

Compassionate Provider Care Agency

Initial Competency Test

(Please Record All Your Answers on the Test)

1. A direct care worker slaps a consumer. This is an example of:
 - a. Neglect
 - b. Verbal Abuse
 - c. Physical Abuse
 - d. Restraint

2. Mr. Smith has an insulin injection at his bedside and he asks the caregiver to assist him with injecting medication. The caregiver should:
 - a. Assist him in injecting the insulin
 - b. Call 911
 - c. Tell Mr. Smith that you are not allowed to assist him and report the incident to the office
 - d. Leave the residence right away

3. Abuse can be infliction of injury, unreasonable confinement, intimidation or punishment with resulting physical harm, pain or mental anguish and/or willful deprivation by a caregiver of goods or services which are necessary to maintain physical or mental health.
 - a. True
 - b. False

4. Mr. Jones likes to go outside for walks. He is a little unsteady but he has a walker to assist him. The direct care worker should:
 - a. Not allow Mr. Jones to go outside
 - b. Tell Mr. Jones "you're not allowed out while I'm here"
 - c. Call his family
 - d. Accompany Mr. Jones for a short walk with the use of his walker.

5. The meaning of confidentiality is:
 - a. Share information with me friends

- a. Private and secret
 - b. Open and public
 - c. Tell anyone who asks
6. The Health Insurance and Portability and Accountability Act (HIPPA) is a law that protects:
- a. Children in foster homes
 - b. Who can know or share a person's personal health information
 - c. Insurance companies
 - d. Pets
7. How many times during a home visit should a direct care worker wash his or hands:
- a. Before and after each contact with a consumer
 - b. At the beginning and end the visit
 - c. At least once before the visit
 - d. At least once after the visit
8. Which one of the following would not spread communicable diseases:
- a. Direct contact with feces
 - b. Open wounds with visible blood
 - c. Droplets from the nose and mouth
 - d. The use of universal precautions
9. The major recommendation of universal precautions is to minimize contact with which one of the following:
- a. Consumer's linen
 - b. Consumer's personal belongings
 - c. Blood and body fluids
 - d. Consumer's skin
10. A direct care worker discovers a small fire in the wastebasket in a room where the consumer is sitting. The direct care worker should **FIRST**:

- d. Call 911
- e. Contain the fire
- f. Remove the consumer from the room
- g. Extinguish the fire

11. Upon entering the consumer's home, the direct care worker finds the consumer on the floor crying, in pain, and holding their arm which is bent in an awkward position. The direct care worker should:

- a. Change the position of the arm
- b. Help the person get off the floor
- c. Call for medical help
- d. Tell the person to quit crying

12. The direct care worker is going to bathe the consumer. What should the direct care worker do **FIRST**:

- a. Test the temperature of the water
- b. Help the consumer undress
- c. Tell the consumer what the worker is going to do
- d. Close the bathroom door and windows

13. When shaving the consumer's face with a blade it is important to **FIRST**:

- a. Soften the beard and skin with a warm washcloth for a few minutes
- b. Leave the skin dry
- c. Apply on water
- d. Rub the face vigorously

14. Hair care consists of:

- a. Brushing the hair and spraying it with lots of perfume
- b. Brushing and/or combing from the scalp toward the hair ends
- c. Wetting the hair
- d. Wrapping a warm towel around the head

15. If a consumer can't do his or her oral hygiene, the direct care worker should:
- Ignore the consumer
 - Give them gum
 - Brush their teeth for them
 - Give them some mouthwash and tell them to spit it out
16. The direct care worker who assists with meal preparation for a consumer with no dietary restrictions should:
- Know the consumer's like and dislikes
 - Cook what the direct care worker likes
 - Prepare only finger food
 - Prepare on liquids
17. The consumer is on a low sodium diet and should avoid:
- Bread
 - Bacon
 - Fresh fruit
 - Ice Cream
18. The Heimlich maneuver should be used if the consumer is:
- Confused
 - Diabetic
 - Vomiting
 - Chocking
19. A consumer gives the direct care worker \$50 as a birthday gift. The direct care worker should:
- Accept the money and thank the consumer
 - Share the money with the other direct care worker who helps
 - Politely refuse the gift
 - Use the money to buy a gift for the consumer

20. When assisting the consumer with using the bathroom in their home, the direct care worker should:

- a. Provide privacy but remain nearby for safety or assistance
- b. Leave the consumer alone
- c. Only check to see that there's enough toilet tissue
- d. Make sure the consumer flushes before and after

Office Manager Signature

Date