God Is Awake at 2 AM

For the nights when sleep won’t come and the worries get loud. Keep this on your nightstand. Read one slowly, then close your eyes and let it sit. You don’t have to feel peaceful for God’s peace to be real.

> In peace I will lie down and sleep, for you alone, O Lord, will keep me safe.
>
> — Psalm 4:8 (NLT)

> You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!
>
> — Isaiah 26:3 (NLT)

> Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.
>
> — Philippians 4:6–7 (NLT)

> Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him.
>
> — Psalm 91:1–2 (NLT)

> But each day the Lord pours his unfailing love upon me, and through each night I sing his songs, praying to God who gives me life.
>
> — Psalm 42:8 (NLT)

The night is long, but you’re not in it alone.

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