## Bring Balance Group

Kaipara Community Centre (side entrance) Hokianga Rd, Dargaville

Mondays 12.30-1.30pm



## Time to pause, reflect and set intention All Welcome – no booking required <u>Starts 10 February</u>

Exchange: \$10

Contact Maureen on 021 0231 8008 maureen.bringbalance@yahoo.com www.bringbalance.co.nz

