

FLOURISH

CREATIVE COUNSELLING & WELLBEING

Heidi Health Transcription Consent Form

Client Name:

Practitioner Name:

About Heidi Health:

I use a tool called Heidi to automatically transcribe sessions into written notes. This allows me to be fully present and engaged with you during our time together, rather than splitting my focus between note-taking and listening. After each session, the transcripts are meticulously reviewed to ensure they accurately reflect what you have communicated.

*Heidi employs advanced Artificial Intelligence (AI) technology, specifically automated speech recognition, to generate counselor notes. **To clarify, nothing is recorded or retained in its original form;** Heidi only produces secure text notes that capture the key moments and insights from the session.*

Heidi is designed with robust security measures in place. It features strong password protection and encryption, adhering to the high standards set by health services, the Information Commissioner's Office (ICO), and NHS Digital. It is compliant with GDPR, HIPAA, and NHS Digital. In many respects, using Heidi offers greater protection than traditional handwritten notes, as all information is securely stored and access is tightly controlled.

Your Confidentiality:

Please be aware that my professional contract is always with you. Information from our sessions will only be shared outside of our work in exceptional circumstances e.g. if there is a risk of harm to yourself or others, where a safeguarding obligation arises or there is a legal requirement to share information. The use of Heidi transcription software is solely to support accurate record-keeping and does not alter these confidentiality boundaries.

Your Choice:

It is completely up to you whether we use Heidi during our sessions. If you prefer, we can continue with traditional note-taking and transcribe the session afterward. Your preferences will always be honored, and our aim is to ensure you feel safe and supported.

Please select:

☐ **I consent to the use of Heidi Health during sessions. I understand it converts conversations into text using automated (AI) technology. I am comfortable with this and know that I can withdraw consent at any time.**

☐ **I do not consent to the use of Heidi Health during sessions. I prefer that notes are transcribed and securely stored in Heidi after the session.**

Client's Name (print):

Client's Signature:

Date:



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