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# Inside *{local}* April '26

**8**

## OPENINGS AND NOTES

Exciting things happening in the community

**16**

## A TOAST TO 20 YEARS

Neighborhood institution celebrates 20+ years in Spring Hill



## LOCAL FOCUS SERVICE DIRECTORY 22-25 EVENTS 26

**ON THE COVER:** Spring Hill's newest water storage tank located near June Lake holds 3 million gallons of water.

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OF COMMERCE**

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# COMMUNITY SNAPSHOTS



## SUITE WELLNESS RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated Suite Wellness with a ribbon cutting ceremony in December at 220 Town Center Pkwy, Suite 220 in Spring Hill. Suite Wellness is a Christ-centered wellness center offering collaborative, whole-person care through independent practitioners and providers. Their focus is supporting individuals physically, mentally, emotionally, and spiritually.



## ABUNDANT PROVISIONS WELLNESS MARKET AND MERCANTILE RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated Abundant Provisions Wellness Market and Mercantile with a ribbon cutting ceremony in January, at 5322 Main Street in Spring Hill. Abundant Provisions is a unique vendor-based wellness market featuring more than 70 local vendors offering products.



## APEX PLUS GROUP RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated Apex Plus Group with a ribbon cutting ceremony on Wednesday, February 18, at 120 Timberline Drive, Suite 100 in Spring Hill. Apex Plus Group brings a family-oriented approach to residential, commercial, and long-distance relocations across Middle Tennessee.



## SIMPLIFIED SOLUTIONS RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated Simplified Solutions with a ribbon cutting ceremony on Friday, February 20, at 304 Daxton Place, Suite 105 in Spring Hill. Simplified Solutions is dedicated to helping individuals and small business owners navigate the complex landscape of insurance and investments, personalized financial strategies, and clear thoughtful guidance.



## HOME2 SUITES TRU BY HILTON SPRING HILL RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated Home2 Suites Tru by Hilton Spring Hill with a ribbon cutting ceremony on Friday, February 20, at 2014 Market Creek Drive in Spring Hill. This beautiful dual-branded hotel is designed for both short-term and extended stays, offering a welcoming and modern space for visitors to feel at home.



## THE EMERSON AT COMMONWEALTH RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated The Emerson at Commonwealth with a ribbon cutting ceremony on Tuesday, February 24, 2968 Commonwealth Drive in Spring Hill. This new residential community offers thoughtfully designed one-, two-, and three-bedroom apartment homes featuring modern amenities such as all-electric kitchens, hardwood floors, walk-in closets, in-home washers and dryers, and private balconies.



## EMPOWER YOU SPEECH & LANGUAGE THERAPY AND TRUE ROOT GONSTEAD CHIROPRACTIC RIBBON CUTTING CEREMONY

The Spring Hill Chamber celebrated Empower YOU Speech & Language Therapy and True Root Gonstead Chiropractic with a ribbon cutting ceremony on Friday, March 6, at 4918 Main St., Suite 11 in Spring Hill.



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**Featured on Episode 7:  
Busting Breast Cancer Myths**

Our guest speaker (left), Elizabeth Schaeffer, NP-C, Nurse Practitioner with the Williamson Health Turner-Dugas Breast Health Center

Our host (right), Michele Simpson, Williamson Health Chief Marketing and Communications Officer



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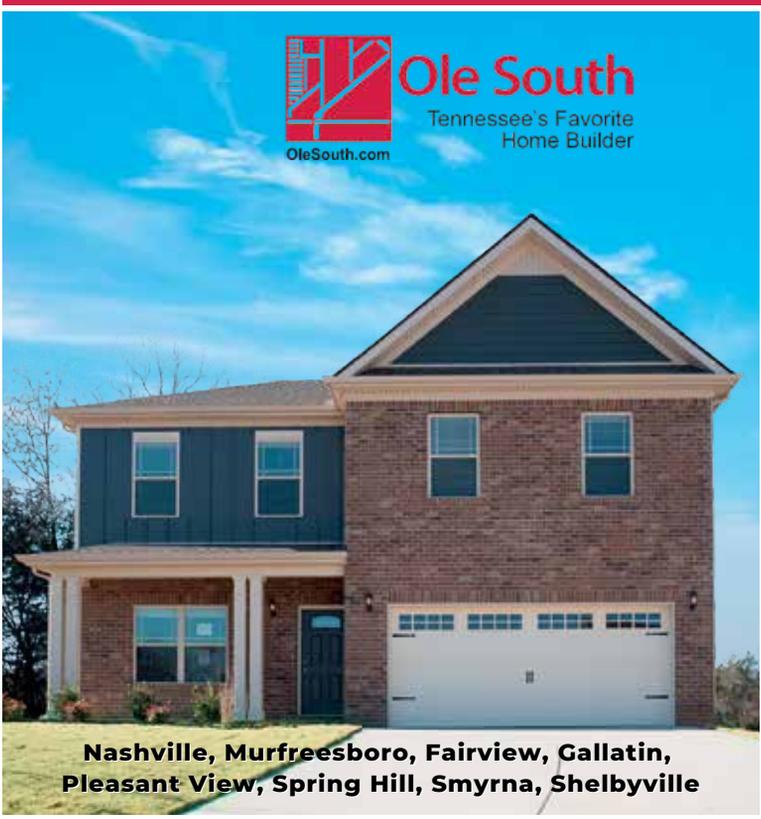


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## Spring Sun Safety Essentials:

**Apply Broad-Spectrum SPF 30+ Daily** Use sunscreen every morning — even if you're just running errands or driving.

**Reapply Every 1-2 Hours** Especially during outdoor activities like sports, gardening, or spring festivals.

### Don't Forget Your Ears, Neck & Hands

Ears, neck, chest, hands, and lips are often missed.

### Don't Forget High-Risk Areas

Physical protection such as a hat or sunglasses provide an extra layer of protection

**Wear Protective Accessories** Wide-brim hats, sunglasses, and UPF clothing add an extra layer of defense.

**HA Physical Tint** offers lightweight, mineral-based daily protection with a natural glow — perfect for spring sunshine.

*If you've noticed new or changing spots after winter, now is also the perfect time for a skin exam.*

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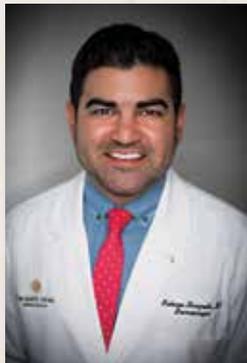
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Gary Sherman and his son Austin. Photo by Robbie Mathis

# NEIGHBORHOOD INSTITUTION

## JASON ZASKY

On March 14, Gary's Place celebrated its 20th anniversary with what owner Gary Sherman described as a "big ole party," one where he and his son Austin recognized "all the customers who have supported us for the past 20 years."

The occasion prompted the elder Sherman—a Scranton, Pennsylvania native—to reflect on the last two decades, including how he got started in Spring Hill after owning a bar in Florida.

"I started out in March 2006, having opened under a franchise called Wings, Pizza N Things, and it wasn't but seven months that we changed the name. It has been Gary's Place ever since," he recalls. "I asked my customers, 'What should we name the business?' They said, 'Either call it Wings or Gary's.' So, I went with Gary's. Now, almost everyone who comes in asks, 'There really is a Gary?'"

Of course, back in 2006, Spring Hill had less than a quarter of

the population it has today, and precious little else in the way of bars and eateries.

"When I opened up, there was The Pub, Pancho's Place, the Chinese buffet, maybe one other place, and us. That was it," says Sherman. "Twenty years on, our neighborhood hangout has weathered all the storms—including the pandemic—and now we're the oldest bar in Spring Hill.

That said, Sherman attributes much of his success to his willingness to change and to adjust to the wants and needs of his patrons.

"I listen to my customers, and I listen to what Spring Hill wants," he asserts. "Everything that was successful for my bar in Florida did not work in Spring Hill. I had to learn Spring Hill. That's why we're still around," he adds.

It doesn't hurt that Gary's Place has been repeatedly recognized for its food and service.

"Most recently, we have been voted Best Wings in Spring Hill

**PAGE 18 >**

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< FROM PAGE 16

(2025 Main Street Awards),” notes Sherman, before noting that his establishment has also won Best Burger in past iterations of the contest.

“Our wings, burgers, and chicken wraps are our three mainstays, and customers really love our pizza, too. We also have a different weekly special every week, with a pork tenderloin sandwich being one recent example.

A rotating series of events also helps attract crowds.

“We have three pool tables and several leagues that play out from here,” relates Sherman. “We also have dart tournaments every Tuesday, as well as Trivia on Wednesdays and Thursdays. And we have live music a couple times a month.”

Above all else, Gary’s Place and its dozen or so employees offer a consistently friendly atmosphere—not to mention a place where “you never wait for a drink,” says Sherman, with a laugh.

He says he hopes to see Gary’s Place continue to thrive for decades to come, now that he has been easing into retirement and his son, Austin, has taken over the day-to-day operations of the business.

“Last year I pretty much passed the torch on to my son, and every day I step away further and further,” concludes Sherman. “Hopefully he’s going to maintain the legacy of Gary’s Place for the next 20 years.”

Gary’s Place

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[www.instagram.com/garysplacespringhill](http://www.instagram.com/garysplacespringhill)



Photo by Robbie Mathis

# Welcome to Mule Day 2026!

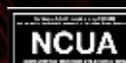


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# LOCAL EVENTS



## SPARTAN SPRING Market

### SUMMIT HIGH SCHOOL MARKET

The Summit High School “Spartan Spring Market” is planned for April 18. The event will begin at 9 am and last until 3 pm. The event benefits the Summit Marching Spartan Band, and will take place at the High School, located at 2830 Austins Way in Spring Hill. In addition to the market, the day will feature food trucks, shopping, a silent auction and more. Wrist band admission will be \$5, and children under 5 will be admitted for free.

### MULE CELEBRATION IN COLUMBIA

Mule Day is an annual celebration of all things related to mules and is held in Columbia, Tennessee, the “Mule Capital” of the world. Begun in 1840 as “Breeder’s Day”, a meeting for mule breeders, it now attracts over 200,000 people. In addition to mules, traditional Appalachian food, music, dancing, and crafts are featured. Presented by the Maury County Bridal and Saddle Club, this year’s main event will be held April 9,10 and 11 in Columbia. Visit [muleday.com](http://muleday.com) for details and schedule.

### HIDDEN BEE FARM TO HOST AUTISM DAY AT THE FARM

Hidden Bee Farm will host its annual Autism Day at the Farm on April 18, from 10am to 2pm, offering a welcoming, sensory-friendly environment for children with autism and their families. The event allows families to experience the farm in a calm and supportive setting, with opportunities to interact with rescued animals and explore nature at their own pace.

The day is designed to reduce the sensory challenges often present at traditional events while creating meaningful connections with animals and the outdoors. More information about Autism Day at the Farm can be found at [hiddenbeeanimalrescue.org/](http://hiddenbeeanimalrescue.org/).

### THE FRANKLIN FLEA MARKET RETURNS

The Franklin Flea Market returns April 18-19 for their first show of 2026 at the Williamson County Ag Expo Park. Shop over 400 Indoor and covered outdoor vendor booths packed full of collectibles, vintage, crafts, furniture, home decor, boutiques, food trucks and more. The Franklin Flea Market runs Saturday 9-6 and Sunday 11-5. Admission is Free and Parking is \$5.

Visit [TheFranklinFleaMarket.com](http://TheFranklinFleaMarket.com) for more information.



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