

Men's Mental Health Matters Event

Wednesday, June 26, 2024

10:00 AM - 12:00 PM

Rockaway YMCA, 207 Beach 73rd St.
Far Rockaway, NY 11692



Join us for an engaging event about men's mental health and well-being:

- Gain valuable insights from EHS experts on mental health services
- Learn practical strategies for self-care and maintaining a balanced lifestyle
- Meet and interact with EHS Behavioral Health team members
- Ask questions and obtain information on mental health services

Wear blue to show your support for Men's Health



***Scan the QR
code to register!***