



WHY HAVE VALUES?

At My Workplace Bestie, values aren't just nice words, they're the foundation for real, meaningful support. They shape how I show up, hold space, challenge you when needed and champion you for success.

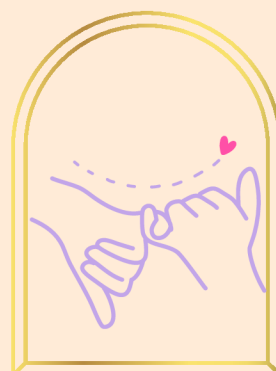
Sharing my values helps you decide if we're a good fit. When we align, the work becomes more powerful because trust builds faster, conversations go deeper and change becomes more sustainable.

Values help us stay anchored during growth, grounded in decisions and clear about what really matters. They're the compass we can keep coming back to - whether we're navigating something messy, exciting, or in between.



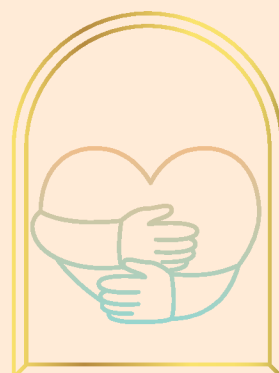
BELIEF

- When you feel like no-one else believes in you, I will
- Your hype queen, your cheerleader, I see you, I got you!
- I will transform your limiting beliefs, after all, beliefs are all made up anyway!
- I'll help to develop a growth mindset where anything is possible



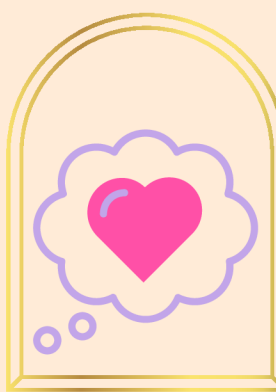
INTEGRITY

- Honest feedback and advice is a given, along with 100% confidentiality
- I will create a safe space for you to open up and be yourself
- In order to feel complete, you need to confront the lies you have told yourself and face them with courage and grace
- We are responsible for all our actions, good and bad - accepting this is key



COMPASSION

- I have the most open mind, I'm not here to judge, I'm here to help
- You'll always get compassion from me, but I'll also encourage self-compassion. We're often our own harshest critics, and that inner voice matters more than we think.
- Supporting your vulnerabilities is a badge of honour I wear with pride and your trust is always respected and valued



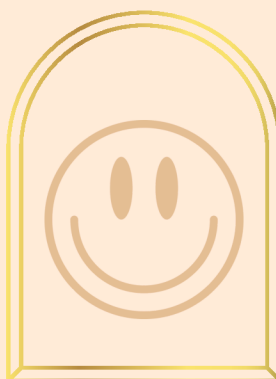
SONDER

- This value invites us to recognise that every person carries their own inner world of thoughts, struggles and joys with not one perspective more important than another
- Understanding this helps us lead, connect and work with greater empathy and peace
- We're all the main characters in our own stories ... and just passing moments in others



STYLE

- Style is individual and the more you understand yourself, the more you'll discover what feels authentically you
- I will encourage experimentation, creativity and innovation -one size does not fit all
- From curated content to outfit inspo, workspace trinkets and my ever-growing Stanley cup collection. A much needed dopamine hit!



FUN

- I promise that we will have fun along the way
- I will create a safe space to have a sense of humour, even in our shortfalls
- Banter and giggles are universal and essential for the soul
- A smile is the key that fits the lock of everyone's heart
- Discover and unleash levels of your personality that have been in hiding

If any of this relates to you and you need a bestie to help you unlock your full potential, get in touch



luana@myworkplacebestie.com



@myworkplacebestie



www.myworkplacebestie.com