



Lash LIFT

THE FIRST 72 HOURS:

- Avoid sleeping on your face (try a silk pillowcase!)
- Keep lashes from getting wet in any way
- No tanning beds, swimming, saunas, or exercise
- Do not use heavy skincare products, perfume, or makeup
- Avoid touching, rubbing, or over-brushing
- Refrain from any cleansers, exfoliants, AHA's, and retinoids around your eyes
- No additional facial treatments like Hydro-facials, skin peels, etc.

AFTER 72 HOURS:

- Use keratin serum daily
- Limit sun exposure
- Wear 30+ SPF sunscreen daily to protect from premature fading
- Use a gentle facial cleanser + oil-free eye makeup remover
- Avoid chlorinated water
- Do not use oil-based skincare or waterproof makeup
- Keep your skin hydrated by drinking plenty of water
- Get refreshed every 4 - 6 weeks

How long does it last?

4 - 6 weeks

Have persistent issues or discomfort?

Please call or email me right away and/or seek medical attention.

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