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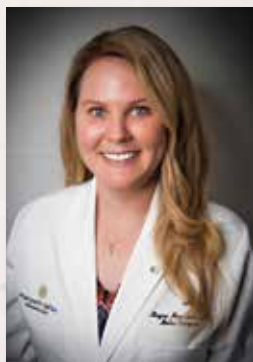
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NEVER GIVE UP

Songwriter tells story of not giving up, in life and career

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ON THE COVER *Monty Criswell is a successful songwriter and cancer survivor. The Spring Hill resident talks about his career and overcoming adversity*



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Hit songwriter Monte Criswell at home in Spring Hill. Photography by Michael Tedesco

THE CHANCE TO WRITE ANOTHER LINE

JASON ZASKY

“I started coming to Nashville when I was in high school,” begins Satsuma, Alabama native Monty Criswell, about the initial pursuit of his dream—to become a professional songwriter. Success didn’t come right away. In fact, it was several years before he secured a writing deal—and many more years before he had his first Top Ten song.

“I started getting cuts in 1995, and for the next 10 or 12 years, I was king of the album cuts,” offers Criswell. A big hit remained elusive until 2007, when he had his first Top 10 record (“Tough” by Craig Morgan), followed by his first No. 1 song, “I Saw God Today” (George Strait), the latter of which he co-wrote with Rodney Clawson and Wayne Kirby.

“‘I Saw God Today’ was the big one,” he adds, a song that gave him the opportunity to go to the Grammy’s and to the Country Music Awards.

More No. 1 songs followed, including “Five More Minutes” (Scotty McCreery) in 2018 and “Hell of a View” (Eric Church) in

2020, plus “Handle on You” (Parker McCollum) in 2023.

Then, all that success was interrupted when he was diagnosed with stage 3 colon cancer.

“At age 54, I did eight rounds of chemotherapy and a five-and-a-half-hour surgery. It all could have been avoided if I had gone for a colonoscopy at 45. Forty-five is the new fifty,” he notes, talking about the current recommended age for a colonoscopy. Colon cancer is relatively easy to prevent and relatively easy to cure—if it is caught before it spreads,” he advises.

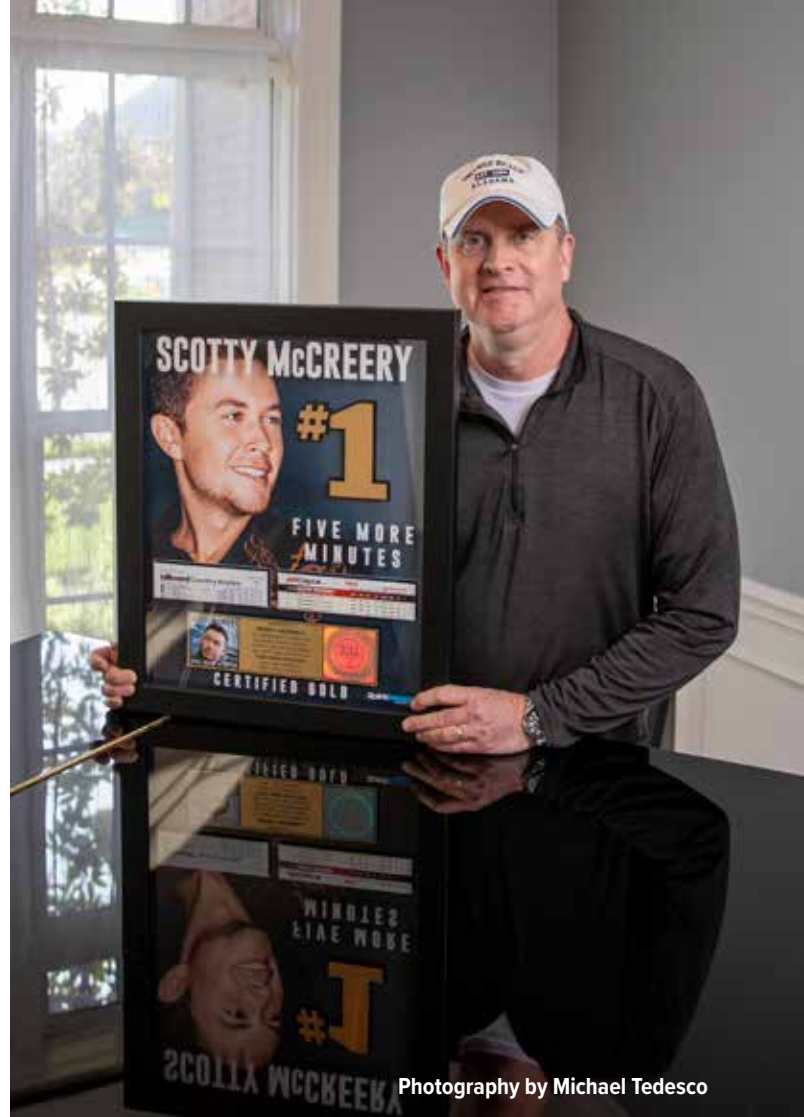
The good news is that Criswell is now a year-and-a-half into his recovery.

“All scans and scopes have been clean, and blood work has been great, so I am on the path I need to be on. After three years, the chance of it coming back goes way down, and by year five, I’m back into the normal pool,” he says.

Meanwhile, his illness led him to pursue a new initiative.

“When I had cancer, my case nurse said: ‘You have a great attitude about this and a great perspective. If you could share this with people, it would help those in the same situation—and maybe

NEXT PAGE >



Photography by Michael Tedesco

help those not in the same situation,” he recalls her saying.

That led Criswell to build on his experience doing Songwriter in the Round events, in which he talks about the stories behind his songs. These days, he also does speaking engagements that feature a healthy dose of life coaching.

“First, I talk about how I became a songwriter; second, is the stories behind the hits, and the last piece is about overcoming adversity at an elite level. There is also a lot of humor. I’m a very self-deprecating person. I have many flaws and faults, and I don’t mind talking about them if I can make a point that might help people,” he says.

“In fact, I had a lady come up to me after an engagement in Orlando. She said: ‘I felt like for 90 minutes I went to a rock and roll show, a Songwriter in the Round, standup comedy, and church, all at the same time.’ I thought, that’s perfect, that is exactly what I’m after,” he says, before highlighting a few core pieces of advice.

“I have been a professional songwriter for 32 years and I have been with multiple publishers, but I’ve never changed publishers because I was having a bad experience. I left publishers when things got comfortable, and there was a chance to do better (elsewhere). Getting out of your comfort zone and challenging yourself to be better is uncomfortable, but the end result could be great,” he says.

Criswell also encourages people to use the negativity of others

as fuel to motivate yourself, recalling how a lot of observers expressed doubt that he would make it as a professional songwriter.

“Anytime I felt like things were getting difficult, I remembered I didn’t want to go home (to Alabama) to face the doubters. I didn’t want to hear, ‘I told you so.’ That makes you dig in and grind a little harder to get where you want to be. There are a lot of secrets to being successful, but the biggest one is not giving up,” he concludes.

That perhaps explains why Criswell says, “some of my favorite songs are the ones that haven’t been cut yet—stuff that I can’t find a home for. It excites me when I find an artist who is equally excited about a song I’ve written,” he adds, one reason why he is so amped up about his latest single, “Paper Umbrellas,” by Tim McGraw.

And why his favorite song these days isn’t a collection of words set to music—it’s his day-to-day life.

“Every day is a chance to write another line or a different verse,” he concludes. “My favorite song is this life I’m living. We’ll see how it turns out.”

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The advertisement for SMS Epoxy Flooring & Handyman Services features a photograph of a red sports car parked in a garage with a polished epoxy floor. Overlaid on the image is a circular logo for "SWANSON MERCANTILE & SERVICES" with "SMS" in the center, "EST 1898" on the sides, and "EPOXY FLOORING & HANDYMAN SERVICES" below. The phone number "615 722-7144" and "PREMIUM QUALITY SERVICE" are also included in the logo. Below the image, the services offered are listed, and the website "smsepoxymflooringpros.com" is displayed in red.

COMMUNITY SNAPSHOTS



BL CLEANING SERVICE RIBBON CUTTING CELEBRATES SPRING HILL OPENING

The Spring Hill Chamber celebrated BL Cleaning Service with a Ribbon Cutting Ceremony on Friday, March 14, at 5326 Main Street, Suite G in Spring Hill. BL Cleaning Service offers comprehensive cleaning services for residential and commercial properties all over Tennessee. When you choose Bonnie, you choose an experienced house manager who respects your space, time, and money.



COMMUNITY BAPTIST CHURCH RIBBON CUTTING CEREMONY CELEBRATES SPRING HILL OPENING

The Spring Hill Chamber celebrates the new location of Community Baptist Church on Friday, March 28, at 5001 Port Royal Road in Spring Hill. Community Baptist Church is a Christ-centered, Bible-believing church located in Spring Hill, TN. Their congregation spans a wide range of ages, from young to older individuals.



PERFECT PAINTING RIBBON CUTTING CEREMONY CELEBRATES SPRING HILL BUSINESS

The Spring Hill Chamber celebrated Perfect Painting with a Ribbon Cutting Ceremony on Thursday, March 20, at 5326 Main Street, Suite G in Spring Hill. Perfect Painting, founded by Joseph Fry in 2024, specializes in high-quality interior and exterior painting services. Perfect Painting delivers exceptional results, transforming homes with precision and care.



THE SOUTHERN BAKING CO. RIBBON CUTTING CEREMONY CELEBRATES SPRING HILL OPENING

The Spring Hill Chamber celebrates the opening of The Southern Baking Co. on Thursday, April 3, at 4847 Main Street in Spring Hill. At The Southern Baking Co., their baked goods are made from scratch with care and the finest ingredients, just like the treats Momma used to make — a celebration of time-honored recipes and the joy of gathering around the table. From indulgent classics to modern, gluten-free delights, every treat carries the spirit of tradition and togetherness.



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Great RECIPES

Savory Street Tacos



INGREDIENTS

1 CHUCK ROAST (2-3 POUNDS)
1 PACKAGE TACO SEASONING
1 CAN (10 OUNCES) BEEF CONSOMMÉ
16-20 STREET TACO TORTILLAS
1 PACKAGE (8 OUNCES) SHREDDED CHEESE
1/4 CUP AVOCADO OIL
SALSA, GUACAMOLE, QUESO FOR SERVING

DIRECTIONS

Cover chuck roast with taco seasoning then place in slow cooker.
Pour beef consommé over roast and cook on low 6 hours to braise.
Heat oven to 425 F.

Use fork to shred roast.

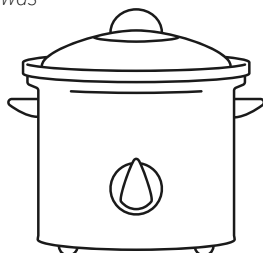
Brush outside of tortillas with avocado oil and fill with meat and shredded cheese. Place in casserole dish and bake 10-15 minutes until tacos reach desired crispiness.

Place on tray and serve with salsa, guacamole and queso.

Tip: Recipe can be doubled for large crowds

Recipe courtesy of "Cookin' Savvy"

Servings: 4-6



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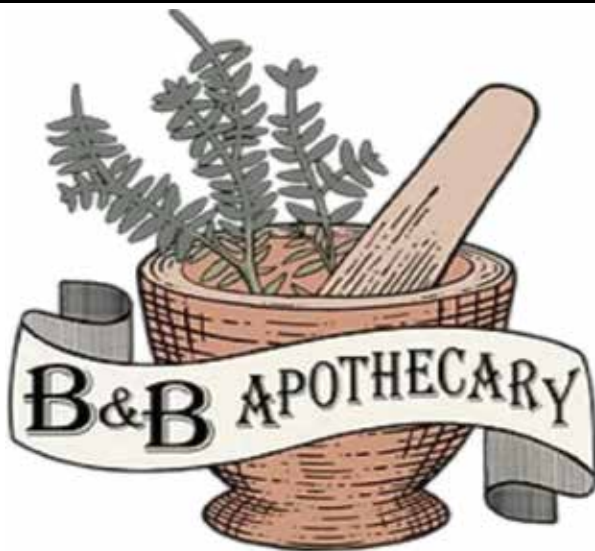


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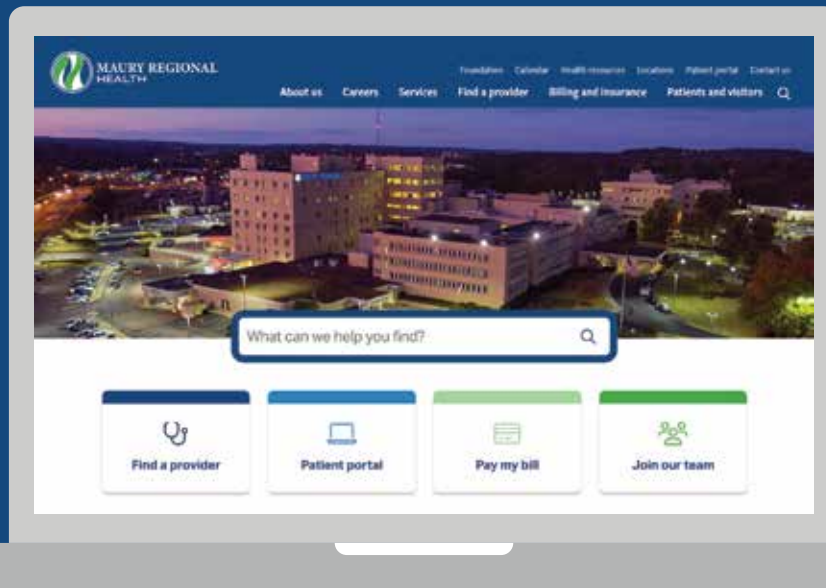


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