



brow HENNA

THE FIRST 24 HOURS:

- Keep brows from getting wet in any way
- No tanning beds, swimming, saunas, or exercise
- Avoid touching, rubbing, over-brushing, or sleeping on your face (try a silk pillowcase!)
- Refrain from any skin products such as makeup, cleansers, exfoliants, AHA's, and retinoids directly on or around your brows

AFTER 24 HOURS:

- Use keratin serum daily
- Limit sun exposure
- Wear 30+ SPF sunscreen daily to protect from premature fading
- Use a gentle facial cleanser + oil-free eye makeup remover
- Avoid chlorinated water
- Do not use self-tanner for 3+ days to avoid any green discoloration
- Do not use oil-based skincare and brow makeup
- If you exfoliate, do so around the brow hairs
- Keep your skin hydrated by drinking plenty of water
- Get refreshed every 4 - 6 weeks
- Wait 4 weeks after your last Henna to switch to Tint for safety

How long does it last?

4 - 6 weeks on the hair, 4 - 7 days on the skin

Have any questions, persistent issues, or discomfort?

Please call or email me right away and/or seek medical attention.

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