FUTURE FINDER



Group Sessions

Future Finder is a **holistic program** to help learners **decide what to do after school.** It is an engaging, interactive program that has three focus points:

The Magnifying Glass: who you are as a person. Your talents, gifting, passions, likes, dislikes and personality are all taken into account.

The Map: we take time to explore the world of work. The idea is to ask the questions you wished you'd asked one week into your career or degree.

The Compass: what is success for you as a person? What are your values and dreams, what is true north for you?

Things that make Future Finder unique:

- It takes academic ability and interests into account but expands that to the whole person
- It engages parents and other people in their community instead of doing testing in a vacuum. We work from the basis that no one knows themselves completely. We all have blind spots and we encourage learners to listen to the people in their lives and take what they say into account and to make decisions with those who know and love them.
- It is cost-effective
- The process can be repeated at junctures later in life.
- We run learners through our 'Reality Check' to practically help them make and next-step decisions

Future Finder can be presented in groups of 4-35 learners over one day training from R550/learner. Individual training is available for R1050/learner. In-person or online.

FUTURE FINDER



Group Sessions

Future Finder is a **holistic program** to help Grade 9 learners make **subject choices.** It is an engaging, interactive program that has three focus points:

The Magnifying Glass: who you are as a person. Your talents, gifting, passions, rikes, dislikes and personality are all taken into account.

The Map: we take time to explore the world of work. The idea is to ask the questions you wished you'd asked one week into your career or degree.

The Compass: What is success for you as a person? What are your values and dreams, what is true north for you?

This course can be presented in English or Afrikaans or a mixture to accommodate both languages.

Things that make Future Finder unique:

- It takes academic ability and interests into account, and expands that to the whole person
- It engages parents and other people in their community instead of conducting testing in a vacuum. We work from the basis that no one knows themselves completely. We all have blind spots and we encourage learners to listen to the people in their lives and take what they say into account and to make decisions with those who know and love them.
- It is cost-effective
- We run learners through our 'Reality Check' to practically help them make subject choices and next-step decisions

Future Finder can be presented to groups of up to 35 learners/group in a 3-hour workshop **from R280/learner-R550/learner** depending on group size and travel distance. Individual training is available for R1050/learner. In-person or online.

LEVEL UP LEADERSHIP



What is Level up Leadership?

Level up Leadership is a values based leadership program where we focus on values through a fun, interactive day of games and team-building. We train the learners to move from just wearing a badge to making a positive change in their schools. What's more, we give them the practical tools in order to do it. Training happens at the school or a venue of the schools choosing. We have various packages available depending on the schools needs and resources:

Middle Ground:

- 5 hour training
- Icebreakers
- Sessions on values
- Experiential learning activities based on the values
- Optional Slip n slide activity as part of the program
- Facilitators time and travel up to one hour away

From R3500 depending on group size and distance to travel.

Zero to Hero:

- 6-hour training
- Icebreakers
- Sessions on values
- Experiential learning activities based on the values
- Headbands
- Posters for each Grade 7 class to reinforce the values and help to apply them long-term
- "Look for the gold" jar for each Grade
 7 class
- Slip n slide activity as part of the program
- Facilitators time and travel up to one hour away

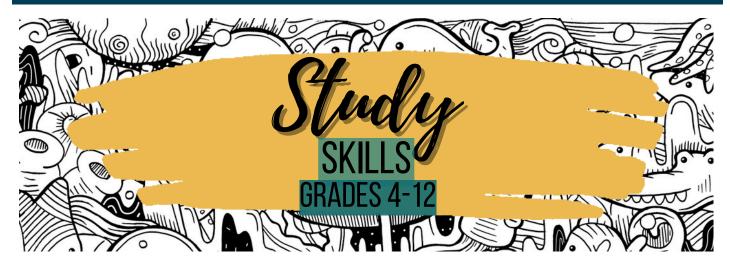
From R4500 depending on group size and distance to travel.

Basic:

- 3 hours training
- Icebreakers
- Sessions on values
- Experiential learning activities based on the values
- Facilitators time and travel up to one hour away

From R3000 depending on group size and distance to travel.

STUDY SKILLS COURSE



Our study skills course is designed for Grades 4-12 learners and has three levels:

- Each session is designed not to be between 60-90 minutes long
- There are 3 levels with 2 sessions per level. Ideally, there should be 2 weeks between the sessions for learners to put the training into practice. Although all the content could be covered in one 3-hour session, it is more beneficial to split the sessions.
- The training is engaging and practical
- The win is implementation and not just information.
- We try to allow learners to DO a practice round in class
- We can do training with classes of up to 35 learners
- Although it was originally designed for Grade 4-6 learners, if a learner hasn't mastered the basics they will still greatly benefit from this course, even if they are in high school

Parent involvement:

The sessions are accompanied by an inperson training session with the parents and/or short videos. The training session and the videos cover the same content and schools can choose whether they would like to do both or just the videos, both are included in the price

Costs vary depending on the group size, distance to travel, and whether or not sessions will be on separate days or the same day but will range between R100/learner/Level (so two sessions) for large groups of 100+ learners R350/learner/Level for groups of 20-40 learners. Groups between 40-99 will be quoted individually. The minimum group size is 20 learners. For smaller groups, both sessions of the Level will be completed on the same day to reduce costs and may be depending on the school's location. We will quote your school depending on your Individual requirements. coaching sessions are R850/learner/level for a 3hour session

BIG HERO FIX



Big Hero Fix

This will be a series of stand alone courses which focus on three greas:

- 1. Social skills
- 2. Mental health
- 3. Resilience

The topic for the first course is **Dealing** with Difficult people.

I will take each class for an hour-long workshop-style session where we will focus on the following areas:

- Three types of difficult people: Prickly people, Bullies, and emotionally manipulative people
- Identifying features
- All of us can be affected by difficult people and we can BE difficult people ourselves
- Inside vs Outside response
- What is not bullying?
- What is bullying?
- Helpful vs Harmful responses
- How to step up and be a hero not a snitch and what's the difference
- When do you need to ask for help? How do you do that?

Practicalities and Costs:

Classes are taken one at a time with groups of up to 36 learners.

Classes are approximately an hour long.

For groups of more than 100 learners it is R60/learner. For 20-40 learners it will be R100/learner and 41-99 learners it will be R80/learner. These prices are dependant on distance to travel and may change



CONTACTUS







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