Healing for the Hurting

Some wounds don't show. Whether you're healing from something physical, something emotional, or something nobody else can see — God's Word has something to say to you right where you are. Read these slowly. Let one of them sit with you today.

> Let all that I am praise the Lord; may I never forget the good things he does for me. He forgives all my sins and heals all my diseases.
>
> — Psalm 103:2–3 (NLT)

> "Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand."
>
> — Isaiah 41:10 (NLT)

> He heals the brokenhearted and bandages their wounds.
>
> — Psalm 147:3 (NLT)

> He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed.
>
> — 1 Peter 2:24 (NLT)

> The Lord is close to the brokenhearted; he rescues those whose spirits are crushed.
>
> — Psalm 34:18 (NLT)

Healing doesn't always look like you expected. But you're not walking through it alone.

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