



# THE HEATHER

A DEED RESTRICTED COMMUNITY

# Newsletter

JANUARY 2024

A GREAT PLACE TO LIVE

VOL. 43 • NO. 1

*Happy  
New Year*

2024

# If Disaster Strikes, How Prepared are You?



## Plan for Your Pets

If you evacuate your home, **DO NOT LEAVE YOUR PETS OR ANIMALS BEHIND.** It is unlikely for pets or larger animals to survive on their own. If they do, you may not be able to find them when you return.

### Get pets ready for an emergency or disaster:

**Have a Safe Place to Take Your Pets.** Service animals who assist people with special medical needs are allowed in shelters, but traditional pets are not usually allowed. Plan ahead.

- Contact hotels and motels to ask if they're pet friendly.
- Ask friends, relatives, or others if they would care for your pets at their home.
- Contact boarding facilities and veterinarians who shelter animals in an emergency.
- Ask local animal shelters if they provide temporary shelter or foster pets during an emergency.

### Assemble a Pet Disaster Supply Kit:

- Medications and medical records.
- Sturdy leashes, harnesses, and/or carriers to transport pets safely.
- Photo of you and your pet(s) in the event you are separated.
- Food, potable water, bowls, cat litter/pan, and a can opener.

Learn more by calling **Hernando County Emergency Management** at 352-754-4083.



Stay Prepared! For more information, visit [Hernando.FloridaHealth.gov](http://Hernando.FloridaHealth.gov) or call 352-540-6822

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George Kardashian, MD  
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Dragomir Mijic, DO  
Shoulder Fellowship



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Korey Yngstrom, DO  
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Kenton Panas, MD  
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Hip/Knee Arthroscopy,  
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# Staff & Phone Numbers

Pat Meddings . . . . . President, Events  
 Joe Cuccio . . . . . 1<sup>st</sup> VP, Security, Building  
 Richard Roth . . . . . Treasurer  
 Keith Elder . . . . . 2<sup>nd</sup> VP, Corporate Secretary,  
 Grounds, Lochs  
 Amy Marshall . . . . . 3<sup>rd</sup> VP  
 Laurie Fasulo . . . . . Office Administrator, RV Compound  
 Judy Huffman . . . . . Heather Newsletter Editor

**As a reminder, the newsletter is available on the HPOA website – [www.heatherpoa.com](http://www.heatherpoa.com). So if you are away, you can still find out what's going on.**

HPOA OFFICE . . . . . Heather Newsletter Editor  
 HPOA Office: 9100 Nakoma Way, Weeki Wachee, FL 34613  
 Laurie Fasulo, Office Administrator . . . . . 352-596-5028  
 Gate House (NOT FOR EMERGENCY). . . 352-596-4011  
 Hernando County Sheriff's Office . . . . . 352-754-6830  
 Police (EMERGENCY ONLY) . . . . . 9-1-1

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## DEADLINE

The deadline for the next issue of The Heather Newsletter is **January 8, 2024.**



If you can send the article in PDF format to [heatherpoa11@yahoo.com](mailto:heatherpoa11@yahoo.com) or drop off your typed article at the HPOA office, attention Editor. Thank you.

## Let's Play Bingo



Join us for BINGO at 1:45pm, in the month of January on Wednesdays: 1/3, 1/10, 1/17, 1/24 and 1/31 at The Heather Community Center.

*Bring a friend, meet new friends and have fun!*

## JOIN US FOR YOGA

On Monday, Wednesday, and Friday at 8:30am for \$3.00 a class, come and join us at **The Heather Community Center!**

Just bring a mat, a belt or solid strap for your Yoga exercises.

Please arrive at least 10 minutes early since we close the doors promptly at 8:30am.

- June Ziegler



# President's Corner

Pat Meddings

I hope the Lochs/Lakes in your area are looking better. The water in my area shows improvement. I believe the algae and water lilies look to be dying. Thanks to Keith Elder and Aqua Scope for the hard work they have put in to accomplish the improvement. Keith worked hard putting up decorations at the Gate House and Community Center. The new lights at the Community center and the new plants at the Gate House were a nice addition. I have really enjoyed the beautiful Christmas decorations around the community. Thanks to all who have brightened our streets with their colorful displays.

Keith has had the Irrigation Company checking out the planting area near the Community Center's sign, we will be checking on costs and options. I haven't heard from any volunteers to help take care of this area. We ask for volunteers to try to keep every member's costs down. We will consider installing a rock garden as an option.

The January 15th HPOA Board Meeting will introduce the volunteers for the Board of Director Positions. I urge everyone to attend this meeting which is at 7pm on the 3rd Monday at the Community Center.

A suggestion was made to place more No Trespassing signs in the community. We have numerous signs already on the common grounds. They work as well as No Soliciting signs.

The warning signs about the alligators is a safety reminder. I am not sure why someone wants to tear them down and possibly get someone new to our area harmed. I realize anyone may have destroyed the signs, but parents please take this opportunity to talk to your children about the importance of these signs and alligator safety. I am sure most of us remember the tragedy at Disney in 2016 when a family lost a small boy to an alligator attack. The signs are there to educate and to hopefully prevent a tragedy like that one from happening here.

Have a great New Year.

– Pat Meddings



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**BUNCO**

It's just \$5.00 to play Bunco every Monday at 1:00pm at the Heather Community Center.  
You can have fun and enjoyment! 5 prizes are given away. Hope to see you there!



**Voice Your Opinion For The Heather Community**

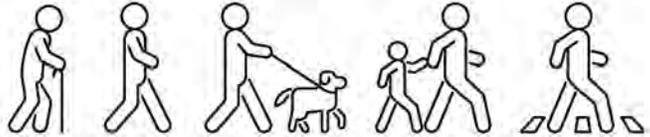
 Please drop off your articles at the HPOA office. There is an envelope located on the bulletin board to place your comments.

Or you can send them to the email address:  
[heatherpoa11@yahoo.com](mailto:heatherpoa11@yahoo.com)

**Attention: All Nighttime Walkers!**

To be safe at night, bright, colorful clothing helps drivers see you while walking at night and dog walking!

Reflective tape or shapes added to your clothing would make you and your dog more visible to drivers.



# EVENTS

I am happy to announce we had about 60 people attend the Christmas Dinner. Hopefully we'll have an even bigger crowd next year! Thanks to everyone that attended. I want to thank Judy Huffman, Carl Huffman, Joanne Reed, and Keith Elder for volunteering their time to help make the evening possible. Karen Kallin had a guest entertainer with her, she and Bill Castner did a great job!

Accent Insurance will have an event here at the Community Center, with free snacks on Wednesday, January 17th from 11:45 am until 1:15 pm. You can ask questions about Medicare, Medicare Advantage Plans, etc. They can help you understand a new plan or changes in your current plan. Bingo will be held at the usual time afterward.

Mark your Calendar for Saturday, January 20th. Cover to Cover will sing and entertain for us from 6:30 pm until 8:30 pm. Doors will open at 6:00 pm. You can bring your own snacks and refreshments. Tickets are \$15 dollars and are on sale at the HPOA Office. Please buy your tickets early if you want to sit together as a group. You can pay with cash or check. You can pay at the door with exact change, but seating arrangements for groups may be more difficult this way. I hope you will attend for an evening of fun!

Sign up if you want to attend evening Line Dancing by calling the HPOA Office 352-596-5028. David will have classes on Tuesday am at 10:30 and again on Tuesday evenings at 7 pm starting Jan. 9th, if enough people sign up. Dancing is a great way of making exercise fun. I saw several people having fun line dancing at the Christmas Party.

Bingo will not be held on February 28, 2024.

Norm Asselin is hoping to start Bocce Ball games. If anyone is interested in playing at the Community Center please call the Office 352-596-5028. We will get you in touch with Norm. Let us know ASAP if you are interested.

Don't Forget to attend the Board Meeting Wednesday, January 15th at 7 pm and meet the HPOA Board Candidates.

I just noticed we have 29 days in February this year. Of course, I had to Google Leap year, and I got this information. However, the following information was more complicated than I expected. To be a leap year, the year number must be divisible by four—except for the end of century years which must be divisible by 400. This means that the year 2000 was a leap year, although 1900 was not. 2024, 2028, 2032, and 2036 are all leap years.



Happy Leap Year,  
Pat Meddings

## GATEHOUSE NEWS



We would like to welcome new residents and snowbirds. We wish everyone a blessed and Happy 2024. Be safe.

The Gatehouse Staff

## Architectural and Design Committee

First, the committee would like to thank the many Heather residents who were able to put up beautiful holiday decorations! We certainly appreciate your efforts and helping to make the community look festive!

We've had many new residents over the last year move into the Heather Community. We welcome you!

As you are probably aware, The Heather is a Deed Restricted Community. Hopefully you received a copy of the Heather Property Owners Association Deed Restrictions and Articles of Incorporation at the closing of your property. Please, if you do not have a copy of these Deed Restrictions or if any of our residents have misplaced them, please contact the Heather Office for a copy. We can also email them to you for your reference.

Also, please review the important information in this newsletter regarding Hernando County Ordinances and Code Enforcement.

Thank you and Happy New Year!



### Grounds & Lochs

The lakes and ponds are looking really good now. Aqua Scope is working doubly hard to try to get rid of those ugly brown algae that were covering all the tops of the ponds. We hear your complaints about them, and we are on top of them.

Someone has stolen or destroyed the alligator warning signs on the Heather bridges. They now must be replaced. This is a cost that comes out of the monthly dues. We will be working on placing new wood into the bench. That's at the pond off Allen.

We still also have spaces available in the RV compound if any resident is interested. We will be ordering two cameras for the compound.

Keith Elder

## Hernando County Ordinance and Code Enforcement Information

Please take **NOTICE** of this important information for all Heather Community Owners for your own safety and the safety of others in our community.

**Hernando County Code Enforcement mandates ordinances concerning posting address numbers that must be followed for every building.**

**“On every single building and multiple unit buildings the address number must be affixed horizontally in a conspicuous place so that the number is clearly legible from the roadway.” Chapter 23, Article 5, Section 23-180 by the County Code Enforcement Division.**

It is imperative that each homeowner add or replace the address number on your homes.

### RV Compound



We still have 9 RV spaces and 5 kayak spots available. All key deposit charge now is \$50.00

As of November 1, 2023, if you have not paid your lot dues, a late fee of \$25.00 after 60 days will be assessed. Also beginning May 1, 2024, the annual fee at the RV Compound has been increased to \$125.00.

Happy New Year!  
Laurie Fasulo

### Volunteer with SCORE



**Become a Small Business Mentor!**  
Volunteer with Pasco Hernando SCORE and share your business expertise with small businesses in our community. Join SCORE's Volunteer Force to be a part of helping small businesses start, grow and thrive.

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# Editor's Column

Judy Huffman

Resolutions, not for me! Although you may initially think that we all say, "another year and I still haven't ..." So, in January 2024 **let's make some plan or plans** to "take care of our business" by changing our behavior, completing a project, and taking care of ourselves by improving our health. It's a whole lot easier **to succeed with your plan if you break it down into smaller, more reachable ones.**

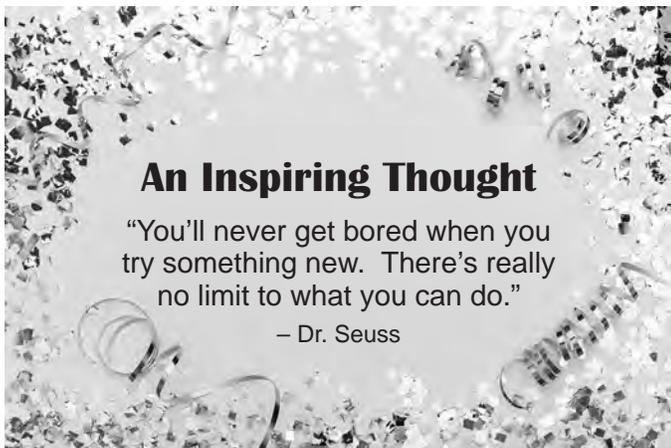
If you have a **project** in mind, **have a step by step written plan.** This will guide you to help control any possible overzealous plans and of course monitor your spending.

We all enjoyed some (or maybe a lot) of delicious traditional goodies during the holidays. Now, this month, have a plan to make better choices for your snacks and meals with lighter portions and try not to eat late at night.

**To be healthier here are some basic suggestions** we tend to ignore –

- Drink a good amount of water to keep hydrated. (Chronic dehydration can increase the risk for infections, diabetes, and colon and bladder cancer).
- Walking, water aerobics or other moderate exercise activities help maintain muscle strength in your heart, brain and joints and improves the elasticity of blood vessels.
- Doctors suggest, at a minimum, going outside every morning for 15-30 minutes, then again in the late afternoon or evening. It helps you feel more energized and improves your brain function and mood.

So, in considering these points, give some thought too as to how fortunate and grateful we have been in 2023 and give hope that 2024 provides us with continued blessings.



## An Inspiring Thought

"You'll never get bored when you try something new. There's really no limit to what you can do."

– Dr. Seuss



## INFORMATION

IF YOU LIVE IN  
THE CONDOS OR VILLAS

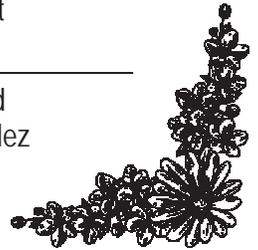
The Greens  
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The Bluffs  
Qualified Property Management  
877-869-9700

Heather Walk  
Sentry Management  
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The Fairways  
Susan Mackert  
352-686-7940

Heather Sound  
Michele Hernandez  
314-614-6984



## January Sudoku

		7	2					1
6	5							2
		2				6		7
			7	6		2		5
				8				
2		6		5	3			
1		9				3		
7							8	4
3					8	7		

### How to solve sudoku puzzles

- No math is required to solve a sudoku. You only need logic and patience.
- Simply make sure that each 3x3 square region has only one instance of the numbers 1-9. Similarly, each number can only appear once in a column or row in the larger grid. The difficulty on this puzzle is easy.

(Answers on Page 18)

## 2024 Election of Board Members

As you know the end of December was the cutoff for applying as a candidate for the HPOA 2024 board positions. This month on January 15 there will be a Special Board meeting for candidates to introduce themselves as a member in good standing for the open positions on the board. We ask that all property owners/members please try to attend this January meeting.

Thank you,

Keith Elder  
Corporate Secretary



**A Fairway condo is for sale at 7522 St. Andrews Blvd. Call Kayla for more information at 352-263-5092.**

Information is also online.

**SIGN UP TO HELP IN 2024 WITH EVENTS & ACTIVITIES**

Please indicate your specific interest and the dates you're available.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Tell us how you're able to help:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(Please return to the office.)




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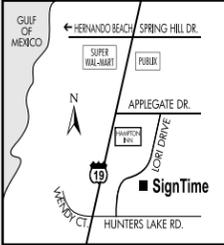
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www.springhillprobateattorney.com**

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# THE HEATHER A DEED RESTRICTED COMMUNITY January Calendar of Events 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 8:30am Yoga Class  <b>Happy New Year</b>	<b>2</b> No Line Dancing today 12pm Library Volunteers 6:30pm A&D Meeting	<b>3</b> No Ballroom Dance 8:30am Yoga Class 1:45pm Bingo	<b>4</b>	<b>5</b> 8:30am Yoga Class 12pm HPOA Office closed	<b>6</b>
<b>7</b>	<b>8</b> 8:30am Yoga Class 1pm Bunco Games	<b>9</b> 10:30am Line Dancing 12pm Library Volunteers 7pm Line Dancing	<b>10</b> 8:30am Yoga Class 1:45pm Bingo 6pm Ballroom Club	<b>11</b>	<b>12</b> 8:30am Yoga Class 10:00am Sew Happy 12pm HPOA Office closed	<b>13</b>
<b>14</b>	<b>15</b> 8:30am Yoga Class 1pm Bunco Games 7pm HPOA Board Meeting and Introduction of Candidates	<b>16</b> 10:30am Line Dancing 12pm Library Volunteers 6:30pm A&D Meeting 7pm Line Dancing	<b>17</b> 8:30am Yoga Class 11:45am - Snacks with Accent Insurance 1:15pm Bingo 1:45pm Ballroom Club	<b>18</b>	<b>19</b> 8:30am Yoga Class 12pm HPOA Office closed	<b>20</b> 6:30pm Heather Entertainment - "Cover To Cover" Doors Open 6pm
<b>21</b>	<b>22</b> 8:30am Yoga Class 1pm Bunco Games	<b>23</b> 10:30am Line Dancing 12pm Library Volunteers 7pm Line Dancing	<b>24</b> 8:30am Yoga Class 1:45pm Bingo 6pm Ballroom Club	<b>25</b>	<b>26</b> 8:30am Yoga Class 12pm HPOA Office closed	<b>27</b>
<b>28</b>	<b>29</b> 8:30am Yoga Class 1pm Bunco Games	<b>30</b> 10:30am Line Dancing 12pm Library Volunteers 7pm Line Dancing	<b>31</b> 8:30am Yoga Class 1:45pm Bingo No Ballroom Dance today			

## H.P.O.A. Board of Director's Meeting

December 18, 2023

\*\*\*Provisional Minutes until approved on January 15, 2024\*\*\*

Joe Cuccio called the meeting to order at 7:00pm - PLEDGE

**Board members present:** Joe Cuccio-1st VP, Buildings, Security; Keith Elder-2nd VP, Ground/Lakes, RV Compound; Richard Roth- 3rd VP, Treasurer

Excused Absence: Pat Meddings-President, Events Director; Amy Marshall-Director @ Large

**Members present:** Jeff & Nicole Barrow, Gail Roth, Slavica Pavlovic, Larry Stevens, Carl & Judy Huffman, Brian Pankz, Bea Hall

### **Corporate Secretary:**

Keith made a motion that the minutes from November 20, 2023 meeting be approved. Richard 2nded , all in favor, motion carried.

### **President/Administration Report:**

Joe made a motion that the office job description be approved. Keith 2nd, all in favor, motion carried. Joe advised residents running for the Board need to have their resume in by Jan 15, 2024. He also wanted to acknowledge Keith Elder for all the Christmas decorations he put up at the front gate area and the community center.

### **Treasurer Report:**

Richard reported that we are still working on getting a print out but the system was down. However, we had a meeting with Tanda working on the report issues. The HPOA is still in good shape financially.

### **Heather News:**

Judy informed the Board about houses in the community not having house #s, which is required by the county.

### **A & D Committee:**

Keith informed the Board that the request from the A&D Committee to fine someone was now withdrawn and closed.

### **Security:**

Joe stated that we were reducing the Sheriff's Deputies patrol days by 2 days a week.

### **RV Compound:**

Keith stated we still have quite a few openings and are allowing utility trailers but they would have to be removed if the space was needed for an RV.

### **Grounds & Lochs:**

Keith stated that AquaScope is doing a terrific job with the ponds. He also stated it's time to renew our contract with our sprinkler company so we are taking bids from other companies to see if we can get a better price. Plus, we are taking bids on putting one new sprinkler head at our sign on Nakoma Way.

### **Building:**

Nothing to report

### **Events:**

Nothing to report

**New Business:**

No new business

Meeting was adjourned by 1st VP, Joe Cuccio at 7:36p.m.

Next meeting will be Jan 15th, 2024 at 7:00p.m.

---

Keith Elder, 2nd VP & Corporate Secretary

A logo for 'Comfortable Canines' featuring a paw print with a heart inside.

**Comfortable Canines**  
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Jeff Meisner and  
Bonnie Jacobs  
Owners/Residents of  
The Heather

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## 🎵 **The Greens** 🎵

### **12 days to Christmas**

On the 1st day of Christmas my HOA gave me forms to fill out.

On the 2nd day of Christmas my HOA gave me another form to file, so now I have 2 forms.

On the 3rd day of Christmas my HOA gave to me a list of emergency numbers and contacts, another form and the original form.

On the 4th day of Christmas my HOA gave me a date to call back, a list of emergency numbers, another form and the original form.

On the 5th day of Christmas my HOA gave me 2 copper keys, a call back date, a list of emergency numbers, another form and the original form.

On the 6th day of Christmas my HOA gave me my copy of the regulations and rules, 2 copper keys, a call back date, a list of emergency numbers, another form, and the original form.

On the 7th day of Christmas my HOA gave me a list of five moving companies, the regulations and rules, 2 coppers keys, a call back date, a list of emergency numbers, another form, and the original form.

On the 8th day of Christmas my HOA gave to me a pen, a list of five moving companies, the regulations and rules, 2 copper keys, a call back date, a list of emergency numbers, another form, and the original form.

On the 9th day of Christmas my HOA gave to me Board members names, a pen, five moving companies, the regulations and rules, 2 copper keys, a call back date, a list of emergency numbers, another form, and the original form.

On the 10th day of Christmas my HOA gave to me assurances, Board member names, a pen, a list of five moving companies, the regulations and rules, 2 copper keys, a call back date, a list of emergency numbers, another form, and the original form.

On the 11th day of Christmas my HOA gave to me a bill for the dues, assurances, Board member names, a pen, a list of five moving companies, the regulations and rules, 2 copper keys, a call back date, a list of emergency numbers, another form, and the original form.

On the 12th day of Christmas my HOA gave to me ALL OF THE ABOVE AND THEIR BLESSINGS AND A WONDERFUL GIFT AND SAID MERRY CHRISTMAS.



## **The Fairway**

May we all have a safe, healthy, and prosperous New Year!

Should you have any questions or concerns contact Susan Mackert at the management office.

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## **The Bluffs**

We wish you all a very Happy and Healthy New Year!

Diane and Terry Nazer  
And the Bluffs Board

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## **Picketts Park Pool**

Happy New Year!

Picketts Park Pool Board

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## **Heather Sound**

As I am writing this as we are getting some much-needed rain. I love hearing the thunder rumbling! I hope everyone had happy holidays. We, in Heather Sound, wish everyone a Happy New Year. I feel like Miss America – my wish is for world peace!

Diana Retan

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## **The Heather**

Please **ONLY** place your TRASH BINS at the end of the driveway, not out in the right-of-way. Please!!



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# “Cover to Cover”

*Mike D' Aquino & Susan Falcone*

Saturday January 20<sup>th</sup>, 2024

6:30pm - 8:30pm



**The Heather Community Center is located at  
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Phone #: (352)-596-5028

Tickets are \$15.00 each

Unfortunately we are not setup for credit/debit cards

You're welcome to bring your own snacks and refreshments if desired

Hope to see you there!

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 L A B O H E M E L L I N D  
 O F D U E M S O E T C E I  
 H A W Q M O Y T S O C M A  
 E F O S A L M L T D A R O  
 N U T O G A A T R N I A E  
 G N T I I S I I O A L C N  
 R E E L C Y R N Y R G S E  
 I J L E F O P I E U A O M  
 N I O D L L G T N T P T O  
 W Z G I U L N X S A O Z D  
 U A I F T E I J F F C H I  
 A K R G E T K C E Z Z O W  
 N I G E N O E N E G U E J  
 S E X R E X N O R M A M L  
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CARMEN	LES TROYENS	SALOME
EUGENE	LOHENGRIN	THE MAGIC
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FALSTAFF	NORMA	TOSCA
FIDELIO	OTELLO	TURANDOT
IDOMENEO	PAGLIACCI	WILLIAM TELL
JENUFA	PORGY AND	WOZZECK
KING PRIAM	BESS	XERXES

(Answers on Page 18)

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# Heather Walk News

Hello Heather Walk Neighbors:

I would like to start off by wishing you all a Happy & Healthy New Year! I hope that you all had a wonderful time celebrating your Holidays with family & friends. We would like to thank ALL who came out for our annual meeting this year in November. It was nice to see all our residents returning to Heather Walk. We have had great participation in getting our Community Committees set up and we thank you all for signing up for these.

If you are new to Heather Walk, joining a committee is a fantastic way to meet other neighbors and help Heather Walk to be the best that it can be. Over the past few months, we have welcomed a new Management Company and are enjoying collaborating with Sentry Management. We have a lot of new residents, and we are looking forward to meeting you all and helping you navigate your new

neighborhood. Jimmy Lee, our new Manager, is in the office on Tuesdays should you need any info or need a copy of our documents concerning the Heather Walk Neighborhood.

At a recent Board meeting, it was suggested that we all should try, if possible, to park on one side of the roadway, rather than parking on both sides, which sometimes causes a very narrow roadway for others to travel on. If we all try to make a conscious effort to do this, it may help those having difficulty navigating our neighborhood. Naturally, this is voluntary and just a suggestion to help. We thank you all for this effort.

That is all for now. Enjoy the great Florida Sunshine and HAPPY 2024!

Until next time,  
Donna Poveromo

## COME DANCE WITH US!



Wednesday evenings from 6:00pm-9:00pm we offer dance lessons at the Heather Community Center. Your first visit is free! After that it's \$9.00 per person. The music is from the 1940's through the 1980's. We offer a mini-dance lesson at break time which can include line dancing.

**(Please note on January 3 we will not have class.)**

Morning Line Dancing classes are scheduled on Tuesdays at 10:30am. The classes are only \$5.00 per class. (There will be no class on January 2, 2024.)

**Also, we are resuming Line Dancing classes starting on Tuesday evenings at 7:00pm. Our first class will begin on January 9, 2024. Classes are \$5.00 per class. Please call Laurie at the HPOA office at 352-596-5028 and sign up! Thank you and have a Happy New Year!**

David Mussatto

## SHRIMP CREOLE

### Ingredients:

- |  |  |
|--|--|
| 1 cup chopped onion                    | 2 tsp. snipped parsley                           |
| 1 cup finely chopped celery            | 1 tsp. salt                                      |
| 2 medium green peppers, finely chopped | 1/8 tsp. cayenne red pepper                      |
| 2 cloves garlic, minced                | 2 bay leaves, crushed                            |
| ¼ cup butter or margarine              | 1 lb. fresh, wild caught, cleaned Florida shrimp |
| 1 can (15 oz.) tomato sauce            | 3 cups long grain, hot, cooked rice              |
| 1 cup water                            |  |

### Instructions:

- Cook and stir onion, celery, green pepper, and garlic in butter until onion is tender. Remove from heat; stir in tomato sauce, water, and seasonings. Simmer 10 minutes. Add water if needed.
- Stir in shrimp. Heat to boiling. Cover and cook over medium heat for 10–15 minutes – just until shrimp are pink and tender. Serve over rice. 5-6 servings.
- Enjoy!

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### Word Search Answers

(from page 16)

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L A B O U E M E L L N D
O F D U E M S O R T C E A
H A W Q M O Y T S O C M A
E F Q S A L M L T D A R Q
N U T O G K A T R N A E E
G N T O S A I O A L C N E
R E E L C Y R N Y R G S E
J J E F Q P I E U A O M
N I O D L L G T N T P T O
W Z G U L N X S A O Z D
U A F T E J F F C H I
A K R G E K C E Z Z O W
N I G E N O E N E G U E J
S E X R E X N O R M A M L
B P O R G Y A N D B E S S
    
```

### Sudoku Answers:

(from Page 8)

8	9	7	2	3	6	5	4	1
6	5	3	4	7	1	8	9	2
4	1	2	8	9	5	6	3	7
9	3	8	7	6	4	2	1	5
5	7	1	9	8	2	4	6	3
2	4	6	1	5	3	9	7	8
1	8	9	5	4	7	3	2	6
7	6	5	3	2	9	1	8	4
3	2	4	6	1	8	7	5	9

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