



# Pre-assessment self complete form

PLEASE RETURN VIA EMAIL: [INFO@BAILS SAFE AUSTRALIA.COM.AU](mailto:INFO@BAILS SAFE AUSTRALIA.COM.AU)



**Please complete the following form as best as you can to help us understand you and your needs.**

Tick the boxes that best describe your situation, and write in the spaces provided.



#### Integrated Patient Care and Monitoring

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Date: \_\_\_\_ / \_\_\_\_ / 2024

CRN: \_\_\_\_\_

Family name: \_\_\_\_\_ Name/preferred name(s): \_\_\_\_\_

Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Preferred pro-noun (she/he/they): \_\_\_\_\_

Gender identification:  Male  Female  Other (please specify): \_\_\_\_\_

Identification as LGBTIQA+:  No  Yes  Prefer not to say  Other (please specify): \_\_\_\_\_

Private health Insurance?  No  Yes Details: \_\_\_\_\_

Person with a disability:  No  Yes Details: \_\_\_\_\_

Lawyer Name \_\_\_\_\_ Legal Aid  Yes  No

Remand Centre \_\_\_\_\_ Bail Application Date \_\_\_\_ / \_\_\_\_ / 2024

Bail Address \_\_\_\_\_

Postcode: \_\_\_\_\_ Is it safe to send mail to this address?  No  Yes Preferred contact method: \_\_\_\_\_

Mobile number: \_\_\_\_\_ Is it safe to leave voicemail/text message on this phone?  No  Yes

Other contact number: \_\_\_\_\_ Does anyone else have access to this phone? \_\_\_\_\_

Email address: \_\_\_\_\_ Emergency contact name: \_\_\_\_\_

Relationship to client: \_\_\_\_\_ Emergency contact number: \_\_\_\_\_

Country of birth: \_\_\_\_\_ Cultural background: \_\_\_\_\_

Identifies as:  Aboriginal  Torres Strait Islander  Both  Neither

Refugee status:  Refugee  Asylum seeker  Neither Visa Status details: \_\_\_\_\_

Preferred language/dialect: \_\_\_\_\_ Interpreter required:  No  Yes

Employment status: \_\_\_\_\_

Living with:  Family  Friends  Alone  Care home  Other

Family members to be involved in assessment/ treatment:  No  Yes

Details: \_\_\_\_\_

Primary caregiver/living-with child/ren or other dependents aged 16 or under:  No  Yes

Has children not in their care:  No  Yes

Changes to parenting arrangements /orders (Details): \_\_\_\_\_

Age(s) of children or dependents: \_\_\_\_\_

Family Reunification Order:  No  Yes If yes, AOD treatment a condition:  No  Yes

GP name: \_\_\_\_\_ Email: \_\_\_\_\_

Fax: \_\_\_\_\_ Phone number: ( ) \_\_\_\_\_

Medicare number: \_\_\_\_\_ Expiry date: \_\_\_\_\_ Health Care Card number: \_\_\_\_\_ Expiry date: \_\_\_\_\_

Engaged with other services:  Child protection  NDIS  Housing  Mental health  Legal

Financial  Family Violence Service  Mens Behaviour Change Program  Other (please specify): \_\_\_\_\_

The following questions ask about how you are going with your alcohol or drug use and other areas of your life. This will help us see how you progress.

STAGE:  Start of treatment  Review

**SECTION 1: SUBSTANCE USE**

In the past four weeks (28 days) have you used any of the following substances? (If you were in hospital/ prison/rehab in the previous month, consider your substance use in the four weeks before that)  Yes  No (if no skip to section 2)

If yes, record number of days and how much you used in the past four weeks. If yes, days of use (1-28)

Alcohol	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Cannabis (e.g. marijuana, pot, grass, hash, synthetic cannabis etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Methamphetamine (e.g., ice, speed, base)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Other amphetamine type stimulants (e.g. MDMA /ecstasy, diet pills etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Prescribed sedatives or sleeping pills (e.g. benzodiazepines, xanax, valium, serapax, rohypnol, stilnox etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Non-prescribed benzodiazepines	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Prescribed Opioids (e.g. methadone/buprenorphine)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Non-prescribed Opioids (e.g. heroin, codeine, methadone, oxycodone, morphine, fentanyl etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Cocaine	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Inhalants (e.g. nitrous, glue, petrol, paint thinner, Amyl etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Hallucinogens (e.g. LSD, acid, mushrooms, PCP, ketamine, synthetic hallucinogens etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Tobacco	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
GHB	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Other substances (e.g. steroids caffeine/energy drinks, new and emerging drugs etc)	<input type="checkbox"/> No <input type="checkbox"/> Yes: .....
Have you injected drugs in the past four weeks? (If no, skip to section 2)	<input type="checkbox"/> No <input type="checkbox"/> Yes Number of days injected: .....
If yes, did you inject with equipment used by someone else?	<input type="checkbox"/> No <input type="checkbox"/> Yes

**SECTION 2: HEALTH AND WELLBEING**

What is your employment status?  Employed  Unemployed  Studying  Home duties  Other (Please specify): .....

How many days of paid work (not including voluntary work) have you had in the past four weeks? .....

How many days of school, tertiary education or vocational training have you had in the past four weeks? .....

**In the past four weeks:**

What type of accommodation have you been living in in the past 4 weeks? none  
(e.g. private residence, boarding house, residential care facility):

Have you been homeless?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Have you been at risk of eviction?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Have you been arrested?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Have you been violent (incl. family violence) towards someone?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Has anyone been violent (incl. family violence) towards you?	<input type="checkbox"/> No <input type="checkbox"/> Yes
Have you been attended to by an ambulance or been in hospital?	<input type="checkbox"/> No <input type="checkbox"/> Yes
How would you rate your <b>psychological health status</b> in the past four weeks (anxiety, depression and problem emotions and feelings)	POOR 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> GOOD
How would you rate your <b>physical health status</b> in the past four weeks (extent of physical symptoms and bothered by illness)	POOR 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> GOOD
How would you rate your overall <b>quality of life</b> in the past four weeks (e.g. able to enjoy life, get on well with family and partner, satisfied with living conditions)	POOR 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> GOOD

# ALCOHOL USE (AUDIT)

The following questions will give us a picture of your recent alcohol use, and will help us determine how best to help you. Please circle the response that best describes your drinking. If you haven't been drinking alcohol you don't need to answer the questions.

Have you drunk any alcohol in the last year? (Please tick yes or no)

Yes Please answer the questions below  No If you answer no, skip to the next page →

		0	1	2	3	4
1	How often do you have a drink containing alcohol?	Never <input type="checkbox"/>	Monthly or less <input type="checkbox"/>	2-4 times a month <input type="checkbox"/>	2-3 times a week <input type="checkbox"/>	4 or more times a week <input type="checkbox"/>
2	How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2 <input type="checkbox"/>	3 or 4 <input type="checkbox"/>	5 or 6 <input type="checkbox"/>	7 to 9 <input type="checkbox"/>	10 or more <input type="checkbox"/>
3	How often do you have six or more drinks on one occasion?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
4	How often during the last year have you found that you were not able to stop drinking once you had started?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
5	How often during the last year have you failed to do what was expected of you because of drinking?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
6	How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
7	How often during the last year have you had a feeling of guilt or remorse after drinking?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
8	How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
9	Have you or someone else been injured because of your drinking?	No <input type="checkbox"/>		Yes, but not in the last year <input type="checkbox"/>		Yes, during the last year <input type="checkbox"/>
10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No <input type="checkbox"/>		Yes, but not in the last year <input type="checkbox"/>		Yes, during the last year <input type="checkbox"/>

# USE OF DRUGS OTHER THAN ALCOHOL (DUDIT)

The next questions will help us to understand whether use of all drugs other than alcohol is a problem for you. This *includes* illicit drugs & pharmaceutical medications (e.g. sleeping pills, pain killers). It does *not include* medication that you take as *prescribed* by your doctor. Please circle the response that best describes your use of all drugs (other than alcohol). If you haven't been using any, then you don't need to answer the questions.

Have you used drugs other than alcohol in the last year?

Yes Please answer the questions below     No If you answer no, skip to the next page →

		0	1	2	3	4
1	How often do you use drugs other than alcohol?	Never <input type="checkbox"/>	Monthly or less <input type="checkbox"/>	2-4 times a month <input type="checkbox"/>	2-3 times a week <input type="checkbox"/>	4 or more times a week <input type="checkbox"/>
2	How often do you use more than one drug on the same occasion?	Never <input type="checkbox"/>	Monthly or less <input type="checkbox"/>	2-4 times a month <input type="checkbox"/>	2-3 times a week <input type="checkbox"/>	4 or more times a week <input type="checkbox"/>
3	How many times do you take drugs on a typical day when you use drugs?	0 <input type="checkbox"/>	1 or 2 <input type="checkbox"/>	3 or 4 <input type="checkbox"/>	5 or 6 <input type="checkbox"/>	7 or more <input type="checkbox"/>
4	How often are you influenced heavily by drugs?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
5	Over the past year, have you felt your longing for drugs was so strong that you could not resist it?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
6	Has it happened, over the past year, that you have not been able to stop taking drugs once you started?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
7	How often over the past year have you taken drugs and then neglected to do something you should have done?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
8	How often over the past year have you needed to take a drug the morning after heavy drug use the day before?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
9	How often over the past year have you had guilt feelings or a bad conscience because you used drugs?	Never <input type="checkbox"/>	Less than monthly <input type="checkbox"/>	Monthly <input type="checkbox"/>	Weekly <input type="checkbox"/>	Daily or almost daily <input type="checkbox"/>
10	Have you or anyone else been hurt (mentally or physically) because you used drugs?	No <input type="checkbox"/>		Yes, but not in the last year <input type="checkbox"/>		Yes, during the last year <input type="checkbox"/>
11	Has a relative or a friend, a doctor or a nurse, or anyone else been worried about your drug use or said to you that you should stop using drugs?	No <input type="checkbox"/>		Yes, but not in the last year <input type="checkbox"/>		Yes, during the last year <input type="checkbox"/>

# HOW HAVE YOU BEEN FEELING DURING THE PAST 30 DAYS? (K10)

The following questions ask about how you have been feeling during the past 30 days. It's important to understand how you are feeling and where you are at. For each question, tick the box that best describes how often you had this feeling.

DURING THE PAST 30 DAYS, HOW OFTEN DID YOU FEEL		NONE OF THE TIME 1	A LITTLE OF THE TIME 2	SOME OF THE TIME 3	MOST OF THE TIME 4	ALL OF THE TIME 5
1	...tired for no good reason?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	...nervous?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	...so nervous that nothing could calm you down?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	...hopeless?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	...restless or fidgety?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	...so restless that you could not sit still?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	...depressed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	...so depressed that nothing could cheer you up?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	...that everything was an effort?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	...worthless?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Thank you for completing this form. Please hand it to the worker who will review your responses and will be able to address any questions you have.

PLEASE RETURN VIA EMAIL: [INFO@BAILSAFEAUSTRALIA.COM.AU](mailto:INFO@BAILSAFEAUSTRALIA.COM.AU)

This is pre-reassessment questionnaire only