Patient self complete form

PLEASE RETURN VIA EMAIL: INFO@BAILSAFEAUSTRALIA.COM.AU

Please complete the following form as best as you can to help us understand you and your needs.

Tick the boxes that best describe your situation, and write in the spaces provided.

Date: ____ / ____ / 2024 CRN: ________

Family name: Name/preferred name(s):

Date of birth: / / Preferred pro-noun (she/he/they):

Gender identification: ☐ Male ☐ Female ☐ Other (please specify):

Identification as LGBTIQA+: ☐ No ☐ Yes ☐ Prefer not to say ☐ Other (please specify):

Private health Insurance? ☐ No ☐ Yes Details:

Person with a disability: ☐ No ☐ Yes Details:

Lawyer Name Legal Aid ☐ Yes ☐ No

Remand Centre Bail Application Date _____/______/2024

Bail Address

Postcode: Is it safe to send mail to this address? ☐ No ☐ Yes Preferred contact method:

Mobile number: Is it safe to leave voicemail/text message on this phone? ☐ No ☐ Yes

Other contact number: Does anyone else have access to this phone?

Email address: Emergency contact name:

Relationship to client: Emergency contact number:

Country of birth: Cultural background:

Identifies as: ☐ Aboriginal ☐ Torres Strait Islander ☐ Both ☐ Neither

Refugee status: ☐ Refugee ☐ Asylum seeker ☐ Neither Visa Status details:

Preferred language/dialect: Interpreter required: ☐ No ☐ Yes

Employment status:

Living with: ☐ Family ☐ Friends ☐ Alone ☐ Care home ☐ Other

Family members to be involved in assessment/ treatment: ☐ No ☐ Yes

Details:

Primary caregiver/living-with child/ren or other dependents aged 16 or under: ☐ No ☐ Yes

Has children not in their care: ☐ No ☐ Yes

Changes to parenting arrangements /orders (Details):

Age(s) of children or dependents:

Family Reunification Order: ☐ No ☐ Yes If yes, AOD treatment a condition: ☐ No ☐ Yes

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GP name: Email:

Fax: Phone number: ( )

Medicare number: Expiry date: Health Care Card number: Expiry date:

Engaged with other services: ☐ Child protection ☐ NDIS ☐ Housing ☐ Mental health ☐ Legal

☐ Financial ☐ Family Violence Service ☐ Mens Behaviour Change Program ☐ Other (please specify):

The following questions ask about how you are going with your alcohol or drug use and other areas of your life. This will help us see how you progress.

STAGE: ☐ Start of treatment ☐ Review

SECTION 1: SUBSTANCE USE

In the past four weeks (28 days) have you used any of the following substances? (If you were in hospital/prison/rehab in the previous month, consider your substance use in the four weeks before that) ☐ Yes ☐ No (if no skip to section 2)

If yes, record number of days and how much you used in the past four weeks.

Substance	If yes, days of use (1-28)
Alcohol	☐ No ☐ Yes:
Cannabis (e.g. marijuana, pot, grass, hash, synthetic cannabis etc)	☐ No ☐ Yes:
Methamphetamine (e.g., ice, speed, base)	☐ No ☐ Yes:
Other amphetamine type stimulants (e.g. MDMA /ecstasy, diet pills etc)	☐ No ☐ Yes:
Prescribed sedatives or sleeping pills (e.g. benzodiazepines, xanax, valium, serapax, rohypnol, stilnox etc)	☐ No ☐ Yes:
Non-prescribed benzodiazepines	☐ No ☐ Yes:
Prescribed Opioids (e.g. methadone/buprenorphine)	☐ No ☐ Yes:
Non-prescribed Opioids (e.g. heroin, codeine, methadone, oxycodone, morphine, fentanyl etc)	☐ No ☐ Yes:
Cocaine	☐ No ☐ Yes:
Inhalants (e.g. nitrous, glue, petrol, paint thinner, Amyl etc)	☐ No ☐ Yes:
Hallucinogens (e.g. LSD, acid, mushrooms, PCP, ketamine, synthetic hallucinogens etc)	☐ No ☐ Yes:
Tobacco	☐ No ☐ Yes:
GHB	☐ No ☐ Yes:
Other substances (e.g. steroids caffeine/energy drinks, new and emerging drugs etc)	☐ No ☐ Yes:

Have you injected drugs in the past four weeks? (If no, skip to section 2) ☐ No ☐ Yes Number of days injected:

If yes, did you inject with equipment used by someone else? ☐ No ☐ Yes

SECTION 2: HEALTH AND WELLBEING

What is your employment status? ☐ Employed ☐ Unemployed ☐ Studying ☐ Home duties ☐ Other (Please specify):

How many days of paid work (not including voluntary work) have you had in the past four weeks?

How many days of school, tertiary education or vocational training have you had in the past four weeks?

In the past four weeks:

What type of accommodation have you been living in in the past 4 weeks? none
(e.g. private residence, boarding house, residential care facility):

Question	Answer
Have you been homeless?	☐ No ☐ Yes
Have you been at risk of eviction?	☐ No ☐ Yes
Have you been arrested?	☐ No ☐ Yes
Have you been violent (incl. family violence) towards someone?	☐ No ☐ Yes
Has anyone been violent (incl. family violence) towards you?	☐ No ☐ Yes
Have you been attended to by an ambulance or been in hospital?	☐ No ☐ Yes

How would you rate your **psychological health status** in the past four weeks (anxiety, depression and problem emotions and feelings)

POOR 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ GOOD

How would you rate your **physical health status** in the past four weeks (extent of physical symptoms and bothered by illness)

POOR 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ GOOD

How would you rate your overall **quality of life** in the past four weeks (e.g. able to enjoy life, get on well with family and partner, satisfied with living conditions)

POOR 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 ☐ GOOD

ALCOHOL USE (AUDIT)

The following questions will give us a picture of your recent alcohol use, and will help us determine how best to help you. Please circle the response that best describes your drinking. If you haven't been drinking alcohol you don't need to answer the questions.

Have you drunk any alcohol in the last year? (Please tick yes or no)

☐ Yes Please answer the questions below ☐ No If you answer no, skip to the next page

		0	1	2	3	4
1	How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times a month	2-3 times a week	4 or more times a week
2	How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7 to 9	10 or more
3	How often do you have six or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
4	How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
5	How often during the last year have you failed to do what was expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
6	How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
7	How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
8	How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
9	Have you or someone else been injured because of your drinking?	No		Yes, but not in the last year		Yes, during the last year
10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, during the last year

USE OF DRUGS OTHER THAN ALCOHOL (DUDIT)

The next questions will help us to understand whether use of all drugs other than alcohol is a problem for you. This *includes* illicit drugs & pharmaceutical medications (e.g. sleeping pills, pain killers). It does *not include* medication that you take as *prescribed* by your doctor. Please circle the response that best describes your use of all drugs (other than alcohol). If you haven't been using any, then you don't need to answer the questions.

Have you used drugs other than alcohol in the last year?

☐ Yes Please answer the questions below ☐ No If you answer no, skip to the next page →

		0	1	2	3	4
1	How often do you use drugs other than alcohol?	Never ☐	Monthly or less ☐	2-4 times a month ☐	2-3 times a week ☐	4 or more times a week ☐
2	How often do you use more than one drug on the same occasion?	Never ☐	Monthly or less ☐	2-4 times a month ☐	2-3 times a week ☐	4 or more times a week ☐
3	How many times do you take drugs on a typical day when you use drugs?	0 ☐	1 or 2 ☐	3 or 4 ☐	5 or 6 ☐	7 or more ☐
4	How often are you influenced heavily by drugs?	Never ☐	Less than monthly ☐	Monthly ☐	Weekly ☐	Daily or almost daily ☐
5	Over the past year, have you felt your longing for drugs was so strong that you could not resist it?	Never ☐	Less than monthly ☐	Monthly ☐	Weekly ☐	Daily or almost daily ☐
6	Has it happened, over the past year, that you have not been able to stop taking drugs once you started?	Never ☐	Less than monthly ☐	Monthly ☐	Weekly ☐	Daily or almost daily ☐
7	How often over the past year have you taken drugs and then neglected to do something you should have done?	Never ☐	Less than monthly ☐	Monthly ☐	Weekly ☐	Daily or almost daily ☐
8	How often over the past year have you needed to take a drug the morning after heavy drug use the day before?	Never ☐	Less than monthly ☐	Monthly ☐	Weekly ☐	Daily or almost daily ☐
9	How often over the past year have you had guilt feelings or a bad conscience because you used drugs?	Never ☐	Less than monthly ☐	Monthly ☐	Weekly ☐	Daily or almost daily ☐
10	Have you or anyone else been hurt (mentally or physically) because you used drugs?	No ☐		Yes, but not in the last year ☐		Yes, during the last year ☐
11	Has a relative or a friend, a doctor or a nurse, or anyone else been worried about your drug use or said to you that you should stop using drugs?	No ☐		Yes, but not in the last year ☐		Yes, during the last year ☐

HOW HAVE YOU BEEN FEELING DURING THE PAST 30 DAYS? (K10)

The following questions ask about how you have been feeling during the past 30 days. It's important to understand how you are feeling and where you are at. For each question, tick the box that best describes how often you had this feeling.

DURING THE PAST 30 DAYS, HOW OFTEN DID YOU FEEL		NONE OF THE TIME 1	A LITTLE OF THE TIME 2	SOME OF THE TIME 3	MOST OF THE TIME 4	ALL OF THE TIME 5
1	...tired for no good reason?	☐	☐	☐	☐	☐
2	...nervous?	☐	☐	☐	☐	☐
3	...so nervous that nothing could calm you down?	☐	☐	☐	☐	☐
4	...hopeless?	☐	☐	☐	☐	☐
5	...restless or fidgety?	☐	☐	☐	☐	☐
6	...so restless that you could not sit still?	☐	☐	☐	☐	☐
7	...depressed?	☐	☐	☐	☐	☐
8	...so depressed that nothing could cheer you up?	☐	☐	☐	☐	☐
9	...that everything was an effort?	☐	☐	☐	☐	☐
10	...worthless?	☐	☐	☐	☐	☐

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Patient Consent and Eligibility

Consent

Question	yes	no
Do you consent to sharing your treatment reports with law enforcement for monitoring purposes?	☐	☐
Do you agree to meet the program's weekly attendance requirements?	☐	☐
Are you willing to be monitored via GPS on your phone as part of your treatment conditions?	☐	☐
Are you willing to wear a GPS tracking bracelet for continuous monitoring?	☐	☐

Eligibility

Question	yes	no
Are you eligible for Medicare?	☐	☐
Do you have a working mobile phone with an active number for communication purposes?	☐	☐
Do you have a digital device with a camera for telehealth sessions and virtual check-ins?	☐	☐
Do you have a reliable internet connection for telehealth and digital communications?	☐	☐
Can you visit a local pathology center twice weekly for required tests or monitoring?	☐	☐
Can you pay any out-of-pocket costs associated with your treatment?	☐	☐

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