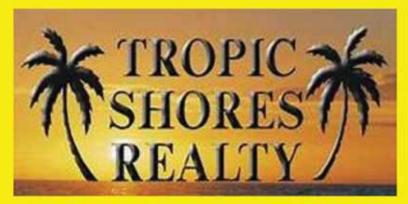


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Patrick Dermarkarian, M.D.



Craig Bennett, M.D. Jeneral Ortho/Spin MAKO Total Joints





Korey Yngstrom, D.O.



Kenton Panas, M.D.



Christopher Reyher, M.D.



Huy Nguyen, M.D.



Alexander Pappas, D.P.M.

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www.CenterForBoneAndJoint.com

Staff & Phone Numbers

Keith Elder	President, Grounds and Lochs
Joe Cuccio	. Corporate Secretary, Security
Veronica Reese	Treasurer
Rickie Pelletier	1st VP, Building, RV Compound
Myrna Stover	Director At Large, Events
Laurie Fasulo	Office Administrator
Judy Huffman	Heather Newsletter Editor

As a reminder, the newsletter is available on the HPOA website – www.heatherpoa.com. So if you are away, you can still find out what's going on.

HPOA OFFICE Heathe	r Newsletter Editor
HPOA Office: 9100 Nakoma Way, Weeki	Wachee, FL 34613
Laurie Fasulo, Office Administrator	352-596-5028
Gate House (NOT FOR EMERGENCY	') 352-596-4011
Hernando County Sheriff's Office	352-754-6830
Police (EMERGENCY ONLY)	9-1-1

DEADLINE

The deadline for the next issue of The Heather Newsletter is September 8, 2024.



You can send the article in PDF format to <u>heatherpoal1@yahoo.com</u> or drop off your typed article at the HPOA office, attention Editor. Thank you.

JOIN US FOR YOGA

On Monday, Wednesday, and Friday at 8:30am for \$3.00 a class, come and join us at The Heather Community Center!

Just bring a mat, a belt or solid strap for your Yoga exercises. Please arrive at least 10 minutes early since we close the doors promptly at 8:30am.

- June Ziegler

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IMPORTANT MESSAGE: TO ALL HEATHER CONDO AND HOMEOWNERS

Please **DO NOT** drive across the median centers on St. Andrews Blvd. and Heather Blvd.

Not only are you posing danger to people walking or riding bicycles and other vehicles, but you also are damaging the grass and plants.

President's Corner

Keith Elder

I would like to start off by saying I hope everyone had a terrific Fourth of July with friends and family and that the community will now start working together to make **The Heather** a better place.

We're looking to improve the relationship between the homeowners and the condo owners and the older residents with the younger residents to become one big happy family!

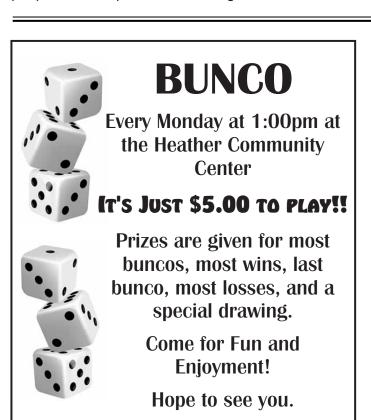
For those of you who are unable to make it to the last board meeting, we had made a motion to get a plaque for Gloria Moltrup, who was a longtime volunteer and resident of The Greens for this community. The plaque will be placed at the sign located at the

garden, which she last volunteered to work just before her passing.

I would also like to welcome Myrna Stover as the newest member to the Board. Myrna is taking over events and bringing a lot of experience from her hometown in Illinois. She already has reached out to the community on the unofficial Heather Facebook page.

She has a lot of great ideas to start events for both the older community members and the new, young community members.

Please give her your support.





Negotiable.

Please call Beate (727)326-3313 or email: betty@thehomangroup.com



PLEASE BRING OLD **EYE GLASSES TO** THE Heather office for the Lions Club to give to those in need. Thank you!



The Heather Library

The Heather Library needs volunteers! Visit with Kathy and Audrey every Wednesday at 11am to help organize books, magazines, and puzzles. Thank you!

Architectural and Design Committee

IMPORTANT NOTICE: The current Deed Restrictions specifically state under "Article VI, Section 4, F – NO SIGN OF ANY KIND SHALL BE DISPLAYED TO THE PUBLIC VIEW ON ANY LOT, EXCEPT ONE SIGN ADVERTISING PROPERTY FOR SALE OR RENT"

If you currently have any other signs posted on your lot, you are in violation of the Deed Restrictions. Your immediate attention to this is requested.

Also, during the Summer months we may have family and friends visiting. Please park your vehicles on the driveway and not on the grassy areas of your lots.

Also, it has come to our attention that residents in the condos and homes have not been picking up the waste from their dogs as they walk them. Let's be considerate of others! We ask that you pick up and dispose of any waste created by your pets!

A&D Committee and HPOA Board



Well, as far as the ponds are concerned, Aqua Scope has been doing a terrific job. Now that we've had rain adding water to the ponds, we should see a big improvement in them. Aqua Scope has been using his boat to get out to the middle of the ponds and treat them. He has started adding the coloring back into the ponds for everyone to enjoy.

Keith Elder

COME DANCE WITH US!



Wednesday evenings from 6:00pm – 9:00pm we offer dance lessons at the Heather Community Center. Your first visit is free! After that it's \$9.00 per person. The music is from the 1940's through the 1980's. We offer a mini-

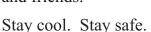
dance lesson at break time which can include line dancing.

There will be NO Line Dance classes in June, July, and August. We plan on starting back on Tuesday, September 10. Thank you and enjoy your Summer!

David Mussato

GATEHOUSE NEWS

We hope you are enjoying the Summer seeing or contacting family and friends.



The Gatehouse Staff cares.



ATTN HEATHER RESIDENTS!



Are you on Facebook? The name of our group is, "The Heather Community

Residents Weeki Wachee, FL." We presently have 657 members. It is the fastest way we have to communicate with ALL residents. If you need assistance to learn how to use this great tool and are on Facebook, please contact me, BOBBI GLENN 352-346-3635. We will be announcing many new ideas in this group. So join us today! Perhaps you can spread the word to other Heather residents. Thank you

SIGN	UP TO	HELP		2024
WITH	EVENT	S & A	CTIU	VITIES

ı	Please indicate your specific interest and the dates you're available
	Name:
	Phone:
	Email:
	Tell us how you're able to help:
	(Please return to the office.)



Hello fellow neighbors, I'm Myrna Stover the event coordinator and the newest member of the HOA board. I'm very excited to meet you all and to be part of the Heather team. A little bit about myself, I have been married for 29 years to my husband Jason and have 2 beautiful daughters, Vanessa (24) and Jessica (23) and we moved to Florida 3 years ago from IL. The best decision me and my family have made, and we love it here. I am employed full-time in the hospitality industry out of Tampa.

Look out for a lot of new events coming up! There will be three (3) events August 3rd from 11am-3pm.

*Meet N Greet for all, focusing on businesses in the Heather

This includes anyone with extra talent that can help out neighbors, i.e. photography, electricians, tailors, housekeeping, lawn services, handy men/woman, plumbers, bakers, etc. Come with your business cards or flyers and discounts for neighbors. Include maybe a gift basket to raffle off with free services or discounts for services.

*Bake Sale

Show your baking skills at this bake sale. Please bring prepacked \$2 bags ready to sell along with some taste samples. Half of all of the proceeds of the bake sale will go to a future event.

*Plant Exchange

Along with the above, we will have plant exchange table/tables going on, so come with a variety of plants to exchange.

I'm also thinking about future events that may include - Meet N Greet for Furry Friends, A Fall Festival, Heather Flea Market, Giving Back Event, and Tiki Night to name a few. Stay tuned to my Events Article every month!

As a reminder, please fill out the Sign Up to Help with Events article and return it to the Heather Office. I can't wait to meet you all. Come support me and your neighbors at my first event.

Myrna Stover

Let's Play Bingo



Join us for BINGO every Wednesday at 1:45pm, in the month of August. Dates are 8/7, 8/14, 8/21 and 8/28 at The Heather Community Center.

Bring a friend, meet new friends and have fun!

Heather Community Center Building

The community center security system was purchased and was installed the 2nd week of July.

Rickie Pelletier

August Inspirational Quotes

"Be yourself, everyone is already taken."

- Oscar Wilde (Poet and Playwright)

"Life is like a bicycle. To keep your balance, you must keep moving."

- Alber Einstein (Theoretical physicist)

"Sometimes you will never know the value of a moment until it becomes a memory."

- Dr. Seuss (Author and cartoonist)

H.P.O.A. Board of Director's Meeting

July 15, 202	4	
***Provisional Minutes until approved on	August 19, 2024	**

Keith Elder called the meeting to order at 7:00 pm – PLEDGE

Board members present: Keith Elder-President, Grounds/Lochs, Buildings; Joe Cuccio-Corporate Secretary, Treasurer, Security; Rickie Pelletier-1st VP, RV Compound, A&D Laison Myrna Stover-Director @ Large, Events

Members present: Brian Pankz, Bea Hall, Carl & Judy Huffman, Priscille Beaulieu, Denise Wilson, Bonnie Dowd, Tony Torregrossa, Veronica Reese, Chris Donaldson

Corporate Secretary:

Joe made the motion to approve and accept the June 24, 2024 minutes. Keith 2nded, all were in favor. Motion carried.

President/Administration Report:

Keith made a motion to appoint Veronica Reese to the Board. All were in favor. Motion carried.

Keith reported that installation of the new security system has been completed. Rickie explained that the building inside/outside now had cameras. He also stated that Laurie also has the capability to simply press a button for police, fire and emergency vehicles.

Keith also reported that we are taking an extra step regarding the late list and Laurie is making calls to members before sending them to the Attorney for collections.

Treasurer Report:

Joe reported that the Board's decision to change Insurance companies is saving the HPOA \$18,000 annually.

He also stated that he feels that we can get through the year without increasing the Budget, however the Board is still in discussion about another vote in September or October.

Heather News:

Judy reported there was nothing new

A & D Committee:

Rickie reported that the Deed Restriction Committee is almost done with the proposed changes in some of the restrictions. They will be presenting the changes to the Board for review.

Security:

Joe reported that the Deputies are still working on a rotating schedule. He also stated that due to the

homeless situation in our area he wants to make sure we have plenty of coverage should a situation arise.

RV Compound:

Rickie reported that everything was still good at the Compound.

Grounds & Lochs:

Keith spoke to AquaScope about the haze over the water and the growth on top. They told him that they would be double spraying and raking all the ponds to get rid of the pond scum. They will also be going by boat into the bigger ponds in the back of the Heather to spray and rake there as well.

Building:

Rickie confirmed the completion of the installation of the security cameras and reported they are working well.

Events:

Myrna reported that she has scheduled the 1st event to be held on Saturday, August 3rd from 11am to 3pm. It will be a Meet & Greet combined with a Bake Sale and Plant Exchange. Tables will be offered to participants for free and there will be raffle tickets sold.

New Business:

There was discussion about above-ground pools and the fencing required.

Meeting was adjourned by President, Keith Elder at
_7:50_p.m.
Next meeting will beAugust 19,
2024 at7:00 p.m.
Ina Cuccio - Cornorata Sacratary

Veteran's Online Shopping Benefit

If you are not aware – Veteran's here is some information for you!

To qualify for participation in the <u>Veteran's online</u> <u>shopping benefit</u> you must be a veteran of the U.S. Armed Forces with a discharge status of "honorable" or "general under honorable conditions."

WWW.Vetverify.org is a shared service for the four military exchanges – AAFES, NEXCOM, MCX, and CGX.

Their telephone number is 844-888-8672.

THE HEATHER MONTHLY HOUSING REPORT June 2024

	AC	CTIVE	PE	NDING		SOLD
	NO. UNITS	PRICE RANGE	NO. UNITS	PRICE RANGE	NO. UNITS	PRICE RANGE
BLUFFS	2	\$186900- \$230000	0	-	3	\$168000-\$170000
FAIRWAYS	3	\$149900- \$176000	0	-	3	\$145000-\$192000
GREENS	1,	\$161000	1	\$180000	0	¥
HEATHER	12	\$219900- \$339000	3	\$270000- \$324900	1	\$255000
HEATHER SOUND	0		0	7.	0	*
HEATHER WALK	5	\$239900- \$275555	1	\$179900	1	\$240000
	Courtesy of BOBBI GLENN with Tropic Shores Realty 352-346-3635 <u>bobbiglennadams19@gmail.com</u>					

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Judy Huffman

Wow, has it been hot! We can all agree on that since we've cranked up our air conditioning units to help us cool down! It's funny that the older I get, I like to be cool vs. my husband who prefers being warm or hotter!

In recent months, we've known friends that have experienced heat exhaustion and thank goodness not heat stroke.

I've been doing a little research and (for sure I'm not a medical expert), but I've learned some interesting information about heat exhaustion from major medical hospitals like Mayo Clinic and John Hopkins

Heat exhaustion is an illness and is caused by the raising of a person's body temperature from either environmental conditions or by exertion. Heat exhaustion is related to the heat index when it climbs to 90 degrees or more. Here are symptoms of heat exhaustion:

- Heavy sweating.
- Cold, pale, and clammy skin.
- Fast, weak pulse.
- Nausea or vomiting.
- Muscle cramps, often in arms and legs.
- Swollen ankles, feet or hands.
- Weakness or tiredness.
- Dizziness.
- Headache.
- Rapid, shallow breathing.
- A drop in blood pressure when you stand.
- Body temperature can reach 100 F or above.

Babies, young children and adults over the age of 65 have a higher risk for heat exhaustion. Their bodies cannot cool down as easily as those of older children and young adults.

If you have symptoms of heat exhaustion, immediately get out of the heat and rest in the nearest cool and shady place or ideally in an air-conditioned area. Also drink water or sports drinks (no caffeine and alcohol) and take small sips for at least an hour. Wear loose-fitting clothing. Take a cool shower and apply cooling towels or fans to your body.

It can take 24 to 48 hours to recover from heat exhaustion. However, you may be more sensitive to high temperatures during the following week. Note: With a severe case of heat exhaustion, a person may not be able to keep fluids down, may have a 104 F temperature, have confusion or even pass out. With these symptoms, immediately contact your doctor to determine if hospitalization is necessary.

And finally, let's not forget our pets. Your pets can also experience heat exhaustion and heat stroke. Check with your vets to how best protect your furry friends.

INFORMATION

IF YOU LIVE IN THE CONDOS OR VILLAS

The Greens call Qualified Property Management 877-869-9700

The Bluffs Qualified Property Management 877-869-9700

Heather Walk Sentry Management 727-942-1906, ext. 53523

> The Fairways Susan Mackert 352-686-7940

Heather Sound Michele Hernandez 314-614-6984



Answers on page 18

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0	M	0	Е	G	0	X	G	R	1	Ν	Ε	R	CHARLES COOPER
S	Р	D	Р	R	L	0	Ε	В	0	Ε	Т	Н	DELLE DONNE FOWLES
K	S	Е	٧	Е	Н	С	M	D	1	Z	Ρ	Α	GRIFFITH
С	0	L	S	0	R	Н	Ρ	0	Ν	R	W	М	GRINER HAMMON
Α	Ν	L	W	L	Ν	Α	D	U	0	0	D	М	JACKSON
J	1	Ε	Т	P	Α	R	K	Е	R	R	Ρ	0	LESLIE MCCOUGHTRY
Е	Т	D	Α	U	٧	L	W	Н	Α	L	Ε	N	MOORE
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The Heather • August 2024

TI IECDAY

ADVERTISING DEADLINE IS August 13, 2024

The appearance of advertising in "The Heather" newsletter is neither a guarantee or an endorsement by The Heather HOA of the product, service or company or the claims made for the product in such advertising. Customers are urged to make their own inquiries of any company before consideration. Verify that a contractor is licensed at www.myfloridalicense.com

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MONDAY

CLINIDAY



WEDNIESDAY

THI IDCDAY

2024

CATI IDDAV

EDIDAY

SUNDAY	MONDAY	IUESDAY	WEDNESDAY	IHUKSDAY	FRIDAY	SAIURDAY
				12pm Tai Chi for Arthritis 1:30pm Hand & Foot Cards	8:30am Yoga Class 12pm HPOA Office closed	3 11am Meet & Greet Businesses 11am Bake Sale 11am Plant Exchange
4	5 8:30am Yoga Class 1pm Bunco Games	6 12pm Tai Chi for Arthritis 6:30pm A&D Meeting	8:30am Yoga Class 11am Library Volunteer 1:45pm BINGO 6pm No Ballroom Club	1:30pm Hand & Foot	9 8:30am Yoga Class 10a Sew Happy 12pm HPOA Office closed	10
11	12 8:30am Yoga Class 1pm Bunco Games	13 12pm Tai Chi for Arthritis	8:30am Yoga Class 11am Library Volunteer 1:45pm BINGO 6pm No Ballroom Club	1:30pm Hand & Foot	8:30am Yoga Class 12pm HPOA Office closed	17
18	8:30am Yoga Class 1pm Bunco Games 7pm HPOA Board Meeting	20 12pm Tai Chi for Arthritis 6:30pm A&D Meeting	8:30am Yoga Class 11am Library Volunteer 1:45pm BINGO 6pm No Ballroom Club	1:30pm Hand & Foot	8:30am Yoga Class 12pm HPOA Office closed	24
25	26 8:30am Yoga Class 1pm Bunco Games	27 12pm Tai Chi for Arthritis	8:30am Yoga Class 11am Library Volunteer 1:45pm BINGO 6pm No Ballroom Club	1:30pm Hand & Foot	8:30am Yoga Class 12pm HPOA Office closed	31

Elder Options

is offering a **FREE** 8 Week Workshop Tai Chi for Arthritis workshop.

The Heather Community Center

9100 Nakoma Way; Spring Hill, FL 34713

Dates: July 9 - August 29, 2024

Time: 12:00 - 1:00 p.m.

Days: Tuesdays & Thursdays

7/9, 7/11, 7/16,7/18, 7/23, 7/25, 7/30, 8/1, 8/6, 8/8, 8/13, 8/15, 8/20. 8/22, 8/27 & 8/29

Registration paperwork will be completed during the first class.

Please wear comfortable clothing and non-slip closed toe shoes.

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Our staff of caring professionals look forward to meeting you and your family. Call our office for an appointment and let us help you smile!



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D. Alan Kerr, II,

MD, PhD

Hematology and

Medical Oncology



Frantz Francisque, MD Hematology and Medical Oncology



Hematology and **Medical Oncology**



The medical team also includes



Peter Zavitsanos, MD Radiation Oncology

Amy Morgan, APRN-C and Apryl Moss DNP, APRN, FNP-C.

The 21,000 square foot facility includes an infusion room, medical oncology, examination rooms, radiation oncology exam rooms, treatment vault, inhouse full laboratory and the latest in radiation oncology treatment systems and the latest diagnostic equipment including CT scan and mobile PET.

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For more information go to ACTCHealth.com

The Fairway

The following is the email I sent to John Allocco, who is our district Commissioner, in response to his mail answering my questions regarding the amount The Fairway is being charged for our trash collection.

Good morning,

Thank you for your response to my email of June 5 regarding the above subject.

The following is the information I would like in the hopes that this problem continues to remain open so that the owners of the condos in our community know they are being charged fairly and not just being charged without complete concern for fairness. We all want to pay for our service but with total knowledge that The Fairway charge is based on our unique situation and not because someone decided to just put us with a group that does not fit our needs.

In your email you state that the new collection contract does not change the options. This is of great concern to us therefore the reason the Board is on this and will continue until every stone is turned to come up with total fairness.

You stated we are one of a few unique properties that have been set up as residential in the 1990's. I would like to have the names of the properties you are referring to. Perhaps this information would let the Board understand if their situation is identical to us. Perhaps they need updated consideration also. We would like to know the other properties that have no space available for a dumpster which then leaves them to a be grouped as residential and not able to be charged a much lesser rate than commercial. I would like to submit once again that we have nowhere to put 72 barrels plus the current 24 barrels has been working for us and Republic. Also we have no access to the rear of our buildings and many of our owners/renters are elderly and are only able to continue with the service as it is.

We have been told that The Fairway gets a special rate. I would like the exact rate for a single family house and the exact rate each of our owners is being charged so we see just what kind of a discount we are getting.

Thank you again for your assistance.

After reading this email the Board would appreciate your writing to each of the Commissioners so that they are all aware of what is going on. Please submit your questions/concerns and ask for a response. Perhaps a large number of

emails will work better than just one from the Board. The Commissioners need to know how serious we are about this unfairness and lack of concern and especially at this time when they are accepting new bids for a new five year contract. We believe there is a significant amount of money difference involved.

jallocco@co.hernando.fl.us jerryc@co.hernando.fl.us bhawkins@co.hernando.fl.us

If you have any questions, please let me know.

Saundra Piercy President (352)346-7267

The Greens I

Here comes another hot humid August.

Hopefully as the month goes on more comfortable temps will be upon us as we get into September. The A/C units have been working overtime again this year.

Speaking of the A/C units, now may be a good time for the three upper units and two end units to schedule to have your HVAC pan and drain pipe inspected. For those of you who may not be familiar, the unit is located in the attic, most likely over the main bedroom. The condensation drip pan drains into a PVC pipe that runs down the wall to the outside. The pan and pipe need regular service to be free of slime & sludge buildup.

Speaking from experience, if the pipe gets clogged, the pan will overflow onto the ceiling. This will create unsightly stains on ceiling or worse case, cause the drywall to come down if badly water soaked. A little bit of preventative maintenance can save you from future repair bills. If unable to do this yourself, any reputable AC company can do it.

Stay cool!

Bill Tignanelli

Pickett's Park Pool

Members, hope you're enjoying the pool this Summer. Be safe.

Heather Sound

We are enjoying the warm water at the pool. A special thank you to everyone who helped with the pool refurbishment. It looks great!

We just enjoyed an Independence Day brunch. It was hot, but so many participated. What a great place to

On the downside, we are still having a problem with trespassing. Please be respectful of private property.

Diana Retan

The Bluffs

We have had five (5) sections of sidewalks jackhammered up and new concrete poured. Some sections of sidewalks were grounded down. Two (2) outdoor shelves were repaired, and sections of fence were replaced. Redtree was here for 14 hours in the month of June making repairs. So much for taking the month of June off!

The next Board meeting is August 19th at 10:00am.

Diane Nazer



Become a Small Business Mentor!

Volunteer with Pasco Hernando SCORE and share your business expertise with small businesses in our community. Join SCORE's Volunteer Force to be a part of helping small businesses start, grow and thrive.

> Pasco Hernando SCORE score.org/pascohernando



The Old Guy Retired Computer Nerd

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Heather Property Owners Association

RV Compound Rules and Regulations

Space #	Date

<u>Recreational Vehicles</u> shall be defined as motor homes, campers, boats, boat trailers and any other type vehicle licensed and registered as a recreational vehicle, <u>EXCLUDING</u> park trailers, automobiles, pick-up trucks, work trailers or anything other will be at the Board's discretion.

<u>Utility Trailers</u> will be allowed only if space is available and is on a month-to-month rental. Trailer must be removed within 30 days notice if space is needed for a regular RV. Last one in will be the 1st one out.

Requirements for use of a space in the RV Compound:

- 1. Must be a member in good standing (i.e. current with dues and/or no A&D violations).
- 2. All units must display current license plate and registration and a copy of the registration with the homeowner's name/address will be on file with the HPOA office.
- 3. Parking spaces limited to one per family/address (unless prior approval by Board).
- 4. RV owner must maintain their space to be free of weeds, trash and leaking liquids.
- Unit must be parked entirely within its allotted space and cannot exceed thirty-five (35) feet in length.
- 6. Compound users will be charged a \$50 key deposit which is refundable upon returning the key. An annual use fee of \$200 will be payable May 1st, beginning May 1st of 2024. The annual use fees are <u>non-refundable anytime</u> during the fiscal year. The fees are NOT prorated for new rentals unless the space is rented during the last quarter of the fiscal year.
- 7. Annual payments not made by June 1st of each year will be sent one (1) reminder letter only. If payment is not made by June 30th, the space will be forfeited and the unit removed at the owner's expense, as it will be deemed abandoned.

The RV Compound shall not be used for dead storage (dead storage being classified as no movement out of the compound within a six-month period) or storing of trucks, automobiles or any other items not registered as recreational vehicles. Snowbirds are to notify the HPOA office of times in/out of the Heather.

Any vehicle/unit not meeting criteria will be removed from the compound at the owner's expense within thirty (30) days of notification.

<u>Security</u> of the area is covered by two (2) cameras. The lock is provided by the HPOA and property owners park at their own risk. The HPOA is not responsible for any lost, stolen or damaged property. Gate must be secured when leaving compound.

<u>Space assignments</u> will be made at the sole discretion of the Board of Directors.

Revised 2/9/24

Renter's Signature

Heather Walk News

We all hope that you are enjoying your Summer and staying well hydrated and cool during our hottest months. We have certainly welcomed the recent rainfall, which is much needed in our area.

We are approaching a year since Sentry, our management company, has taken over. We wouldn't have the ability to manage our payments, provide smooth title changes, as well as them providing us with a tax department and legal department without them. They are also helping our HOA Board of Directors navigate the new HOA changes that are emerging in Florida.

Did you know that Governor DeSantis has signed hundreds of new laws governing HOA's and having a licensed LCAM, backed up by an experienced staff ensures that we comply with these new regulations. We are very thankful for our Manager, Jimmy Lee, who provides management of our community.

Hot Spinach Artichoke Dip

Ingredients:

- 1/4 cup of butter
- 1 10oz package frozen chopped spinach partially thawed and squeeze out excess water
- 1 14 oz can/jar of artichoke hearts, drained and chopped up
- 1 1/2 packages of 8oz sour cream, softened
- 1-16 oz container sour cream
- 1 cup of grated Parmesan cheese
- A dash of red pepper flakes
- A dash of garlic salt

Directions:

Melt the butter in a large saucepan over medium heat. Stir in the spinach and chopped artichokes. Cook for about 5 minutes. Next, mix in the softened cream cheese, sour cream, and parmesan cheese. Add the garlic salt and red pepper flakes to taste. Cook until thickened, stirring occasionally, 5 to 10 minutes, and serve warm with Tostitos Scoops (or warm bread pieces). **This recipe can be cooked, cooled, and stored in an airtight container, or freezer bag for a few months.

At Gloria Moltrup's Celebration of Life luncheon, held at the Heather Community Center, April Donoghue, Gloria's daughter, and Brad Moltrup, Gloria's son mentioned that Gloria often made delicious "dips" and offered to share some of her recipes for our newsletter. Thank you! The Termite treatment of our property is continuing, and the Flat Roof replacement project has begun and is ongoing as well. Please see Jimmy if you have any questions as to when your flat roof is scheduled for replacement.

The first installment of our insurance assessment is due on August 1st and the second installment is due on October 1st. This will not be an automatic withdrawal for ACH users. Our Insurance Agent worked diligently to replace our policy and we appreciate his efforts. Canceling and rising insurance costs is a hard reality throughout the State of Florida. Please contact Jimmy if you have any further questions regarding this issue.

As we are in the midst of Hurricane Season, please continue to monitor weather alerts and remain prepared for storms affecting our immediate area.

Until next time, Donna Poveromo

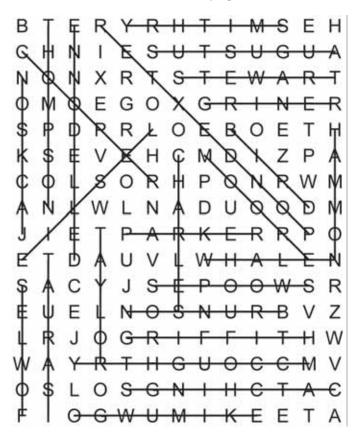
Some Easy Home Kitchen Repairs You Can Do

(Excerpts from Reader's Digest)

- Clean Garbage Disposal Blades
 bunch of ice cubes into the disposal. They will be
 noisy, but the ice cleans the blades. Then run add
 lemon and orange peels with cold water in the
 disposal. Scrub the rubber Splash guard by using
 an old toothbrush dipped in an antibacterial grease
 cutting cleaner.
- Speed Up a Slow Drain If your sink has a pop-up stopper, remove it and clean it. If that doesn't work, fill the sink with 3 or 4 inches of water and use a plunger to plunge the sink. (Be sure to plug the overflow hole with a wet cloth first!)
- Freshen Up the Dishwasher Start by pulling out the lower dish racks. Remove the spray arm and use a think piece of wire to clean out the holes thin water sprays through. Scoop out any leftover food particles from the filter area. Then remove the filter screen and rinse it. Then wipe the door with a good spray cleaner and run the machine empty.
- Degrease Range Hood Filters About every month or so, pop out the filter and run it through the dishwasher or place it in a sink full of hot water with dish liquid and baking soda and let it soak for 10-15 minutes. Scrub any remaining grease off with a brush, then rinse and dry the filter before putting it back.

Word Search Answers

From Puzzle on page 9



The Frog and the Engineer

An engineer was crossing a road when a frog called out to him, "If you kiss me, I'll turn into a beautiful princess." He put the frog in his pocket.

The frog said, "If you kiss me and turn me back into a beautiful princess, I will stay with you for one week."

Then the frog asked, "What is the matter? I've told you I'm a beautiful princess. Why won't you kiss me?"

He said, "Look, I'm an engineer. I don't have time for a girlfriend. But a talking frog? Now that's cool."



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