Held through Grief

Grief doesn’t follow a schedule, and it never knocks first. If you’re missing someone today, it’s okay to not be okay. These verses are for the days the ache is loud.

> The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.
>
> — Psalm 34:18 (NLT)

> “God blesses those who mourn, for they will be comforted.”
>
> — Matthew 5:4 (NLT)

> Weeping may last through the night, but joy comes with the morning.
>
> — Psalm 30:5 (NLT)

> Then Jesus wept.
>
> — John 11:35 (NLT)

> “He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever.”
>
> — Revelation 21:4 (NLT)

> All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.
>
> — 2 Corinthians 1:3–4 (NLT)

Take your time. There’s no deadline on missing someone, and God’s comfort doesn’t expire.

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