Spring Hill {local}

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JUNE 2024





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JUNE 22, 2024

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LOCAL EVENT SHOWCASES BUSINESSES

A chamber event featuring everything great about Spring Hill 28

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LOCAL FOCUS

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Visit our website: springhilllocal.com



ON THE COVER: Spring Hill's popular annual community event, **Experience Spring Hill, The Event** presented by TriStar Spring Hill ER is back and jam-packed with fun at Summit High School on Saturday, June 22, 2024, from 10:00 a.m. until 2:00 p.m.

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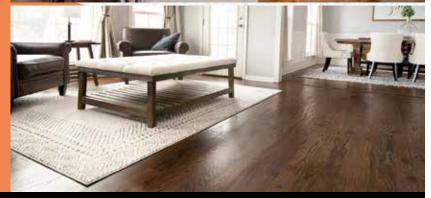
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5 REASONS TO ATTEND EXPERIENCE SPRING HILL, THE EVENT

Get ready to mark your calendars for Saturday, June 22, 2024, because it is time for Experience Spring Hill, The Event presented by TriStar Spring Hill ER. Taking place at Summit High School from 10:00 a.m. to 2:00 p.m., this is the event of the summer that promises an extraordinary day of community spirit, fun, and discovery—free for the entire family.

"The Spring Hill Chamber of Commerce is very excited to host our unique annual eat, shop, and play event," said Executive Director Rebecca Melton. "This event provides a venue in which residents can learn about the local businesses and services that make up this wonderful city. Furthermore, it speaks directly to our organization's mission of serving our business community

and positively influencing the business culture to create a better Spring Hill."

Here are five reasons why you should be excited to join this annual celebration:

#1 EXPLORE LOCAL

Over 140 local vendors will be showcasing their goods and services, making it the perfect opportunity to support local businesses and explore everything all in one place and under one roof. From products to essential services, there's something for everyone. This is a great way to connect with and learn more about the vibrant Spring Hill community.

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FATHER'S DAY SPECIAL

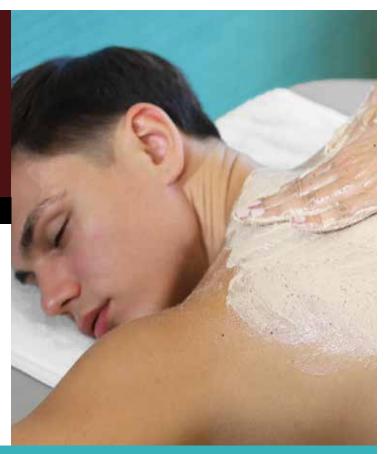
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125 STEPHEN P.YOKICH IN SPRING HILL AT UAW LOCAL 1853 UNION HALL



< FROM PAGE 10

#2 FUN FOR ALL AGES

The event is designed with families in mind. Children can enjoy a variety of activities including face painting, virtual reality gaming, and the ever-popular City of Spring Hill's touch-a-truck experience. Plus, they might get a chance to meet some of their favorite characters. It's a day filled with joy and laughter, where children and parents alike can have a blast.

#3 CULINARY DELIGHTS

Food enthusiasts will be thrilled with the food court, where local restaurants will serve up their best dishes. Whether you crave sweet treats or savory snacks, there's something to satisfy every palate. It's a fantastic way to taste the local flavors indoors, all while enjoying the festive atmosphere.

#4 CULTURAL SHOWCASE

The Tennessee Travels area will once again highlight the best of local tourism, attractions. It's an invitation to explore the scenic beauty and cultural gems of Tennessee, making it perfect for those planning their next in-state adventure or new residents and visitors wanting to know more about the area.

#5 ACTIVE AND ENGAGING ENTERTAINMENT

Not just about leisure, the event also encourages activity and engagement with demonstrations from local dance studios, gyms, and music schools. This interactive element adds an energetic vibe to the day, offering everyone a chance to get involved, whether through dance, fitness, or playing games with exciting prizes.

Experience Spring Hill, The Event, isn't just an ordinary event; it's a gathering that celebrates the essence of community and local pride. Although food vendors and a few retail vendors will have items for sale, there are no fees to attend and partake in the festivities. This event is a perfect opportunity to enjoy a day out with family and friends.

So, don't miss out on this incredible opportunity to engage with your community, discover new interests, and enjoy a day filled with fun and excitement. Whether you're looking to shop, eat, play, or just enjoy a day out, this event promises to deliver a spectacular experience. You can secure your free tickets at the event website, www.experiencespringhill.com/experience-spring-hill-event.

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ESSENTIAL SUN PROTECTION TIPS FOR SUMMER

As summer arrives, it's crucial to prioritize sun protection and shield your skin from harmful UV rays. In this concise guide, we'll explore key strategies to keep your skin safe and healthy during the sunny season.



Apply Broad-Spectrum Sunscreen:

Choose a broad-spectrum sunscreen with a Sun Protection Factor (SPF) of 30 or higher. Broad-spectrum sunscreens protect against both UVA and UVB rays. Apply sunscreen generously to all exposed areas, including the face, neck, arms, and legs. Reapply every two hours or after swimming or excessive sweating.

Seek Shade:

When the sun is at its peak, usually between 10 a.m. and 4 p.m., seek shade whenever possible. Shade provides a natural barrier from direct sunlight and reduces the intensity of UV exposure.

Wear Protective Clothing:

Covering up is an effective way to shield your skin from the sun. Opt for lightweight, loose-fitting clothing made from tightly woven fabrics. Wear long-sleeved shirts, wide-brimmed hats, and sunglasses with UV protection to safeguard your face, eyes, and neck.

Be Mindful of Sun Reflection:

Water, sand, and snow can reflect sunlight and increase UV exposure. Take extra precautions in such environments by applying sunscreen more frequently, wearing protective clothing, and using sunglasses to shield your eyes.

Stay Hydrated:

Proper hydration is essential for maintaining healthy skin. Drink plenty of water throughout the day, especially when spending time outdoors. Hydrated skin is more resilient and less prone to sun damage.

Use Additional Sun Protection Measures:

In addition to sunscreen, consider using other sun protection measures such as umbrellas, sun hats, and sun-protective clothing. These provide extra layers of defense against harmful UV rays.

Check Medications:

Certain medications, including antibiotics, diuretics, and acne treatments, can increase your skin's sensitivity to the sun. Check with your healthcare provider or pharmacist to determine if any medications you are taking require additional sun protection.

Be Mindful of Children:

Children's skin is delicate and more susceptible to sunburns. Ensure they are adequately protected by applying sunscreen, using appropriate sun-protective clothing, and encouraging them to seek shade when needed.

Prioritizing sun protection is essential during the summer. By following these key tips, you can enjoy outdoor activities while safeguarding your skin from harmful UV rays. Remember, consistent sun protection habits contribute to long-term skin health.

Stay safe and enjoy the sunny season responsibly!

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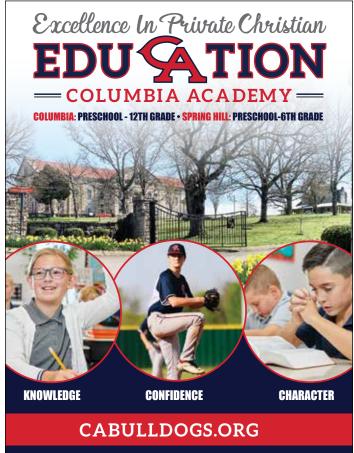
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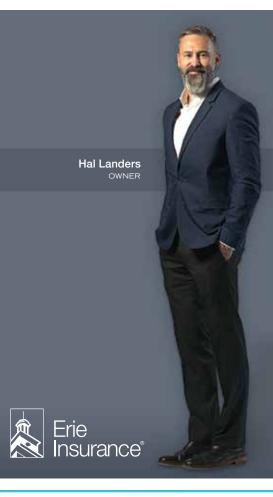


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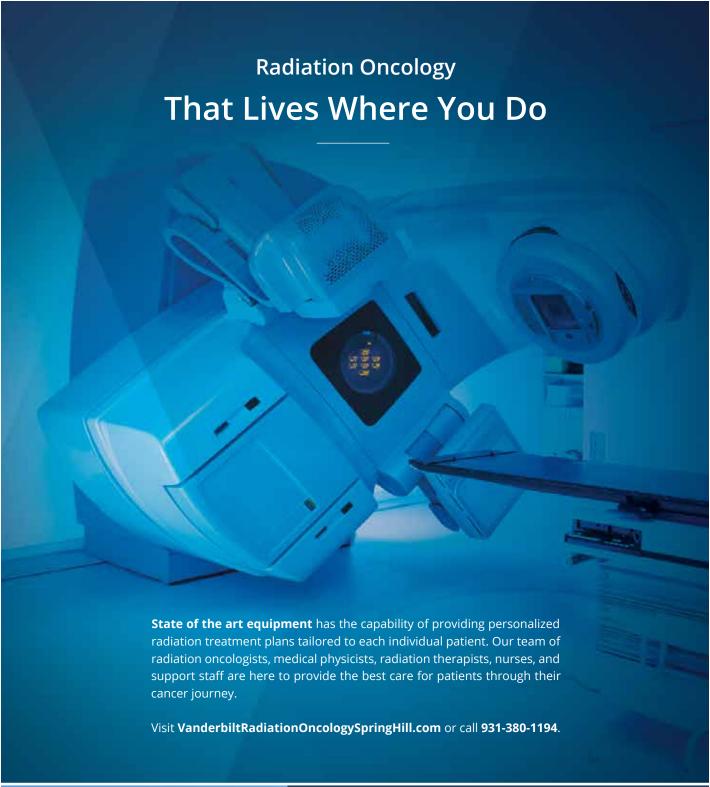
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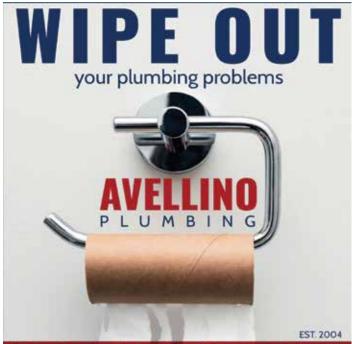
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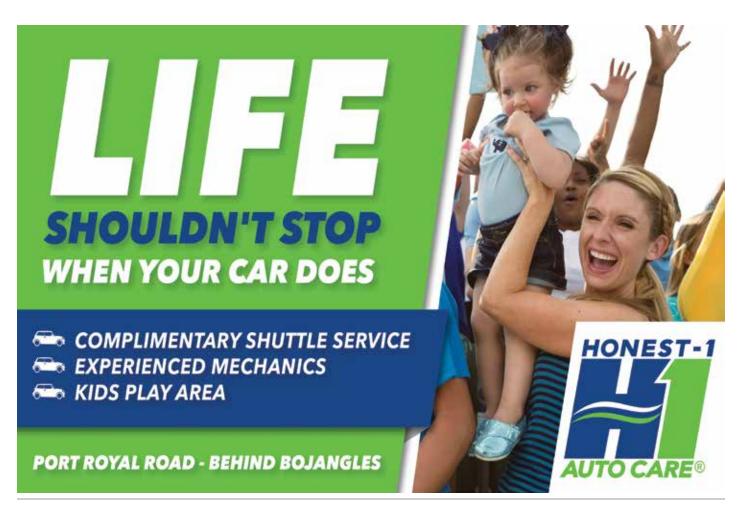
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FOUNDED IN FAITH

PAM WINDSOR

It's been in operation for more than six decades but may be more well-known in some parts of the country than others. Andrew Gutierrez, who moved to Spring Hill about a year ago, is trying to change that. From his position as Corporate Loan Underwriter, he's helping introduce America's Christian Credit Union to people, businesses, and churches throughout the South.

"We're a Christian credit union," he explains, "so we serve churches, ministries, private Christian schools, and individuals. And what better place to serve than the Bible belt buckle?"

The ACCU originated in California in 1958 after a local pastor struggled to get a loan from a traditional bank.

"We were started by five pastors because one of them went to the bank to get a loan for land to build a church and was denied. So, the pastors decided to put their money together and help each other." They were soon able to help other pastors and churches, as well. Today, the idea is the same. Members become part of a cooperative, and the money they deposit is used to help fund loans for churches, Christian schools, and Christian individuals.

"For a lot of people, financial stewardship is a big thing," Gutierrez says, "and Christians can benefit in knowing their funds are going for a higher purpose."

He says they make millions in loans annually, and he pointed to 2022 as an example.

"We invested \$72 million in Christian-owned businesses in 2022 and over 59 million in church financing that same year."

ACCU currently has no individual bricks and mortar locations, but it does have partnerships with other credit unions that allow members of ACCU to come in and access their services.

"We have a robust online system, and you can do a lot of your transactions on our website. And for those who want to go in and

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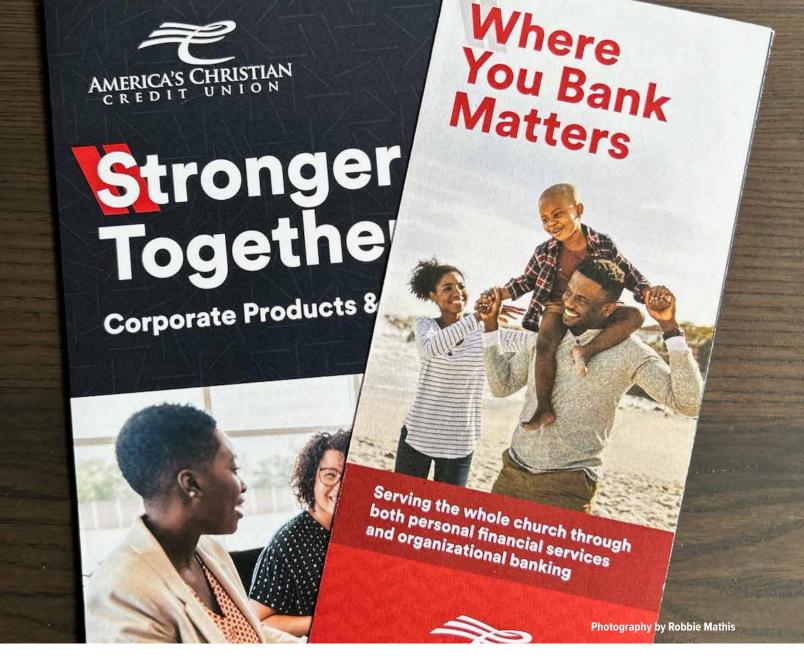


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< FROM PAGE 28

be serviced in a branch, we have that option, too, with the partners we have through our branch network."

You can find those local branches on their website at https://americaschristiancu.com/

ACCU offers a variety of loans for individuals, including one not readily available at most banks.

"We're one of the few financial institutions that offer adoption loans," Gutierrez says. "We encounter many people who want to adopt, and yet the financial hurdle is too much for them. So, we've developed a plan where we can give them a small loan to help them achieve that goal."

He says during a recent promotional event in Spring Hill, he was honored to meet someone who had benefited from one of those loans.

"Someone came up to our booth who was a member of ours and said, 'Hey, I've never met anyone from America's Christian Credit Union, but I wanted to thank you because you gave us an adoption loan, and we're just so happy. We just wanted to personally thank someone."

He points out that one of the benefits of joining ACCU is the additional insurance on individual members' deposited funds.

"The average rate would be \$250,000 through the FDIC, but as a thank you to our members, we personally pay in to offer an additional \$200,000. So, your deposits are insured up to \$450,000 per depositor."

There is additional coverage for organizational members, as well, although it's a little bit less.

"For our corporate side, like churches and ministries, we can do an additional \$100,000. So, it comes up to \$350,000 versus the \$250,000 standard."

Gutierrez says anyone interested in learning more about American's Christian Credit Union can visit the website or call him at (626) 208-5461.

If they are already members of a credit union, the branch they're currently using may be one that partners with ACCU. If so, they can use that same branch to access their ACCU account.

30 Spring Hill *local* June 2024



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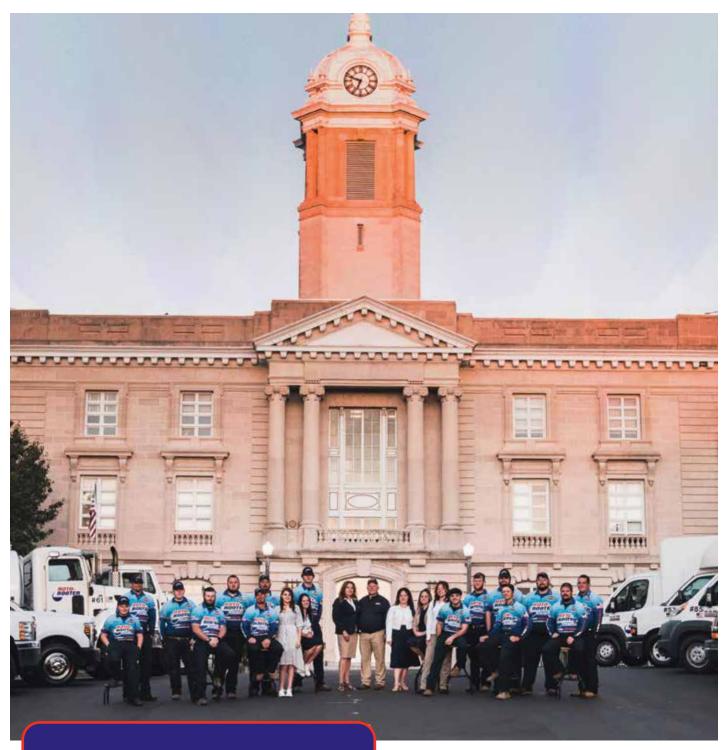
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COMMUNITY SNAPSHOTS



MASSAGE ENVY SPRING HILL CELEBRATES GRAND OPENING

The Spring Hill Chamber celebrated the grand opening of Massage Envy of Spring Hill at 4884 Port Royal Road, Suite 140. (Correction: The wrong photo was accidentally used inside our May issue)



THE JOINT CHIROPRACTIC OF SPRING HILL CELEBRATES GRAND OPENING

The Spring Hill Chamber celebrated the grand opening of The Joint Chiropractic in Spring Hill at 4884 Port Royal Rd Suite #1.



FASTPACE HEALTH URGENT CARE CELEBRATES NEW LOCATION

The Spring Hill Chamber celebrated the grand opening of Fastpace Health Urgent Care's new location in Spring Hill at 3818 N. Old Port Royal Road on April 2.



KIDDIE ACADEMY OF SPRING HILL CELEBRATES GRAND OPENING

After hosting their groundbreaking last year, the Spring Hill Chamber returned to celebrate the grand opening of Kiddie Academy of Spring Hill at 139 Kedron Parkway on April 11.



LISTERHILL CREDIT UNION CELEBRATES GRAND OPENING

The Spring Hill Chamber and Maury Alliance celebrated the grand opening of Lister-hill Credit Union in Spring Hill at 3348 Kedron Road on April 16.



COLUMBIA PAINT & WALLCOVER CELEBRATES NEW LOCATION

The Spring Hill Chamber celebrated the grand opening of Columbia Paint & Wallcover in Spring Hill at 2001 Campbell Station Parkway, Suite B-5 on April 24.



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KIDS CALENDER



STORYTELLER KELLE JOLLY

June 6, 10:00am & 11:15am | Spring Hill Public Library

Kelle Jolly brings folklore from various cultures worldwide, demonstrating how music has the power to transport us on unimaginable adventures! Kelle is an "Affrilachian-Georgia-lina-Peach," embracing a rich blend of cultural influences. Through the art of storytelling and her mastery of the ukulele, she joyfully expresses her folk traditions.



VENTRILOQUIST GENE CORDOVA

June 15, 10am & 11am | Spring Hill Public Library

Join Gene and his band of Merry-Makers as they open up your imagination and head out on an exciting Adventure! Prepare to meet Tater the Gator, he's always hungry .. er, I mean, looking for a new friend! It will be more fun than a barrel of monkeys... you might even see a monkey in a barrel. You just never know.





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