

Health to Heal Inc.

Geriatric Malnutrition Risk Assessment Screening

Last	<input type="text"/>	First	<input type="text"/>	Date	<input type="text"/>				
Age	<input type="text"/>	Weight	<input type="text"/>	Height	<input type="text"/>	BMI	<input type="text"/>	Modified Weight	<input type="text"/>
Complete the screening by answering the questions and filling in the boxes with the corresponding numbers. Total answers for the final score. For questions 10. and 11., complete intake assessment form 24 - Hour Diet Recall and Roberts' Method of Modified BMI Weight for Protein Intake for Wound Healing®									
1. How old are you? 1. 50 - 59 2. 60 - 69 3. 70 - 79 4. 80 - Up 1. <input type="text"/>									
2. What is your living situation? 1. Visiting with Family 2. Facility 3. Family 4. Alone 2. <input type="text"/>									
3. Who prepares your food and meals for you every day? 1. Cafeteria 2. Delivery 3. Caregiver 4. Self 3. <input type="text"/>									
4. Do you feel like you have a good diet? 1. Great 2. Good 3. Adequate 4. Poor 4. <input type="text"/>									
5. How would you rate your desire to eat? 1. Strong 2. Good 3. Adequate 4. Poor 5. <input type="text"/>									
6. How would you rate your feelings of fullness (satiety) throughout each day? 1. Never 2. Occasionally 3. Most of the time 4. Always 6. <input type="text"/>									
7. How often do you find yourself hungry? 1. Always 2. Often 3. Occasionally 4. Never 7. <input type="text"/>									
8. How would you rate your fluid intake every day? 1. Great 2. Good 3. Adequate 4. Poor 8. <input type="text"/>									
9. How many servings of Fruits and Vegetables to you eat every day? 1. 6 - 8 2. 4 - 5 3. 2 - 3 4. 0 - 1 9. <input type="text"/>									
10. Compare daily fluid intake to recommended, 1 oz per 1 Kg of body weight? 1. 80% - Up 2. 70% - 80% 3. 60% - 70% 4. 60% - Below 10. <input type="text"/>									
11. Compare daily protein intake to recommended by the Roberts' Model? 1. 70% - Up 2. 55% - 69% 3. 40% - 54% 4. 39% - Below 11. <input type="text"/>									
11 - 23 No Risk for Malnutrition									
24 - 30 Moderate Risk for Malnutrition									
31 - 44 High Risk for Malnutrition									
									<input type="text"/> Total Score

Go to healthtoheal.org to find a copy of the 24 - Hour Diet Recall, The Roberts' Method of Modified BMI Weight for Wound Healing®, and other free assistance.