



Dancing With Butterflies

A Breathe to Ride Adventure, Book One

Written by Angelina Natale and

Illustrated by Jess Bircham

Maggie and her horse, Expo, are excited to be heading off to their first horse show but nerves and a strange feeling in Maggie's stomach are getting in the way. What's going on with this team? Can they figure out what's getting in their way and make it through the in-gate? Follow along as Maggie and Expo work with their trainer and breath coach to pull it all together!

A Breathe to Ride Adventure series features social emotional learning tools and calming techniques embedded in engaging stories such as identifying and learning to live with things that make you nervous, teamwork, and the science of breathing. The books feature a technique, "Breathe to Ride," that helps enhance the human and equine mind, body, and soul.

Angelina Natale lives on Sky View Farm, the inspiration for her children's stories, on top of a small mountain in New Hampshire where she keeps horses and other animals.

The debut installment in a new series featuring Maggie and her beloved horses from the praised Sky View Farm Adventure series.

Winner of The BookFest Children's Book Award

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