



Nourish IV FAQ

IV Saline

0.9% NaCl for hydration. Indications: dehydration, chronic illness, hyperemesis gravidarum, electrolyte imbalances due to heat exhaustion

IV Vitamin C

Commonly used for immune support. Use this IV at the first sign of sickness or as a preventative measure during the holidays and flu season. Also used for integrative oncology supportive care.

IV Hydration for Athletes

Support for endurance athletes and competitive individuals who need electrolyte and amino acid repletion post race/competitions

IV NAD+

NAD+ repletes the citric acid cycle supporting mitochondrial function. Can be added with other nutrients and increase performance pre and post athletic events. Also indicated for chronic fatigue, autoimmune conditions and addictions.

IV Myers

The original vitamin mineral IV. Formulated in the 1960's this classic gives you a full dose of B vitamins, vitamin C and minerals to support your body

IV Glutathione

The master antioxidant. Can be given alone for liver, detox and skin support or as an augment after most other IVs to enhance the nutrients in other IVs

IV Magnesium

Used for chronic migraines, chronic muscle pain and conditions of vasospasm

IV Amino Acids

Amino Acids precursors to rebuild body tissues and neurotransmitters. Often combined with other vitamins and minerals for cellular support. Also, custom formulations available for addiction support/detox

IV Hydrogen Peroxide

A slow drip of parenteral hydrogen peroxide for immune support via antimicrobial properties. Also used in some chronic conditions eg. Lymes, chronic fatigue, chronic pain

IV Iron

For iron store repletion. Please see our IV Iron referral sheet and FAQ for more information



IV Chelation

The use of parenteral IV chelators EDTA and/or DMPS to remove heavy metals from the body (after a provocation challenge test to determine heavy metal burden). Also used for cardiovascular health (see TACT and TACT2 trials in literature). FAQ sheet attached with this package

IV Custom Therapies

For NDs/MDs who have special formulations for their patients referred to Nourish IV. Please complete appropriate referral form and provide supporting documentation.

IM FAQ

IM B12

For repletion of B12. Also used for low energy and people with poor methylation/absorption

IM Lipotropic + B12

Lipotropic factors methionine, inositol and choline which support lipolysis in the liver. Use for weight reduction, fatty liver, gallstones, PCOS and insulin resistance.

IM Custom Injections

We offer various other IM injections of combination B vitamins for adrenal support, blood cell building, fatigue and immune support. Please let us know if you would like more information.