

A Case Study of Chronic Wound Management

by

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With

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This case presents a 65 year old female patient with a partially amputated foot after suffering from an arterial thrombosis. Luckily she was in the hospital when the clot developed and was able to receive immediate intervention to remove the thrombus. She was left with multiple toe amputations and a large area of full thickness necrotic tissue, and necrotic tissue on all remaining toes. She was discharged home to follow up with podiatry.

Evaluation

After completing a holistic evaluation, including a 24-hour diet recall, her dietary intake was found to be very poor. She did not have an appetite and ate very little every day. She did not eat protein daily. As a result, she was diagnosed with Calorie Malnutrition and Protein Malnutrition.

Treatment and Plan

PWC provided standard-of-care wound care with visits three times weekly for the first 4 weeks and then twice weekly, and later down to once weekly. The main products were Santyl for the first 4 weeks, then honey, surgilube, and foam dressings, changed just twice weekly. She was educated on a whole food diet with a focus on protein intake for both normal body requirements and for wound healing. She was given a daily goal of protein and fluid intake. The patient was encouraged to improve his diet and fluid intake, and very quickly, she did both. She started one protein supplement daily and increased the protein in her diet.



07-25-2022 – Evaluation Visit



08-05-2022 – Day 11



08/22/2022 – Day 28



10-03-2022 - Day 70



11-03-2022 - Day 101



12-29-2022 - Day 126

Summary

Medicine and the wound care industry continues to overlook the most important part of the wound healing process, The Patient. They continue to try to heal wounds without properly evaluating the patient first. If the patient has no nutritional intake to support wound healing, the body can not heal the wound. No matter how good the wound care dressings or wound treatments, the body must have the ability to heal.

If not focusing on the diet first and making it part of the first-line treatment, the industry will continue to fail at managing wounds and amputations and deaths will continue, out of pure ignorance.

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