

March

2024

THE COAST CLUB



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				29	1	2
3	4	5	6	7	8 Extra Friday Training	9
10	11	12	13	14	15 Extra Friday Training	16
17	18	19	20	21	22 Extra Friday Training	23
24	25	26	27	28	29 Extra Friday Training	30
31						

RED = NO TRAINING
BLUE = TRAINING DAY

GOLD = CONTEST DAY
PURPLE = TRAINING CAMP OR ANYTHING ELSE

