

This size chart is geared for a competitive fit. Each swimmer has different levels of comfort and different goals (and younger swimmers may not yet be able to tolerate such a form-fitting suit; the suit should not be a distraction or a reason to give up on the sport!). Ultimately, each swimmer must decide on the best-fitting suit for them based on individual goals and preferences.



SPEEDO COMPETITIVE SUIT FIT GUIDE

Key Fit Tips:

- Our competition swimsuits are engineered to fit tightly on the body in order to reduce drag, and will feel slightly looser in the water.
- Swimmers wishing to achieve a looser fit are encouraged to choose a larger size.

MALE COMPETITIVE SUIT SIZING: GENERALLY FOLLOWS WAIST SIZE

WOMEN'S PERFORMANCE SUIT SIZING:

For maximum drag reduction in the water, competitive fit suits should be worn tight to the body. These firm, compressive styles feature full front lining and no bra construction, with our highest leg height for greater range of kick motion.

Bottom coverage range from ultra-cheeky to full. Size up to reduce compression.

	20	22	24	26	28	30	32	34	36	38	40	42	44
	N/A	N/A	XXS	XS	S	S	M	M	L	L	XL	XL	XXL
BUST	29	30	31	32	33	34	35	36	37 1/2	39	40 1/2	42 1/2	44 1/2
WAIST	21	22	23	24	25	26	27	28	29 1/2	31	32 1/2	34 1/2	36 1/2
HIP	31 1/2	32 1/2	33 1/2	34 1/2	35 1/2	36 1/2	37 1/2	38 1/2	40	41 1/2	43	45	47
TORSO	51 1/2	53	54 1/2	56	57 1/2	59	60 1/2	62	63 1/2	65	66 1/2	68	69 1/2

HOW TO MEASURE

Torso

Start at high point of shoulder, run tape through leg and back up to the starting point.

Bust

Measure the fullest part of chest, be sure to go over the shoulder blades at back.

Waist

Measure narrowest part of torso.

Hip

Measure around the fullest point of hip, keeping tape parallel to floor.



Waist

Measure narrowest part of torso.

Hip

Measure around the fullest point of hip, keeping tape parallel to floor.

