



# St. Michael the Archangel Pregnancy Help Center Newsletter

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March 2026

## Standing Together for Life Mass and Expo



### Choose life!

(Deut. 30:19)

On January 23, 2026, members of the St. Michael the Archangel Pregnancy Help Center attended the fourth annual Mass for Life and Expo at the Co-Cathedral of St. Robert Bellarmine, in Freehold, NJ. Mass was celebrated by Bishop David O'Connell. After Mass, St. Michael's hosted one of the Expo tables and was able to share information about its mission with those who attended, and receive information from others. All around, it was a blessed day as we stood together with other champions for life!

## WRAPPED IN PRAYER



Above are some of the prayer shawls donated to St. Michael the Archangel Pregnancy Help Center.

We are so thankful to the Prayer Shawl Ministry. This ministry donates prayer shawls to our moms. The women who make these shawls pray for those who will receive them while they are making the shawls. Whether the prayer is offered with each stitch or each row—no doubt the good Lord hears the prayers for our moms offered by these beautiful and faith-filled women.

When moms come to our center, their minds and thoughts are often on their babies. How will they clothe them? How will they feed them? Where will they get the baby supplies they need? It is a blessing that at St. Michael's we can help with all of that. But it is also a blessing to have something special to give to our moms themselves. As one mom gleefully exclaimed with her eyes wide open and an equally wide smile after having received a prayer shawl, "For meeeee???"

We want to help the moms who come to us to feel as cared for as they are cared for by the Lord. And we want to help them to be the best moms that they can be. Thank you, Prayer Shawl Ministry, for being a blessing to our moms!

## TOY DRIVE—THANK YOU!



It may be a heavy lift but that didn't stop determined toy drive coordinator, and St. Mary's Barnegat parishioner, Theresa Haus, from collecting and donating toys to St. Michael the Archangel Pregnancy Help Center. (Pictured Left)

In February, St. Michael's Pregnancy Help Center received a donation of toys collected by Dollar General in Howell in partnership with St. Jude. When our families with a baby *and* an older child visit, we are so happy to have a toy or stuffed animal to give to the older child. It is a blessing to see the faces of the older children light up with delight! Also donated through the toy drive were small toys for the babies. Thank you Dollar General and thank you St. Jude! And thank you to Theresa for coordinating this effort!

## Just a few of the Babies Recently Helped by Your Generosity

“As you did to one of the least of these... you did it to me.”

**Matt. 25:40**

### PLEASE VISIT! COME AND SEE!

We would love to give you a tour!  
471 Main St., West Creek, NJ, 08092  
Just call or email to make an appointment.  
609-488-1774, info@stmichaelhelp.org



### WHAT ONE OF OUR GUESTS HAD TO SAY ABOUT THEIR VISIT:

*“I went down to the center early today and took my mom for the visit as well. Jean... was so gracious to show us around. All I can say is WOW... What a wonderful experience to see how beautiful this cause is and what a blessing this is to so many families and their precious babies. I even got to see families coming in for supplies and it was so heart-warming.” (Paula L.)*

**WITH GRATITUDE!** St. Michael the Archangel Pregnancy Help Center is so thankful to God Who has allowed this work to improve and expand. We are thankful to have the support of so many donors who give from their hearts and pray for the center. Every donation, small or large, is received with grateful thanksgiving. And every prayer is appreciated. Your donations and prayers have enabled the center to move forward with this mission. Thank you friends, of St. Michael the Archangel Pregnancy Help Center. We are eternally grateful!

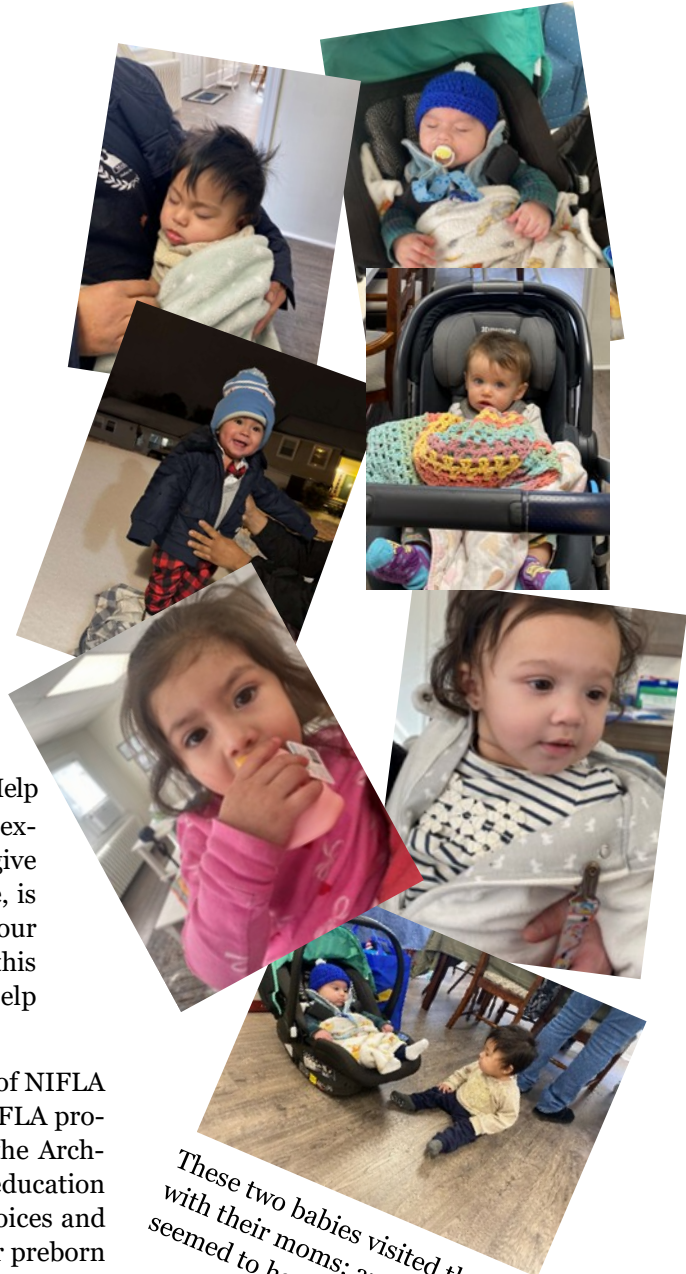


St. Michael the Archangel recently became a member of NIFLA (National Institute of Family and Life Advocates)! NIFLA provides support to pregnancy centers like St. Michael the Archangel Pregnancy Help Center through legal counsel, education and training. NIFLA “advocates for life-affirming choices and empowers women and families to choose life” for their preborn children.

### Families Helped

Since our inception, by the grace of God and your generous donations, we have helped over 80 families who have chosen Life.

**St. Michael Help Center is a member of NIFLA (National Institute of Family and Life Advocates) and an affiliate of Heartbeat International. We are a 501(c)(3) non-profit charity. To continue to help the moms and families who come to us, we need to continue to pay the rent and bills associated with running the center and continuing to expand this vital mission. If you are able to partner with us, please visit our website at [stmichaelhelp.org](http://stmichaelhelp.org) and consider making a donation. We are especially in need of monthly donations — any amount would be a big help. Checks can be made out and mailed to St. Michael Help Center, P.O. Box 2127, Long Beach Twp., NJ 08008**



*These two babies visited the center with their moms; and while there seemed to have become friends!*