

Panhandle Area Health Network

June 30, 2021

Summer is here! Be Sure to Stay Hydrated!

Summer in the Panhandle of Florida is scorching hot. With the humidity it is easy to sweat so much that you can get dehydrated. Do you drink enough water every day? In addition to fighting off the heat, some other benefits of drinking water include:

- *glowing skin
- *reduced puffiness
- *prevents wrinkles
- *improves concentration
- *aides with digestion
- *fights infection
- *helps with weight loss

With so many benefits to this free and abundant resource, why aren't you drinking more water?

Credentials Verification Organization

This quarter we have been able to help 6 rural hospitals appoint or reappoint 65 providers by ensuring their education and credentials. This is helping keep our community safe and making sure they physicians they are using are well-equipped for the job of providing the best of care to our citizens.

Prescription Assistance Program

This quarter we have been able to help 50 clients get 98 prescriptions filled, saving them an estimated \$112,000 dollars. With the help of 57 physicians in the service area we are making a difference in the lives of our clients across 5 Panhandle counties.

PAP Reaching Out Further

Do you or someone you know live in Washington or Holmes Counties need help paying for your prescription medications? We service five counties in the Panhandle of Florida but two of them are not being served as well as we would like them to be. If your medical provider is in one of those counties we would love to work with you and them to help you get the assistance you need with your medications. Contact our office for more information.

www.panhandleareahealthnetwork.com

*Serving Calhoun, Holmes, Jackson, Liberty
and Washington Counties since 1991.*

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