



# brow LAMINATION

## THE FIRST 48 HOURS:

- Avoid sleeping on your face (try a silk pillowcase!)
- Keep brows from getting wet in any way
- No tanning beds, swimming, saunas, or exercise
- Do not use heavy skincare products, perfume, or makeup
- Avoid touching, rubbing, or over-brushing
- Refrain from any cleansers, exfoliants, AHA's, and retinoids directly on or around your brows
- No additional facial treatments like Hydro-facials, skin peels, etc.

## AFTER 48 HOURS:

- Use keratin serum daily
- Limit sun exposure
- Wear 30+ SPF sunscreen daily to protect from premature fading
- Use a gentle facial cleanser + oil-free eye makeup remover
- Avoid chlorinated water
- Do not use self-tanner for 3+ days to avoid any green discoloration
- Do not use oil-based skincare and waterproof makeup
- If you exfoliate, do so around the brow hairs
- Keep your skin hydrated by drinking plenty of water
- Get refreshed every 4 - 6 weeks

How long does it last?

4 - 6 weeks

Have any questions, persistent issues, or discomfort?  
*Please call or email me right away and/or seek medical attention.*

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