
 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-290-1368 or go to [www.benefitmanagementllc.com](http://www.benefitmanagementllc.com). For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 1-800-290-1368 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	Per calendar year: \$5,000/individual, \$10,000/family.	Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. <a href="#">Preventive care</a> is covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No. There are no other specific <a href="#">deductibles</a> .	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	Per calendar year: \$7,000/individual, \$14,000/family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Premiums</a> , <a href="#">balance-billing</a> charges, health care this <a href="#">plan</a> doesn't cover, and penalties for failure to obtain <a href="#">pre-certification</a> for services.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	No. This is an Open Access Plan.	This plan treats <a href="#">providers</a> the same in determining payment for the same services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No. You don't need a referral to see a <a href="#">specialist</a> .	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
		OPEN ACCESS PLAN	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	After <a href="#">deductible</a> – No Charge	Chiropractic limited to 20 visits/Calendar year. <a href="#">Pre-certification</a> required for Infusion therapy or any drug above \$1,500/dose, Biologic drugs, Chemotherapeutic drugs, Dialysis and On-going wound care.  You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services you need are <a href="#">preventive</a> . Then check what your <a href="#">plan</a> will pay for.
	<a href="#">Specialist</a> visit	After <a href="#">deductible</a> – No Charge	
	<a href="#">Preventive care/screening/immunization</a>	No Charge	
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	After <a href="#">deductible</a> – No Charge	<a href="#">Pre-certification</a> required for Genetic Testing, radiation treatments and endoscopic procedures. <a href="#">Pre-certification</a> required for EBCT, MRI, CT, PET scans (bone density studies are exempt).
	Imaging (CT/PET scans, MRIs)	After <a href="#">deductible</a> – No Charge	
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.EHiMrx.com">www.EHiMrx.com</a>	Generic drugs (Tier 1)	<b>After Medical Deductible:</b> \$1 <a href="#">copay</a> /script if drug cost is less than \$150 \$15 <a href="#">copay</a> /script if drug cost is \$150 + up	Medications (not including <a href="#">Specialty drugs</a> ) available: <ul style="list-style-type: none"> <li>• 1 to 30-day supply at <a href="#">copay</a>/script shown</li> <li>• 31 to 60-day supply at 2 times <a href="#">copay</a>/script</li> <li>• 61 to 90-day supply at 2.5 times <a href="#">copay</a>/script</li> </ul> <a href="#">Specialty drugs</a> limited to a 30-day supply. Contact EHIM (800) 311-3446 for <a href="#">Specialty drug</a> assistance.  Experimental & investigational drugs are not covered.
	Formulary drugs (Tier 2)	<b>After Medical Deductible:</b> \$50 <a href="#">copay</a> /script	
	Non-Formulary drugs (Tier 3)	<b>After Medical Deductible:</b> \$80 <a href="#">copay</a> /script	
	<a href="#">Specialty drugs</a> (Tier 4)	<b>After Medical Deductible:</b> 50% <a href="#">coinsurance</a> ; minimum of \$100 <a href="#">copay</a> /script to a maximum of \$250 <a href="#">copay</a> /script	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	After <a href="#">deductible</a> – No Charge	<a href="#">Pre-certification</a> required for outpatient surgery not performed in an office setting, Deviated Septum/Nasal surgery, Endoscopic procedures, and Epidural/facet and trigger point injections, Varicose vein ligation, on-going wound care.
	Physician/surgeon fees	After <a href="#">deductible</a> – No Charge	
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$250 <a href="#">copay</a> and <a href="#">deductible</a>	<a href="#">Copayment</a> waived if confined under observation hours or admitted inpatient. <a href="#">Pre-certification</a> required for observation stays that exceed 48 hours.  Transportation limited to the nearest facility that can provide the necessary medical treatment.
	<a href="#">Emergency medical transportation</a>	Ambulance, except Air: After <a href="#">deductible</a> – No Charge Air Ambulance: \$2,500 Copay and <a href="#">deductible</a>	
	<a href="#">Urgent care</a>	After <a href="#">deductible</a> – No Charge	

\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.benefitmanagementllc.com](http://www.benefitmanagementllc.com).



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
		OPEN ACCESS PLAN	
If you have a hospital stay	Facility fee (e.g., hospital room)	After <a href="#">deductible</a> – No Charge	<a href="#">Pre-certification</a> required. Failure to pre-certify will result in a penalty of \$500/confinement.
	Physician/surgeon fees	After <a href="#">deductible</a> – No Charge	None
If you need mental health, behavioral health, or substance abuse services	Outpatient Office Visit	After <a href="#">deductible</a> – No Charge	None
	Inpatient services	After <a href="#">deductible</a> – No Charge	<a href="#">Pre-certification</a> required for Intensive Outpatient, Residential, Partial Hospitalization Treatment Programs. Inpatient <a href="#">Pre-certification</a> required. Failure to pre-certify will result in a penalty of \$500/confinement. Residential Treatment Facility & Partial Hospitalization- Limited to 60 days/calendar year each.
If you are pregnant	Office visits	No charge	<a href="#">Cost sharing</a> does not apply to certain <a href="#">preventive services</a> . Depending on the type of services, <a href="#">deductible</a> and <a href="#">coinsurance</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	After <a href="#">deductible</a> – No Charge	
	Childbirth/delivery facility services	After <a href="#">deductible</a> – No Charge	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	After <a href="#">deductible</a> – No Charge	<a href="#">Pre-certification</a> required. Limited to 60 visits/calendar year.
	<a href="#">Rehabilitation services</a>	After <a href="#">deductible</a> – No Charge	<a href="#">Pre-certification</a> required for Inpatient Rehab limited to 60 days/calendar year -failure to <a href="#">pre-certify</a> will result in a penalty of \$500/ confinement. <a href="#">Pre-certification</a> required for Physical, Occupational & Speech therapies - Limited to 30 visits each/calendar year.
	<a href="#">Habilitation services</a>	After <a href="#">deductible</a> – No Charge	Limited to 60 days/calendar year. <a href="#">Pre-certification</a> required. Failure to <a href="#">pre-certify</a> will result in a penalty of \$500/ confinement.
	<a href="#">Skilled nursing care</a>	After <a href="#">deductible</a> – No Charge	Rental up to the purchase price.
	<a href="#">Durable medical equipment</a>	After <a href="#">deductible</a> – No Charge	Inpatient stays: <a href="#">Pre-certification</a> required. Failure to <a href="#">pre-certify</a> will result in a penalty of \$500/confinement.
	<a href="#">Hospice services</a>	After <a href="#">deductible</a> – No Charge	Limited to one exam/calendar year.
If your child needs dental or eye care	Children’s eye exam	No Charge - Birth up to 19 years	Limited to one exam/calendar year.
	Children’s glasses	Not Covered	
	Children’s dental check-up	No Charge – Birth up to 19 years	1 exam, cleaning, polishing/calendar year. No X-rays.

\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.benefitmanagementllc.com](http://www.benefitmanagementllc.com).

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- |  |  |   |
|--|--|---|
| <ul style="list-style-type: none"><li>• Acupuncture</li><li>• Cosmetic Surgery</li></ul> | <ul style="list-style-type: none"><li>• Dental Care (Adult)</li><li>• Infertility Treatment</li><li>• Long-Term Care</li></ul> | <ul style="list-style-type: none"><li>• Routine eye care (Adult)</li><li>• Routine Foot Care</li><li>• Weight loss programs</li></ul> |
|--|--|---|

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- |   |  |  |
|---|--|--|
| <ul style="list-style-type: none"><li>• Bariatric Surgery – when Medically Necessary for Morbid Obesity</li><li>• Chiropractic Care</li></ul> | <ul style="list-style-type: none"><li>• Hearing Aids (limited to 1 each ear every 3 benefit years and \$1,500 per aid)</li></ul> | <ul style="list-style-type: none"><li>• Non-emergency care when traveling outside the U.S.</li><li>• Private-Duty Nursing (Home Health only)</li></ul> |
|---|--|--|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Benefit Management, LLC, PO Box 1090, Great Bend, KS 67530, (800) 290-1368; or the Department of Labor, Employee benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Benefit Management, LLC, PO Box 1090, Great Bend, KS 67530, (800) 290-1368; or the Department of Labor, Employee benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

**Does this plan provide Minimum Essential Coverage? Yes.**

[Minimum Essential Coverage](#) generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the premium tax credit.

**Does this plan meet Minimum Value Standards? Yes.**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al (800) 290-1368.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa (800) 290-1368.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 (800) 290-1368.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijjigo holne' (800) 290-1368.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$5,000
- Primary care physician [cost sharing](#) 0%
- Hospital (facility) [cost sharing](#) 0%
- Other [cost sharing](#) 0%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic test](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
---------------------------	-----------------

**In this example, Peg would pay:**

Cost Sharing	
<a href="#">Deductibles</a>	\$5,000
<a href="#">Copayment</a>	\$0
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$5,060</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$5,000
- [Specialist](#) [cost sharing](#) 0%
- Hospital (facility) [cost sharing](#) 0%
- Other [cost sharing](#) 0%

**This EXAMPLE event includes services like:**

[Specialist](#) physician office visits (*including disease education*)  
[Diagnostic test](#) (*blood work*)  
[Prescription drug](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
---------------------------	----------------

**In this example, Joe would pay:**

Cost Sharing	
<a href="#">Deductibles</a>	\$5,000
<a href="#">Copayment</a>	\$100
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$5,120</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$5,000
- [Specialist](#) [cost sharing](#) 0%
- Hospital (facility) [cost sharing](#) 0%
- Other [cost sharing](#) 0%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
---------------------------	----------------

**In this example, Mia would pay:**

Cost Sharing	
<a href="#">Deductibles</a>	\$2,800
<a href="#">Copayment</a>	\$0
<a href="#">Coinsurance</a>	\$0
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$2,800</b>