

*this is the victory that has overcome the world – our faith*

victory



**Victory over Worry**

**Matthew 6**



## **Concern and Worry**

**Legitimate Concerns Motivate us to Action  
But “What If’s” can become Obsessive Fears**

**Worry Leads to No Action**

**Worry Paralyzes**

**Deliberately Turn Every Situation  
Over to God**



## Matthew 6:25-34 NIV



**“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?”**



## Matthew 6:25-34 NIV



**“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?”**



## Matthew 6:25-34 NIV



**So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.**



*... will he not much more  
clothe you—you of little faith?*



**Worry is Inconsistent with Faith**

**The Key to Victory Over Worry  
Is Faith**

**Faith's Practical Application  
Faith Can Take the Place of Worry**



# Worry Produces Nothing



*Can any one of you by worrying  
add a single hour to your life?*

**Without Faith, the Natural Response  
is to Worry**

**With Faith, the Natural Response is to Pray**

**Put it in God's Hands – That's His Worry**

**Faith Points us to Prayer**



# Worry Focuses on the Temporary



*For the pagans run after  
all these things*

**Faith Prompts us to Focus on the Eternal**  
**More Things Does not Equal Less Worry**  
**Overcome Obsessive Worry by Pursuing  
the Things of God**





# Faith Relies on a Heavenly Father



*... your heavenly Father knows  
that you need them*

**God Knows Our Needs**

**God is with Us and God is for Us**

**Worry Tends to Create Spiritual Amnesia**

**Fuel Your Faith**

**Recall What God Has Done**



**Faith Trusts the Promises of God**



*... all these things will be  
given to you as well*

**Let Me Control the Things You Can't Control**

**Trust the Promises of God**

**If we Worry, We can't Trust**

**If we Trust, We can't Worry**



# The Key to Victory Over Worry Is Faith



*like a tree planted by the water*

**Our Source, Our Provider is God**

**Our Confidence is in Him**

**Faith has a Different Perspective**

*casting all your care upon Him,*

*for He cares for you.*