

Panhandle Area Health Network

June 30, 2024

Battling Diabetes?

According to the Florida Department of Health, about 38 million people in our country have diabetes, but **8.1 million of those are unaware they have the disease**. This area has some of the highest death rates in the State from complications of diabetes.

Fortunately, there are many resources available to help you in your fight against this disease:

- Bay and Jackson County Health Departments host CDC-recognized diabetes prevention programs. And ALL health departments have programs that can help you. Contact your nearest CHD today and ask for help.
- The Florida Department of Health has recipes you can make that show you that healthy eating can be delicious. Your local health department or Big Bend Area Health Education center have programs that can help.
- The American Diabetes Association is another great resource, and you can even search for tips and recipes on websites like Pinterest, Google, Instagram, etc.

Your health is in your hands but start by going to a medical provider you trust who will help you figure out the best way to take control of your health!

Credentials Verification Organization

This quarter we have been able to help 7 rural hospitals appoint or reappoint 50 providers by ensuring their education and credentials. This is helping keep our community safe and making sure their on-staff providers are well-equipped for the job of providing the best of care to our citizens.

Prescription Assistance Program

This quarter we have been able to help 60 clients receive prescription medications, saving them approximately 77,00. With the help of 60 physicians in the service area we are making a difference in the lives of our clients across the service area.

*Serving Calhoun,
Holmes, Jackson,
Liberty & Washington
Counties since 1991.*

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