



(01) 555 4648

Serving 9 to 3 seven days a week

MIDWEEK MENU

Monday to Thursday Until 3pm

AVOCADO TOAST (V) 1a 3 7 8=trace 11 12

2 poached eggs on Tim's Bakery sourdough toast served with smashed avocado, crumbled feta, toasted seeds & 2 hashbrowns on the side.

- Add rashers or streaky bacon **3**

SPICY EGGS 1a 3 7 8=trace 11 12

Creamy scrambled eggs, spiked with chorizo, fresh chilis & spring onion, served on sourdough toast with red pepper hummus, toasted seeds, Monk's own Hot Sauce & 2 hashbrowns on the side.

THE HUNGRY BROTHER 1a 3 7 8=trace 14.50

2 Eggs, rashers, sausages, white pudding, hashbrowns, mushrooms, grilled tomato & white toast. Comes with an Americano or Tea

Upgrade to a Latte/ Cappuccino **+1.50**

SISTER CHRISTIAN 1a 3 7 9.50

2 poached eggs, brown bread, grilled tomato, steamed spinach & pan seared seasoned mushrooms

AMERICAN PANCAKES 1a 3 7 8=nutella 11

Stack of 3 fluffy american style pancakes, How would you like them?

- With crispy bacon & maple syrup
- With nutella & fresh strawberries

THE ABBOT'S HABIT 1a 3 11.50

2 Eggs poached in a cassoulet with tomato, cannellini bean, spinach & mushroom with crunchy sourdough toast, gremolata drizzle & chives.

BREKKIE BRIOCHE 1a 3 7 8=trace 10

A soft brioche roll filled with fried egg, streaky bacon, sausages & white pudding.

Choice of tomato relish or ketchup

PULLED HAM & CHEESE TOASTIE 8.5

Retro Classic. We use Tim's Bakery Sourdough topped with red & white cheddar cheese, our slow-cooked pulled ham toasted until crispy & melty. Ya can't beat it.

1a 7 8=trace

HIS HOLINESS 1a 7 | 4 = w/ salmon 8.5

A sesame seed bagel lathered with silky cream cheese and chopped chives with your choice of either streaky bacon or smoked salmon

MONK'S HASH 1a 3 7 12

Seasoned crispy potato cubes sautéed with spinach, white onion and your choice of **Halloumi** or **Chorizo** all laid on a bed of citrus yoghurt and topped with poached eggs, gremolata drizzle & chives

-Have both Halloumi & Chorizo **+3**

AVAILABLE FROM NOON UNTIL 3:15

THE FRIAR CLUCK 12

Fried seasoned chicken breast served in a brioche bun with cool mayo, shredded lettuce, sliced tomato & white onion.

Spice it up: Toss your chicken in either Firecracker BBQ or Monk's Hot Sauce

Extras: Cheddar, Bacon, Fried Egg **+1.50 EACH**

JALAPENO PHILLY CHEESE STEAK 12

Finely sliced steak with sautéed peppers and onions, melted cheddar & spiced cheese, garnished with jalapenos and a few crisps on the side

BAKED POTATO 7.5

Crispy. Fluffy. Delicious. We serve each of our baked potato with butter, salt, pepper & **your choice of 2 toppings:**
Beans / Melted Cheese / Bacon Bits / Pulled Ham / Sour Cream & Chive / Chorizo / Tuna / Spring Onion & Chillis

Add extras +1.50 EACH

MONASTERY GARDEN SALAD 8

A mix of chopped iceberg & spinach, tossed with shredded carrot, cucumber, tomato, red onion & balsamic vinaigrette

PLEASE, SIR.... I WANT SOME MORE

SPICY CHORIZO 3.50

SOURDOUGH TOAST 1a 2.50

STREAKY BACON 3.50

SAUSAGES (2) 3.50

SMASHED AVOCADO 4.50

POTATO CUBES 1a Onion powder 4

BASKET OF FRIES 1a 5



COFFEE PLEASE

We use quality specialty coffee roasted by Badger & Dodo. All of our coffees are single origin, rated 85+ and are available for purchase in the shop for you to enjoy at home.

BLACK

Espresso Americano	3.40
Batch Brew with free refill	3.60

WHITE

Latte Cappuccino	3.90
Flat White Macchiato	3.70
Mocha	4.20
Iced Latte	3.90
Chai Latte	4.20
Matcha Latte	4.20

ADDITIONS

Alt Milk (Oat / Soy / Almond / Coconut)	40c
Syrups *some may contain nut traces	40c
Extra Shot of Coffee	1

NIK'S TEA

Irish Breakfast / Green Sencha / Peppermint	3.20
Earl Grey / Berry Treasure / Lemon & Ginger	

COLD DRINKS

Coke / Fanta / Coke Zero / Diet Coke / Sprite Zero	3
San Pellegrino : Orange / Lemon	3
Riverrock Water: Still / Sparkling	2
Vital Flavoured Waters	3
Large Orange Juice	3
Orange Juice Carton	1.50
Large Apple Juice	3
Apple Juice Carton	1.50
Ribena Carton	1.50

CHILDREN'S MENU >12

Kid's Pancakes (2):	6.50
Sausage & Toast	5
Scrambled Egg & Toast	5
Sausage & Chips	6.50
Babycino	2.10
Kid's Hot Chocolate	2.10

Please note that there is an automatic service charge of 10% for parties of 6 or more.

Tips policy: Staff split cash tips evenly at the end of each day without any removal of funds. Card tips are added to staff wages on a weekly basis and split as per their working hours for that period. The cafe retains 18% of card tips to cover administration fees & charges.