



IUD Doctor Referral Form

Please fax or scan completed form to: 778-478-0308 Info@nourishhealthclinic.com

Patient Name:

PHN:

DOB:

Phone #:

Referring Physician:

Clinic Name/ Address:

Tel:

Fax:

Email:

Brief medical history, reason for IUD referral:

Preference for IUD type:

- Copper (silver core liberte) - 5yrs
- Kyleena (progestin 20ug LNG) - 5yrs
- Mirena (progestin 50ug LNG) - 5 yrs (now up to 8 years)

*If patient does not have a prescription, or they self refer,
they will require a 15 minute phone IUD screening prior to insertion.*

*Costs - **Covered by most extended benefit plans**
IUD screening & Rx \$90; IUD/Nexplanon insertion \$155 + supply fee;
IUD Insertion & Removal \$250 + supply fee.*

Physician Signature:

Date:



Information for Physicians Referring for IUDs

- 1.) Your patient's procedure will be performed by Dr. Emily Pratt BSc ND, a naturopathic physician with over 15 years of clinical experience providing PAP exams, Nexplanon implant insertions/removals and now trained in IUD insertions/removals by an SOGC physician.
- 2.) Your patient will be screened for high risk of infection, and swabbed for bacterial vaginosis prior to insertion. If either of these are flagged, 1 dose of antibiotics will be given after the insertion to limit risk of infection from the insertion.
- 3.) Your patient will receive local freezing of cervix and internal canal to minimize discomfort during the IUD insertion.
- 4.) Your patient will be advised to contact Nourish Health Clinic, should any complications arise from the procedure. A standard 15 minute follow up with Dr. Pratt will be recommended post insertion.
- 5.) No further assessments will be needed during the 5 year IUD life. No referrals necessary for removals.
- 6.) Please also include a prescription for misoprostol 200mcg PV 4 hours before their scheduled insertion time - if you are providing the IUD prescription.
- 7.) Please note, despite having an MSP number, this service is not covered by MSP. However, most extended benefits will cover the cost of insertion/removal/consult.
- 8.) Lastly, I will not insert IUDs on women who are less than 6 months postpartum. Please refer those women back to their antenatal physician or midwife.

If you have any questions please email or call Nourish Health Clinic @ 778-478-0048 or email info@nourishhealthclinic.com