

A Case Study of Chronic Wound Management

by

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With

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This case presents a 76-year-old male patient with a chronic non-healing venous leg ulcers on both lower legs, present for over 6 months. He has a history of HTN, IDDM type II, PVD, Neuropathy, HC, Gait Instability. He has been to wound clinics and to a local spa for air hyperbaric therapy for which he paid out of pocket. He is no longer able to play golf due to gait instability.

Evaluation

Completed a holistic evaluation including a 24-hour diet recall. His dietary intake was found to be very poor with little whole foods daily and a low intake of protein. As a result, he was diagnosed with Malnutrition, and Protein Malnutrition.

Treatment

He was treated with antimicrobial hydrogel with foam dressings and compression therapy. He informed me that he had not received compression therapy as a part of his wound care to date.

His total time of treatment was 14 Days and 5 visits.

Nutrition

His Protein Malnutrition was addressed by educating on geriatric malnutrition due to malabsorption with aging. He was recommended to start 2 30-gram protein shakes daily along with increasing his daily protein intake with all protein rich whole food sources, meat, fish, eggs, beans and milk products. He was instructed to start a multi-vitamin supplement as well as a mineral, B-complex, and Vitamin C supplements



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Summary

PWC combines advanced wound care products with a nutrition-first approach to wound care with evaluation and education to provide a one-of-a-kind treatment strategy for your patients.

Nutrition is the first step to healthy tissue growth and repair, not a last resort.

**Feed the Body, Feed the Mind and Feed the Soul
with a Healing Wound**