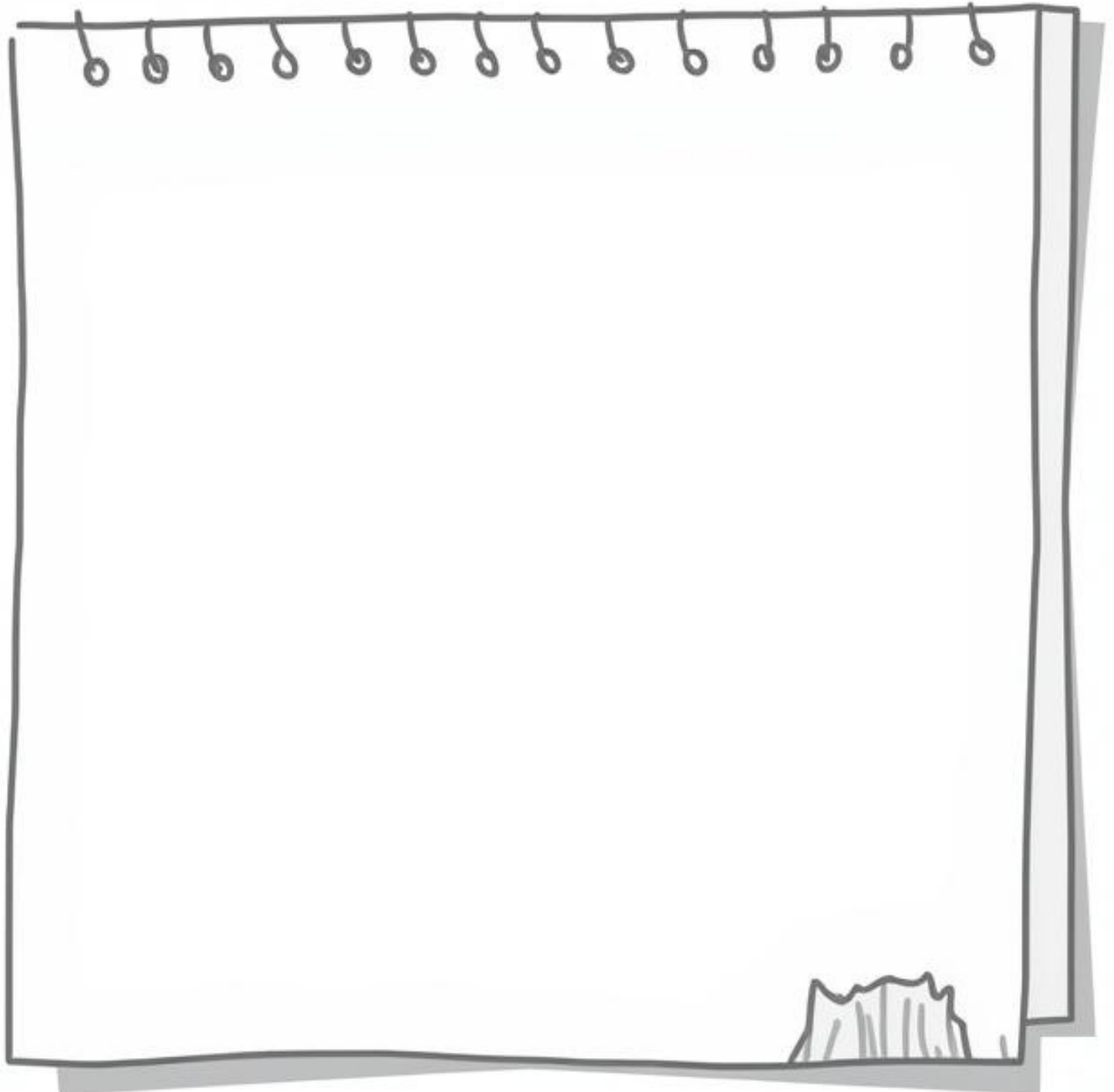


MY DAD, MY HERO

What job do YOU dream about?



Draw yourself doing it! Then add one thing that makes it feel safe—like a friend, a helmet, or a big hug from someone you love.

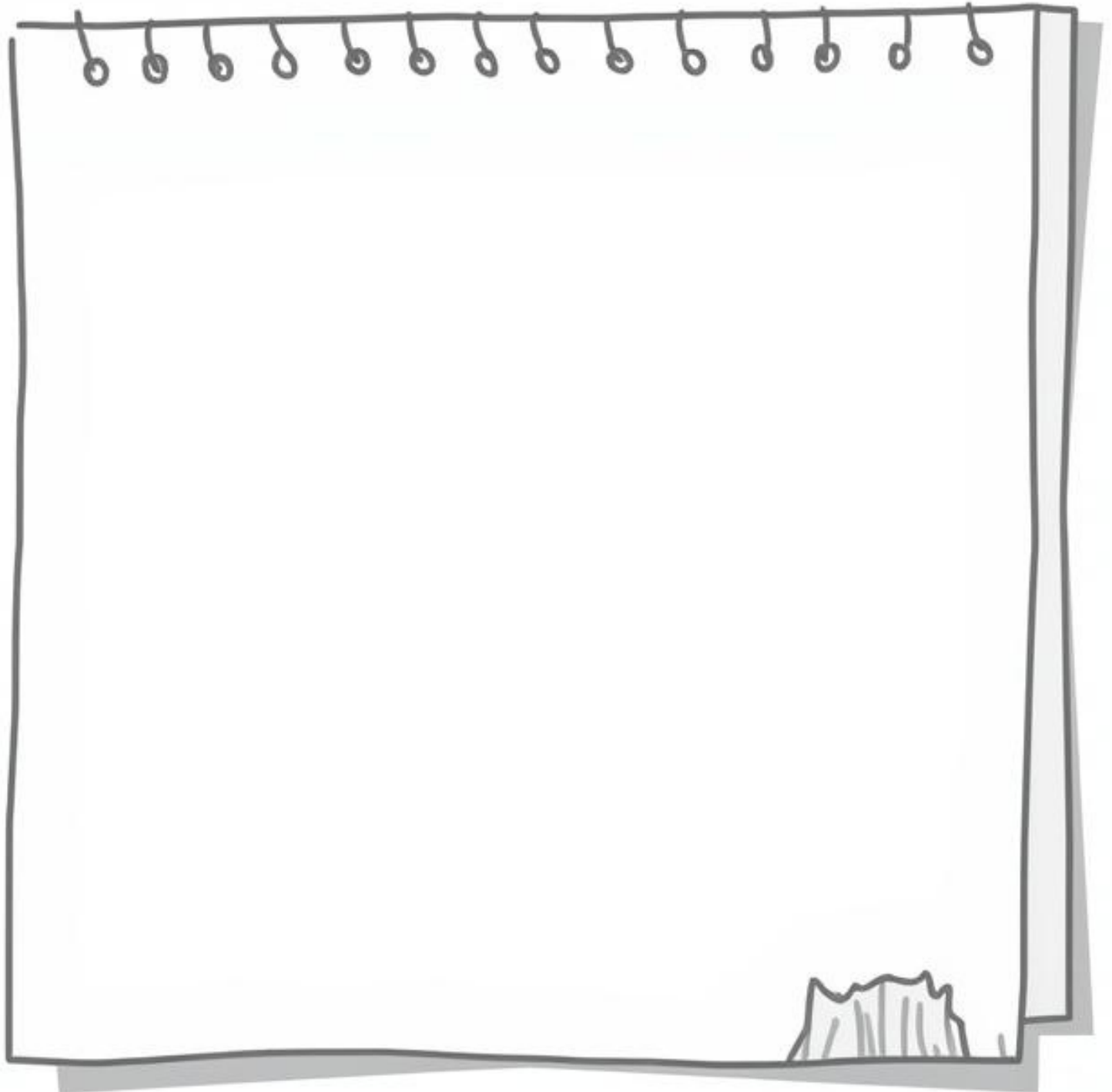


MY DAD, MY HERO

Who are YOUR heroes?



Write about or draw 3 people (or animals!) who help keep you safe or make you smile. Include your dad/mom/family member!



MY DAD, MY HERO

Thank You Note to a Helper!



Write or draw a thank-you note to a police officer, firefighter, or someone who helps your community (maybe even your dad!).

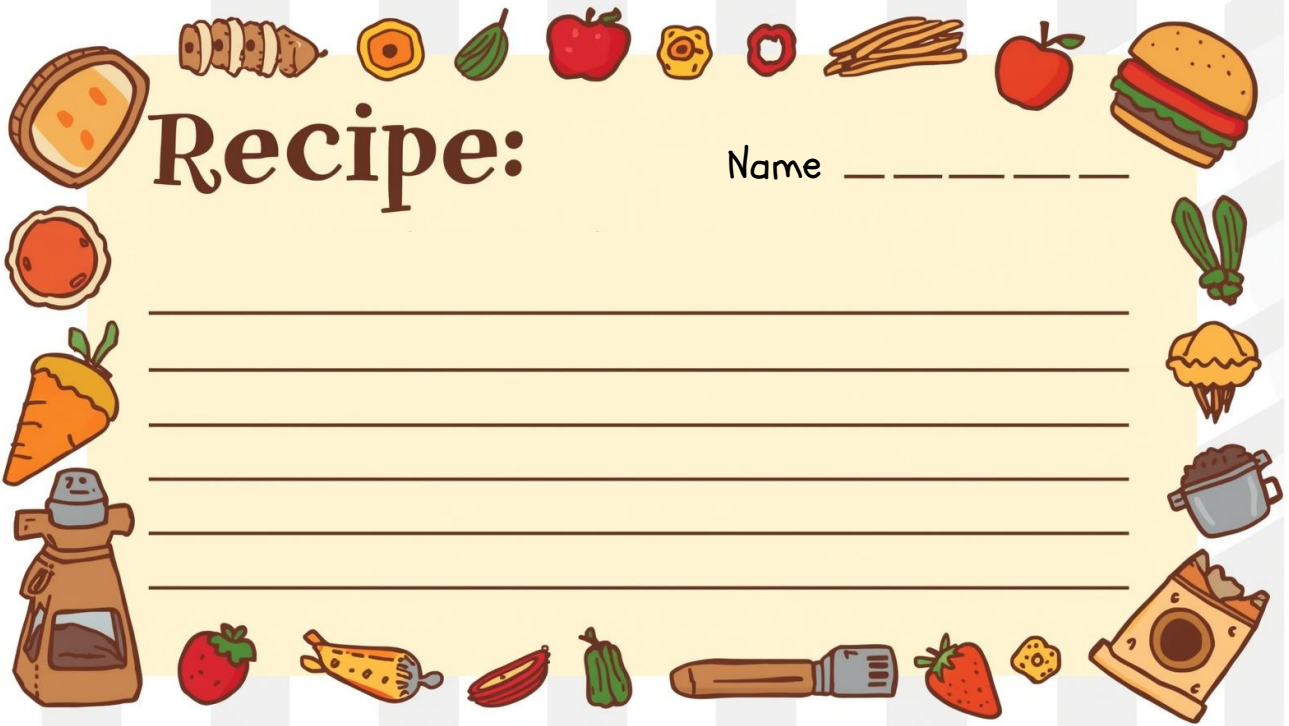


Thank You

Make a HERO Hug With Your Dad!!



Draw ingredients for the best hug ever (e.g., 2 strong arms, 1 big smile, lots of love). Then try it out!

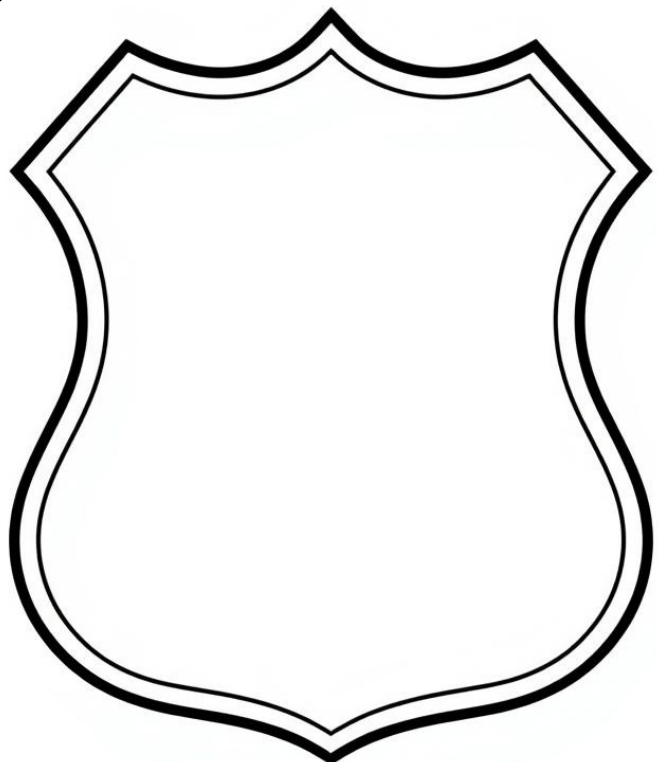
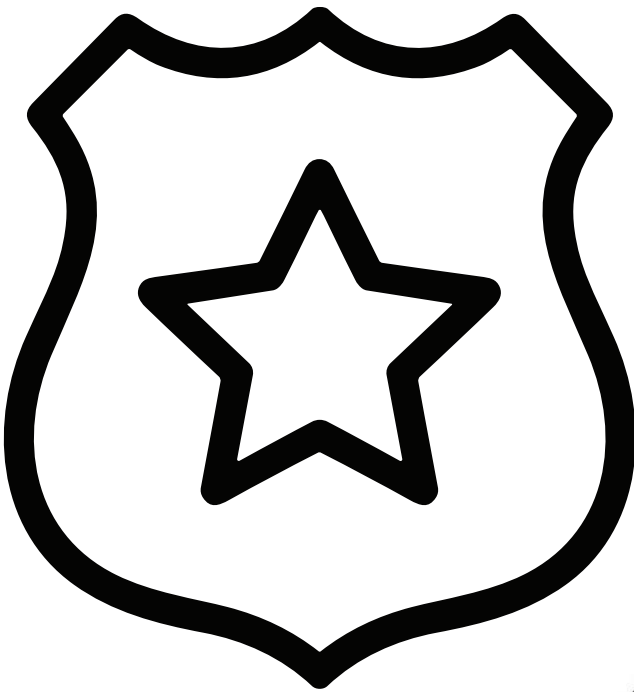


MY DAD, MY HERO

Design your own HERO badge!



Color it, add your name, and write one brave thing you did today (like helping a friend or trying something new).

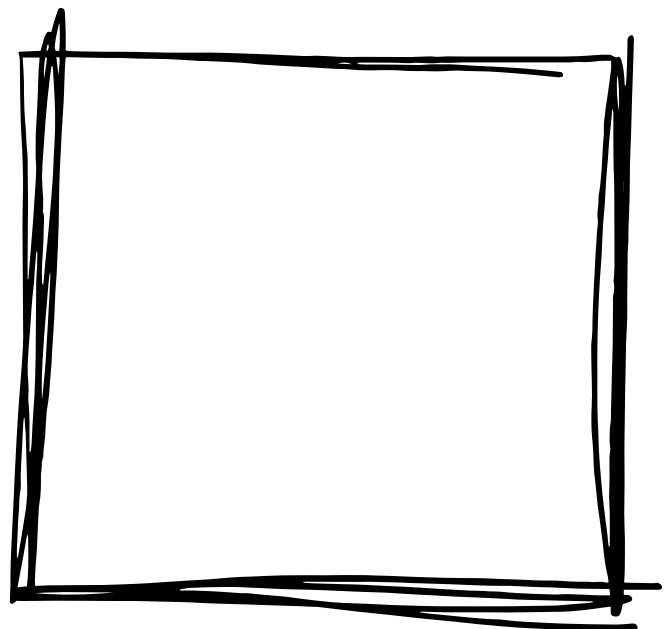
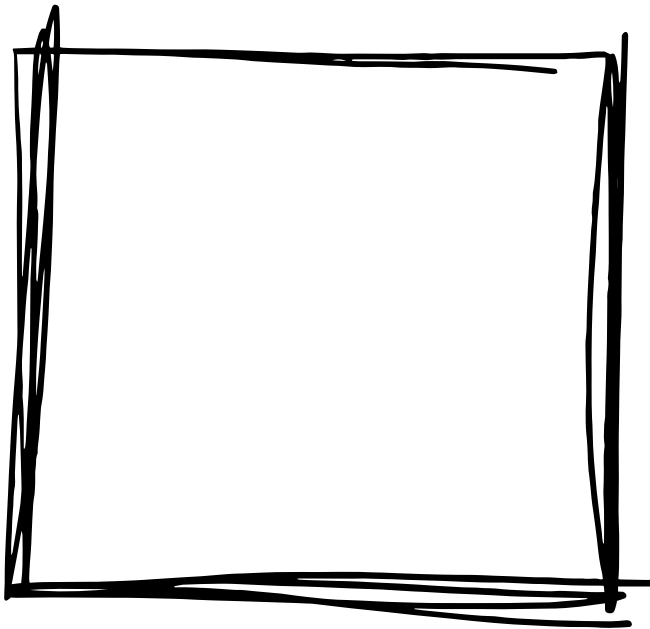
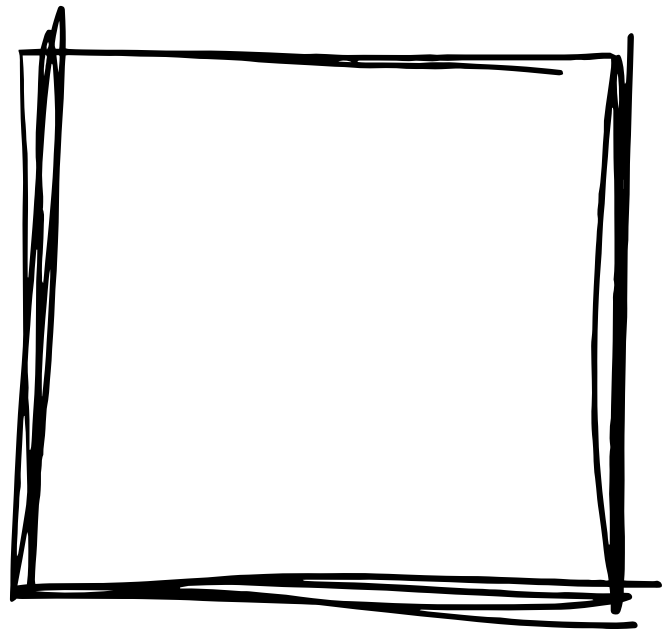
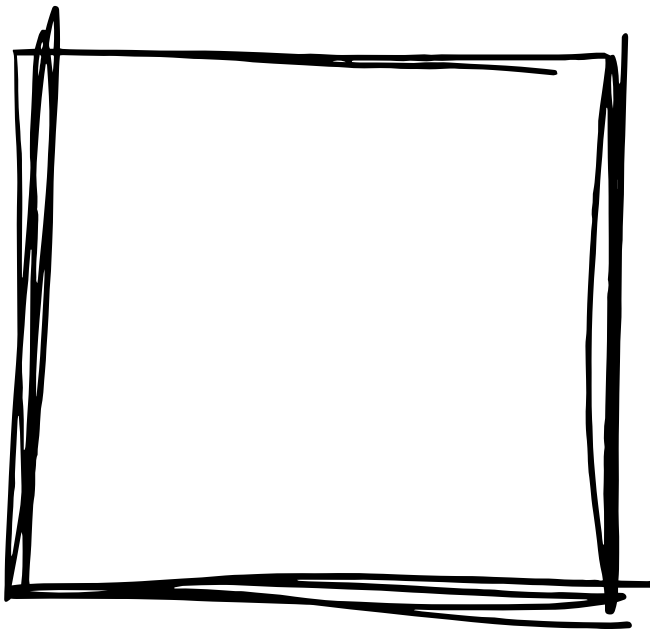


MY DAD, MY HERO

What If... Adventure?



Pick one of the book's adventures (deep-sea diver, astronaut, cowboy, carpenter, cave explorer). Draw yourself doing it—but add something to make it different!



MY DAD, MY HERO



keeps people safe, and helps
anyone in need.



Sometimes... he rescues cats from trees.



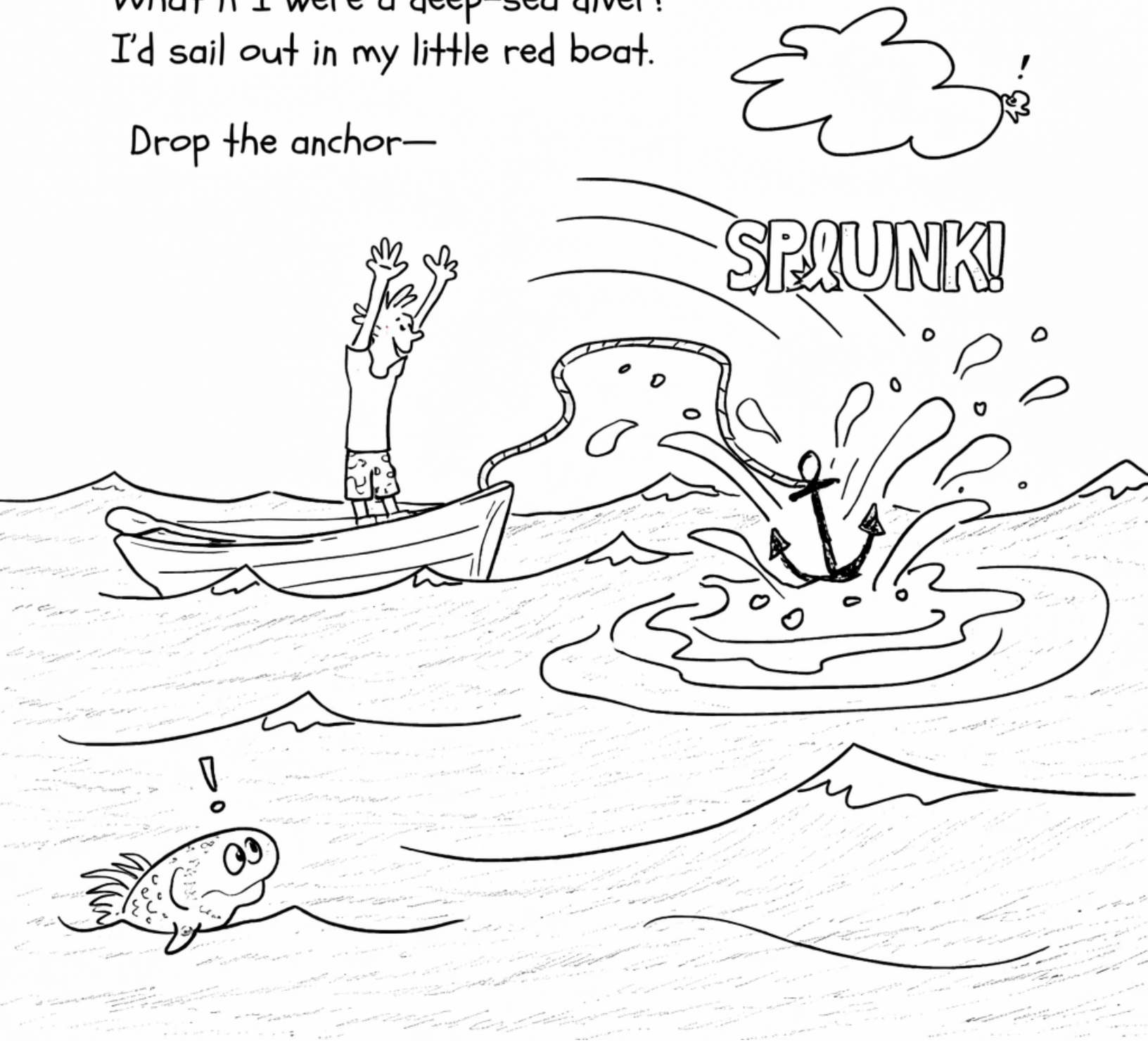
MEOW!

Sometimes he helps
grandmas cross the
street!



What if I were a deep-sea diver?
I'd sail out in my little red boat.

Drop the anchor—



Slip on my fins.

Strap on my mask.

Tighten my tank.

