

Panhandle Area Health Network

March 31, 2024

Urgent Care, Emergency Room, or Primary Doctor: Which is right for your situation?

If you aren't in the practice of visiting your primary care provider, it is not uncommon to wait until the situation is an emergency to seek help. Sometimes we wait too long, and the situation gets out of control. This is why it is important to have an established relationship with a primary care provider! Proactive measures are better than reactive care.

Here are some tips to help you know what kind of care to seek:

- **Primary Care for Comprehensive Care:** Primary care is ideal for managing your overall health, routine check-ups, preventive care, managing chronic conditions, and addressing non-urgent medical concerns. Primary care physicians offer personalized care and serve as the central point for your long-term healthcare needs.
- **Urgent Care for Immediate Non-Emergency Care:** Urgent care is appropriate for minor injuries, acute illnesses, and urgent healthcare needs that require prompt attention but are not life-threatening. It is a convenient option when your primary care provider is unavailable or for after-hours situations.
- **In Emergencies:** It's important to note that for life-threatening situations or severe injuries, it is crucial to seek emergency medical care immediately by calling your local emergency number or going to the nearest emergency room.

Chipola Quick Care offers both primary and urgent care with offices located in Alford and Marianna. Contact them today at 850-526-7600 and take back control of your health!!

Credentials Verification Organization

This quarter we have been able to help 6 rural hospitals appoint or reappoint 54 providers by ensuring their education and credentials. This is helping keep our community safe and making sure their on-staff providers are well-equipped for the job of providing the best of care to our citizens.

Prescription Assistance Program

This quarter we have been able to help 125 or more clients receive prescription medications, saving them approximately 71,011. With the help of physicians in the service area we are making a difference in the lives of our clients across the service area.

*Serving Calhoun,
Holmes, Jackson,
Liberty & Washington
Counties since 1991.*

**5035 Hwy 90 E
Suite B
Marianna, FL 32446
850-482-5771**