense hydration and healing support before and after lip augmentation. Arnica also helps reduce swelling and bruising.

Correcting Concealer: Dual-ended concealer with peach and lavender ends to address different stages of bruising post-procedure.

Matte Liquid Lipstick: Aesthetic, moisturizing lipstick with lasting matte coverage, perfect post-procedure. Available in four shades.





AGE HEALTHIER & LIVE HAPPIER

IT CAN START WITH A SIMPLE TEST

Find out how optimized hormones may improve your energy, sleep, weight, and libido.

PATIENTS TELL US
THEY EXPERIENCE:



Increased energy, strength, and weight loss*



Feel younger, healthier, and happier*



Better moods, memory, and mental clarity*



Restored libido and improved relationships*



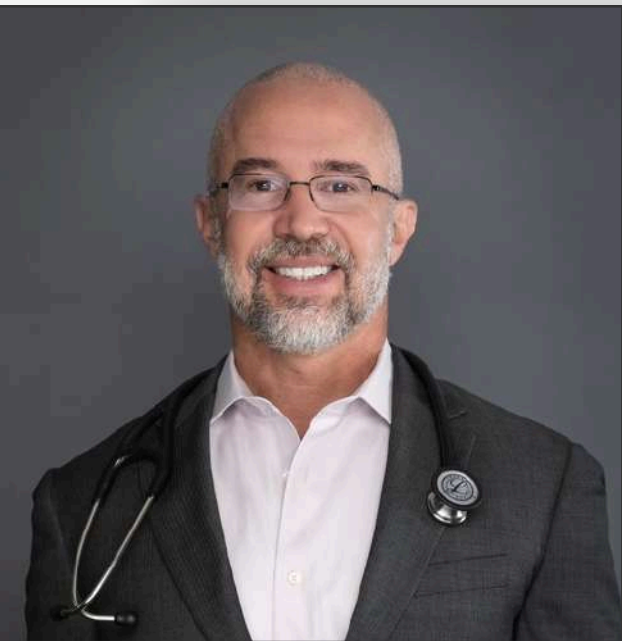
BEFORE BEING OPTIMIZED, PATIENTS COMPLAIN OF:

- Lack of energy and fatigue
- Difficulty sleeping at night
- Reduced mental focus and memory
- Feeling down, mood swings, on edge
- Weight gain including increased fat around mid-section
- Inability to lose weight regardless of healthy diet and exercise
 - Decreased muscle strength
 - Muscle and/or joint discomfort
- Reduced sexual desire and performance

949.849.2200

| 4500 MacArthur Blvd, Newport Beach CA

Dr. Molina



When it comes to the world of Bio-Identical hormone replacement there's none other than local pioneer Dr. John Molina, D.O.

He has been at the forefront of changing people's lives through hormone replacement for over 20 years. Dr. Molina is a board certified Family Physician of 25 years who operates offices in Santa Ana and Costa Mesa. He specializes in Family, Sports, and Integrative Medicine.

His passion for health and longevity lead him to the world of hormonal replacement and more specifically through the use of hormone pellets.

In 2016, he became a prime provider for BioTe brand hormone pellets and has changed thousands of lives in both men and women.

From depression to hot flashes, sexual dysfunction, low energy, as well as chronic diseases such as Rheumatoid Arthritis, Lupus, Fibromyalgia, the benefits from hormone optimization are endless.

He believes than not only quantity but quality of life can be achieved through a simple in-office hormone balancing procedure.

Take that first step in making you the best you can be! Schedule an appointment with Dr. Molina at Our Secret Place.

DR JOHN MOLINA, D.O.

Hormone Specialist

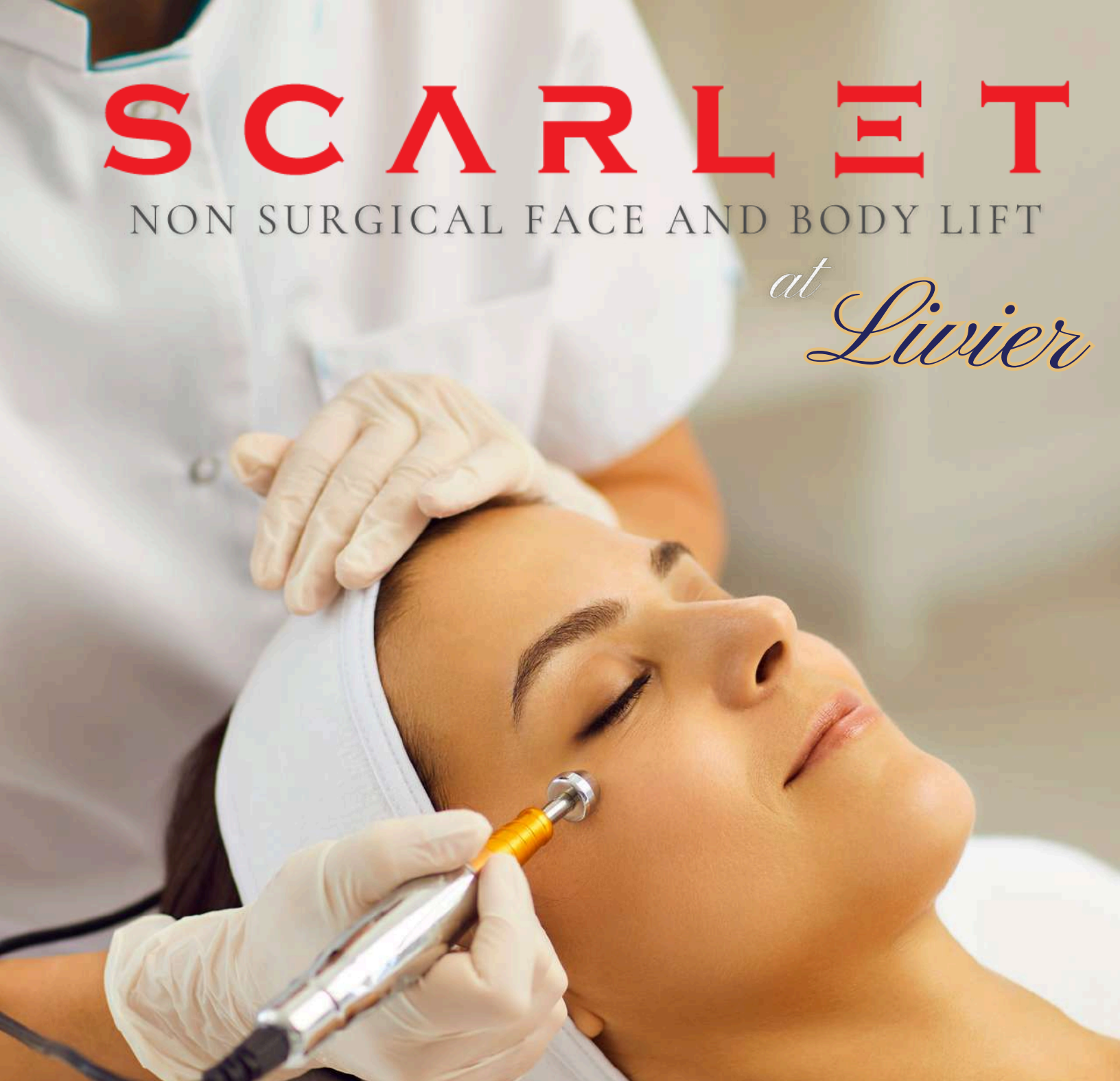
Bio-Identical Hormone Replacement

BOOK YOUR
APPOINTMENT
(949) 849-2200

SCARLET

NON SURGICAL FACE AND BODY LIFT

at *Livier*



WHAT IS SCARLET SRF?

SCARLET SRF IS A MICRONEEDLING TREATMENT
USING RADIO FREQUENCY (RF)

IT TIGHTENS, REJUVENATES, AND BOOSTS
COLLAGEN FOR A YOUTHFUL GLOW—

TRANSFORMING TEXTURE, FIRMNESS, AND TONE IN
ONE TREATMENT!



BEFORE



After

BENEFITS

Tightens & Lifts Skin

Treat Acne Scars

Reverse Sun Damage

Stimulates Collagen Production

Evens Skin Tone

Reduces the Appearance of Fine Lines and Wrinkles



BEFORE

After



TREATED FOR: ACNE SCARS,
UNEVEN SKIN TONE, SAGGING SKIN



BEFORE

After



TREATED FOR: BALDING, HAIR
THINNING



BEFORE

After



TREATED FOR: SAGGING SKIN,
SUN DAMAGE



BEFORE

After

TREATED FOR: BURNS &
SCARRING

VERSATILITY

Hair Restoration

Tighten Sagging Skin:

Including - arms, knees, stomach, etc.

Safe Around Eyes

Treats Body Scars & Stretch Marks



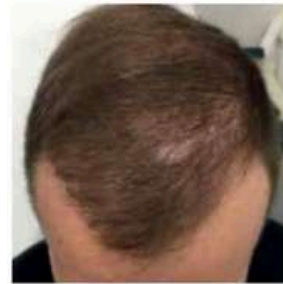
HAIR RESTORATION

WHAT IS PRP?

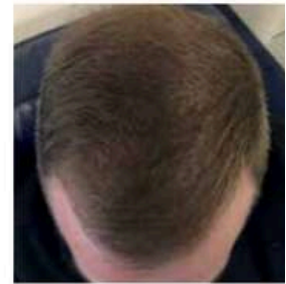
PRP (Platelet Rich Plasma) is blood plasma containing a high concentration of platelets. Although platelets are best known for their part in the blood clotting process, these cells are also considered a biochemical storehouse of growth factors that participate in recovery and healing of tissues by enhancing physiologic processes. Antiapoptotic effects of activated PRP have been suggested as one of the major contributing factors stimulating hair growth as it prolongs the survival of dermal papilla cells during the hair cycle. Follicular stem cell differentiation is induced, as well as prolonging the phase of the hair growth cycle.

HAIR LOSS

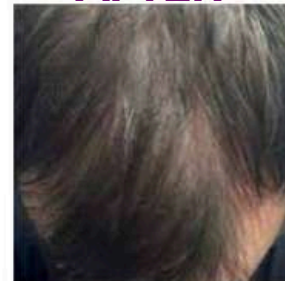
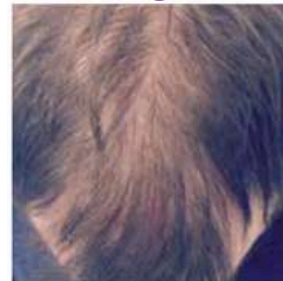
Alopecia, a common cause of hair loss, is a condition that is not painful nor does it interfere with regular daily activities. Nevertheless it is an emotionally challenging condition, particularly when hair loss affects the entire scalp. Fortunately, advances in medical research mean that today, men and women need not suffer the results of hair loss. PRP treatment is now a wide spread and well established procedure in all cases of alopecia. Published studies are providing increasingly stronger evidence of the beneficial effect of PRP treatment on hair re-growth.



BEFORE



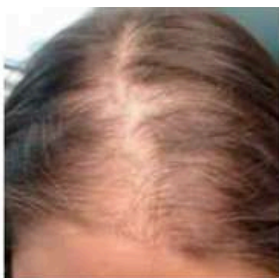
AFTER



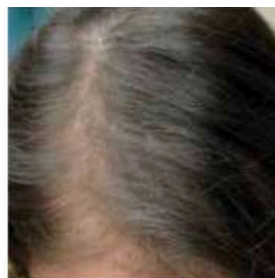
ADVANTAGES OF PRP SCALP INJECTIONS

Cellenis® PRP treatment is an ideal treatment for hair growth – it reinvigorates dormant hair follicles and stimulates the natural growth of new hair.

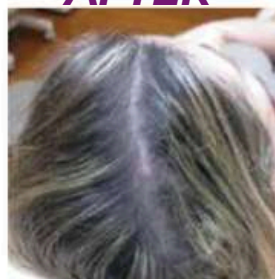
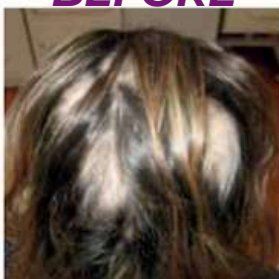
- Increases hair quality, volume, density and fullness
- Naturally stimulates hair growth
- Increases and strengthens existing hair
- Decreases hair loss
- Can be used in conjunction with alternative therapies and medications for hair loss



BEFORE



AFTER



AVAILABLE AT

Livier

TargetCool

Exclusive at *Livier*

INJECTIONS REINVENTED

REDUCED BRUISING & SWELLING

Dermal areas treated with TargetCool are much less susceptible to swelling, inflammation, and hematoma. This means less unsightly bruising after injections and also quicker, easier recoveries.

SKIP THE NUMBING CREAM

TargetCool's refreshing pain reduction adds peace-of-mind. And TargetCool's ability to rapidly cool the skin also eliminates the wait-time associated with numbing creams.

IMPROVED COMFORT

TargetCool's ability to control the temperature of the skin at the injection point leads to creating a temporary anesthetic effect that leads to a more comfortable injection experience.

LOOK GOOD FEEL GOOD

at *Livier*

THE SKINNY SHOT

SLOW METABOLISM

LOOKING TO DITCH STUBBORN FAT? THE SOLUTION IS SIMPLE! OUR **LIPOTROPIC SHOT "SKINNY SHOT"**.

THE COMBO OF LIPO+B12 INCREASES YOUR ENERGY, BOOSTS METABOLISM, AND BURNS FAT QUICKER THAN BEFORE!

LIPOTROPIC SHOTS CONSIST OF VITAMIN B12 AND AMINO ACIDS THAT ELIMINATE TOXINS AND PREVENT THE BODY FROM STORING UNWANTED FAT CAUSING FAT TO BREAK DOWN QUICKER AND MORE EFFICIENTLY.



WEIGHT LOSS PEPTIDES

SEMAGLUTIDE/ TIRZEPATIDE

THE FDA-APPROVED, ONCE-A-WEEK WEIGHT LOSS INJECTION! THIS CUTTING-EDGE PRESCRIPTION MEDICATION IS A POTENT SOLUTION THAT HAS SHOWN INCREDIBLE EFFICACY IN AIDING WEIGHT LOSS.

OUR TEAM OF EXPERTS WILL PROVIDE PERSONALIZED CARE, MONITOR YOUR PROGRESS, AND MODIFY YOUR TREATMENT PLAN AS NEEDED TO HELP YOU ACHIEVE YOUR IDEAL WEIGHT. EXPERIENCE ITS TRANSFORMATIVE BENEFITS FIRSTHAND!



BEFORE



AFTER



SKINNY IV BAG

DESIGNED FOR ACCELERATED ADIPOSE TISSUE BREAKDOWN AND METABOLISM BOOST YOU WILL ALSO RECEIVE AN IM LIPOTROPICS (MIC) BOOSTER SHOT THAT WILL PLAY AN ESSENTIAL ROLE IN THE BODY'S USE OF FAT AND ENERGY. THIS CONTAINS AMINO ACIDS THAT HELP BREAKDOWN AND METABOLIZE FAT IN THE BODY.

PRODUCTS THAT WILL MAKE YOU FEEL & LOOK GREAT!



DIET & ENERGIZE BUNDLE

THE COMBINATION OF OUR TOPICAL B12 PLUS AND GARCINIA CAMBOGIA PLUS PATCH IS EFFECTIVE IN:
CURBING YOUR HUNGER
SUPPRESSING APPETITE
ACTS AS A NATURAL WEIGHT LOSS SUPPLEMENT
BOOSTS ENERGY AND STAMINA

NURDORA PRE/PROBIOTICS

NURDORA PRE/PROBIOTICS AIDS IN WEIGHT LOSS!
THEY ALSO
IMPROVES LIKE GUT HEALTH
DECREASES INFLAMMATION
ASSISTS WITH APPETITE CONTROL



TEATOX SKINNY TEA

LIVIER'S EXCLUSIVE DETOX GREEN TEA THAT AIDS IN WEIGHT LOSS, FAT BURNING, BLOATING WHILE CLEANSING AND DETOXIFYING



AVAILABLE AT

Livier



Firm & Tone

Tighten & brighten for more youthful & radiant looking skin

Rejuvenate

Restore & strengthen skin cells

Lift

Enhance production of collagen and elastin

Recontour

Enhance production of collagen and elastin

Results

Penetrates 10 x deeper & lasts 5 x longer than other topical types



BRIGHCA

Melting Collagen Set



Pure Collagen & Hyaluronic Acid, in Nanofiber Form, NOTHING ELSE

99.86% Premium Marine Collagen from New Zealand

0.14% Hyaluronic Acid



EXCLUSIVE AT

Livier

ULTRASOUND SKIN TIGHTENING

Ultherapy is the only FDA-cleared, non-invasive procedure that lifts the neck, chin and brow, and improves lines and wrinkles on the upper chest. Through the ultrasound imaging with Ultherapy, energy is delivered precisely to the place where it will benefit you most—for natural-looking results that improve over time.

Ultherapy relies on ultrasound therapy to go deeper than other non-invasive treatments for collagen stimulation. It leverages traditional ultrasound imaging, allowing Ultherapy providers such as *Livier Spa* to see the layers of tissue they are treating. This ensures the treatment energy is delivered to where it benefits you most!

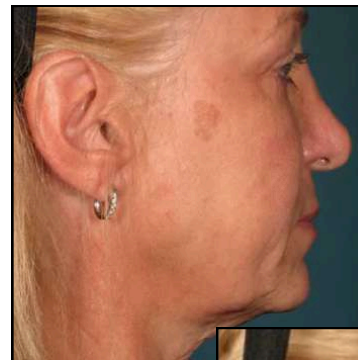
For those who are not ready for a surgical facelift, Ultherapy provides proven results in a single treatment for most patients. Lift and rejuvenate, without impacting the surface of your skin, and without downtime!



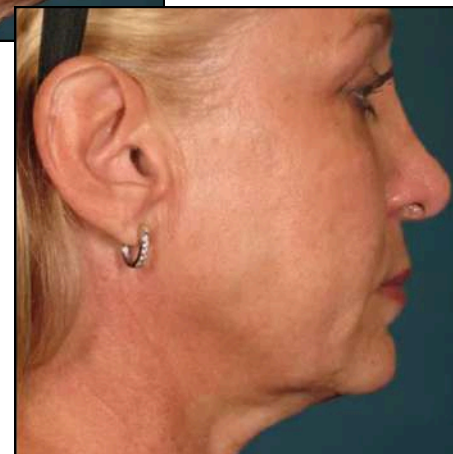
before



AFTER



before

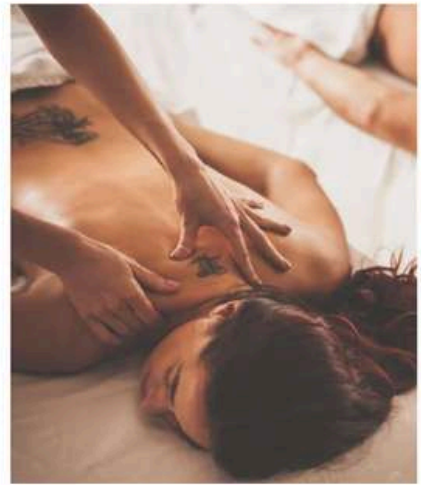
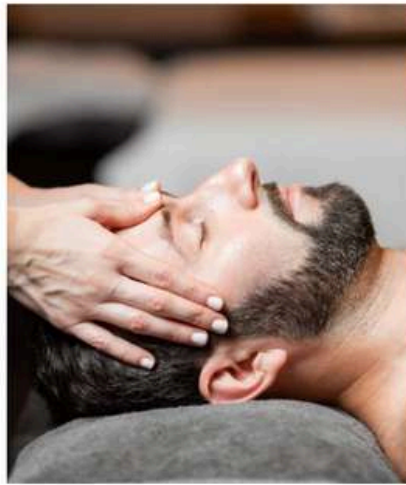
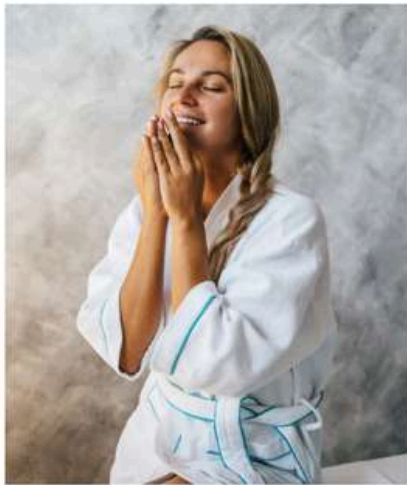


AFTER



MEMBERSHIPS PRICE LIST

Our Secret place by Livier Spa, Where Wellness Meets Beauty.



Package One

VIP

24 services total

50 Minute Custom Massages Qty 12

30 Minute Custom Facials Qty 12

Included with Membership:

Private Steam Room

Private Jacuzzi Access

Private Lounge Access

Outdoor Pool Access

\$3,999

Package two

DELUXE

12 services total

50 Minute Custom Massages Qty 6

30 Minute Custom Facials Qty 6

Included with Membership:

Private Steam Room

Private Jacuzzi Access

Private Lounge Access

Outdoor Pool Access

\$2,499

Package three

PREMIUM

6 services total

50 Minute Custom Massages Qty 3

30 Minute Custom Facials Qty 3

Included with Membership:

Private Steam Room

Private Jacuzzi Access

Private Lounge Access

Outdoor Pool Access

\$1,299

Don't see a package that fits your needs? Give us a call for custom package pricing. Feel free to reach us at any time by making a call or dropping an email. We look forward to hearing from you!



BRIDAL PARTY PRICING LIST

*Our Secret place by Livier Spa, Where Wellness Meets Beauty.
Your wedding day is the perfect excuse to treat yourself to a little pampering!*



Package One

BASIC

This Package Serves 6 People

30 Minute Custom Massage
30 Minute Custom Facial
2 Hour Steam Room
Lounge Access
Appetizers & Champagne

\$3,000

Package two

DELUXE

This Package Serves 6 People

30 Minute Custom Facial
2 Hour Steam Room
Shower Access
Jacuzzi Access
Lounge Access
Gel Nails
Hair Styling
Basic Makeup
Appetizers & Champagne

\$4,500

Package three

GOLD PREMIUM

This Package Serves 10 People

30 Minute Custom Massage
30 Minute Custom Facial
2 Hour Steam Room
Lounge Access
Jacuzzi Access
Express Beauty IV
Appetizers & Champagne

\$5,100

Don't see a package that fits your needs? Give us a call for custom package pricing. Feel free to reach us at any time by making a call or dropping an email. We look forward to hearing from you!



*Mother's
Day*

What we really want.

Gift Cards Available

Mother's Day, a day dedicated to honoring mothers, has traditionally been associated with flowers, chocolates, and heartfelt cards. However, in a rapidly evolving world, the definition of motherhood is expanding, and so too should our celebrations. With a broader spectrum of maternal roles and experiences, ensuring that all caregivers and nurturers are recognized and celebrated is important.

As mothers, we often find ourselves deeply entrenched in the nurturing of others, sometimes overlooking our own needs and desires. Yet, despite our selflessness, there exists a certain hesitancy or discomfort in articulating what we truly require.

We reached out to several women at different stages of motherhood to find out what they're *really* hoping for this Mother's Day.

"All I really want is a day off from mom duties. A day to relax, pamper myself with facial or massage and not worry about cooking or cleaning."
Sarah, 35, Mother of 2

"Honestly, a heartfelt handwritten letter from my children, expressing their love. And perhaps a day to myself to indulge in some self-care. I wouldn't mind that one bit!"
Emily, 40, Mother of 3

“*I'll just say it. Forget the jewelry & cards. Every mom needs relaxation. A massage, facial, and some time in the sauna would be absolute bliss, and a perfect Mother's Day gift.*”
Hannah, 32, Working mother of 3”

"Sleep! As a new mom, I cherish any opportunity to catch up on sleep. A few uninterrupted hours of rest would be amazing! I wouldn't mind some under eye fillers to make me look less exhausted."
Jessica, 28, New mother

"A day with my bestie! We both could use some TLC. A bit of botox and lip filler. Being a mom ages you!"
Marina, 31, Single mother

"A break from the daily routine. It would be wonderful to have someone else take over cooking and cleaning for the day, and maybe a spa day treat for some extra relaxation."
Tanya, 54, Mother & Grandmother

"A prenatal massage or a special maternity photo shoot. Celebrating this precious stage of motherhood would be unforgettable, along with a spa day to pamper myself before the baby arrives as I know it may be a while before I get to go again!"
Alicia, 30, Expecting her first child



YOUR SECRET PLACE

By Livier Spa

Mother's Day

at Your Fingertips

Transform Your Look with Our Luxurious Beauty Treatment Packages.



Buy One Get One Facial 2 for \$199

- ✓ Consultation
- ✓ Complete skin analysis
- ✓ Mask and serum application
- ✓ Special Massage
- ✓ Skincare product education

Bryght Skin Bleaching \$185 per area

- ✓ 90-minute facial treatment
- ✓ Complete skin analysis
- ✓ Mask and serum application
- ✓ Special Massage
- ✓ Skincare product education

Revanesse Lip Filler + Free Armee Lip Kit \$549.99

- ✓ Treatment areas consultation
- ✓ Injection of filler with aesthetic nurse
- ✓ Post-treatment care education

Xeomin Botox Injections \$7.99 unit

- ✓ Treatment areas consultation
- ✓ injection of Botox
- ✓ Evaluate results appointment
- ✓ Post-treatment care education

DERMA PEEL

at *Livier*



Treatment For:

Sun Spots

Acne Scars

Dull or Aging Skin

Brightens Skin:

By eliminating dull skin, Derma Peel reveals a brighter, more radiant complexion.

Evens Skin Tone:

It reduces irregularities in skin tone caused by factors like sun damage, hyperpigmentation, and melasma.

Anti-Aging Effects:

Derma Peel helps slow down typical signs of aging, such as wrinkles and fine lines.



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for Every (Body) Part

Skin Lightening

Underarms - Neck - Private Area
Inner thighs - Anus



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Photo credit: Encor Studio



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Livier



MADE IN CALIFORNIA



**ANIMAL
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Enhance Your
Physical
Transformation
with Our Radiant
Bronzing Mousse!



Before

After