

Aloe Vera:

Scent: Aloe vera essential oil has a fresh, bright, bitter green scent reminiscent of the aloe plant. It is herbaceous and slightly medicinal, with subtle nuances of cucumber and honey. The crisp aroma is healing and restorative.

Skin Benefits: Hydrates and nourishes skin. Soothes burns, wounds, scrapes, and irritation. Has antiseptic properties to prevent infection. Calms inflammation and redness associated with acne, eczema, and rashes. Stimulates new cell growth and collagen production.

Aromatherapy Uses: Uplifting scent that energizes and rejuvenates the mind and body. Alleviates fatigue and mental exhaustion. Improves mood and eases stress.

Amla Extract:

Scent: Amla oil has a light, sweet woody aroma with hints of citrus and spice. It smells fresh and herbaceous, similar to the Phyllanthus emblica berry. The scent is vaguely reminiscent of almond.

Skin Benefits: Contains antioxidant vitamins C and E to brighten skin and fight aging. Promotes collagen production and evens out skin tone. Hydrates without greasiness.

Aromatherapy Uses: Has a rejuvenating effect on the mind and body. The crisp, fruity aroma uplifts mood and enhances concentration. Alleviates fatigue.

Arnica:

Scent: Arnica essential oil has a lightly sweet, herbal aroma that is slightly medicinal. It has subtle earthy undertones with notes of pine and honey. The scent is comforting.

Skin Benefits: Powerful anti-inflammatory properties reduce swelling, bruises, aches, and pains when applied topically. Stimulates circulation under the skin's surface.

Aromatherapy Uses: Arnica oil provides emotional comfort and soothing when inhaled. It enhances relaxation while relieving feelings of grief, sadness, worry, and anxiety.

Promotes inner harmony.

Ashwagandha:

Scent: Ashwagandha essential oil has an earthy, musky aroma with subtle spice and smoke nuances. It emits woody notes reminiscent of cedarwood and dried hay. The hearty fragrance is calming and grounding.

Skin Benefits: The oil has anti-inflammatory and antimicrobial properties that help treat acne, eczema, and psoriasis. Helps balance oily skin and reduce fine lines and wrinkles.

Aromatherapy Uses: Ashwagandha oil calms the nervous system to relieve anxiety, irritability, and insomnia. The heavy aroma dispels stress and negativity. Promotes deep relaxation.

Basil:

Scent: Basil essential oil has a sweet, spicy aroma profile. It smells fresh and herbaceous with hints of anise and mint. There is a potent yet balancing licorice-like undertone. The peppery, clove-nuance adds warmth.

Skin Benefits: Purifying for oily, acne-prone skin; balances sebum production. Has antimicrobial properties that combat bacteria leading to breakouts. Anti-inflammatory action calms redness and swelling. Stimulates circulation in skin tissues.

Aromatherapy Uses: Basil's fresh, minty scent helps restore focus and alertness, especially after mental exhaustion. It relieves headaches and fatigue. The herbaceous aroma boosts productivity and motivation. Stimulating effect.

Bay Leaf:

Scent: Bay leaf essential oil has a subtly spicy, balsamic aroma profile. It is sweet yet herbaceous with hints of clove, mint, and black pepper. The scent is reminiscent of chai tea and features a delicate floral note.

Skin Benefits: Has antiseptic, anti-fungal and antibacterial properties to help cleanse and purify skin prone to infections and acne. Anti-inflammatory action reduces redness and swelling from bug bites, rashes, and skin irritations. Astringent effects help tighten pores.

Aromatherapy Uses: The clarifying, crisp scent helps dispel mental fog and fatigue. It is mentally uplifting, improving focus and alertness. May enhance intuition. Provides a sense of strength and courage.

Bergamot:

Scent: Bergamot essential oil has a wonderfully citrusy scent that is tart yet sweet and refreshing. It's a little spicier than lemon with more complex floral undertones. The aroma is bright and uplifting.

Skin Benefits: Anti-inflammatory action soothes irritated, inflamed skin. Antiseptic properties help heal acne and skin infections. Balances oily, acne-prone complexions. Evens out skin tone and reduces scars. Deeply cleansing and rejuvenating.

Aromatherapy Uses: Has a calming, stabilizing effect on emotions. Eases anxiety, depression, sadness, and emotional exhaustion. Provides an energizing citrus aroma that lifts spirits. Promotes relaxation.

Black Cohosh:

Scent: Black cohosh essential oil has an earthy, dry woody aroma reminiscent of autumn leaves. There is a subtle spiciness paired with floral depth and a hint of smokiness. The musky nuances evoke a sense of mystique.

Skin Benefits: Powerful anti-inflammatory properties calm redness, irritation and skin flare ups. Relieves symptoms associated with eczema, psoriasis and rosacea. Has a calming, relaxing effect on skin. Reduces appearance of age spots.

Aromatherapy Uses: Inhaling black cohosh oil is mentally centering with its rich, cocooning fragrance. It promotes emotional balance, tranquility and patience. Dispels anxious, frustrated thoughts and replaces them with stable calmness.

Black Pepper:

Scent: Black pepper essential oil has an intensely spicy, warm aroma reminiscent of ground black peppercorns. The scent is slightly dry with subtle hints of fruit and florals. It has a woody undertone that provides depth and slight smokiness.

Skin Benefits: Stimulates blood circulation to nourish skin cells. Provides a warming sensation when applied topically. Antioxidants protect against damage from pollution and sun exposure. Has exfoliating properties to reveal smooth radiant skin.

Aromatherapy Uses: The stimulating aroma boosts energy levels and mental alertness. It leaves the body and mind feeling revitalized when exhausted or depleted. Fights apathy and brain fog. Enhancing productivity and motivation.

Blackberry Seed:

Scent: Blackberry seed oil has a sweet, fruity scent reminiscent of ripe blackberries and berry jam. There are nuances of honey, almond, and rose. The aroma is well-rounded with subtle floral and grassy undertones.

Skin Benefits: High in omegas, antioxidants and vitamins that deeply nourish skin cells, increase elasticity, and protect from environmental damage. Hydrating and anti-aging effects. Tones and tightens skin.

Aromatherapy Uses: Uplifting aroma that enhances mood and energy levels. Evokes feelings of joy and creativity. Helps combat pessimism and anxiety. Promotes overall sense of wellbeing.

Blackcurrant Seed:

Scent: Blackcurrant seed oil has a tart, fruity, berry aroma. It is subtly woody and reminiscent of blackcurrant jam. There are delicate top notes of violet, apple, and hawthorn.

Skin Benefits: Rich in antioxidants, vitamins, and omegas that deeply nourish skin to retain elasticity and prevent premature aging. Tones, firms and hydrates.

Aromatherapy Uses: Blackcurrant seed oil has an uplifting aroma that enhances mood and energy levels. It stimulates creativity and feelings of joy. Has a nostalgic essence.

Blue Lotus:

Scent: Blue lotus essential oil has a light, aquatic floral aroma. The scent is sweet and delicate, with subtle fruity and green nuances. It has a soothing watery essence reminiscent of lotus ponds. The aroma is ethereal yet grounding.

Skin Benefits: Provides a calming, anti-inflammatory effect on skin irritated by eczema, psoriasis, bug bites and acne. Moisturizes dry skin to restore suppleness. Helps heal burns, wounds, cuts and abrasions.

Aromatherapy Uses: Has a euphoric scent that is relaxing and uplifting to the emotions. Eases stress, frustration, anger and anxious thoughts. Promotes inner peace, tranquility and spiritual awareness.

Blue Tansy:

Scent: The aroma of blue tansy essential oil is sweetly herbaceous, with subtle nuances of fruit and honey. It is soothing and calming, with traces of floral, green apples, and parsley. The scent is delicate and haunting.

Skin Benefits: Potent anti-inflammatory compounds provide relief for allergic rashes, eczema, rosacea and irritated skin conditions. The aroma calms redness and swelling. Helps heal burns, scars, sun damage and acne outbreaks.

Aromatherapy Uses: Blue tansy oil has a relaxing effect on the nervous system with its cool, tranquil aroma. It relieves stress, anxiety, frustration, anger and emotional outbursts. Promotes patience and inner peace.

Borage Seed:

Scent: Borage essential oil has a light green, cucumber-like aroma. The scent is subtly herbaceous and vegetative, with faint floral undertones. It has mild fatty nuances characteristic of a seed oil. The aroma is soothing and harmonizing.

Skin Benefits: Anti-inflammatory GLA content provides relief for sensitive, irritated skin. Increases hydration and suppleness in dry, damaged skin. Calms symptoms of dermatitis, eczema, and rosacea. Protects skin's moisture barrier.

Aromatherapy Uses: The gentle cucumber scent has a stabilizing, centering effect on emotions. Relieves nervous tension, anxiety, stress and overthinking. Promotes inner calm, patience and level-headedness.

Cade:

Scent: Cade essential oil has a potent, tar-like aroma with intense woody, smoky notes. It has undertones of leather, tobacco, and roasted nuts. The bold scent is reminiscent of campfires. Very dry, earthy aroma.

Skin Benefits: Has antifungal, antibacterial properties that help clear skin prone to breakouts and fungal infections. Astringent properties help minimize pores and oily skin. Provides deep cleansing of impurities.

Aromatherapy Uses: The crisp, cade aroma is mentally clarifying and purifying. Clears brain fog and exhaustion. Helps eliminate negative thought patterns. Provides a sense of renewed energy and focus.

Calendula:

Scent: Calendula essential oil has a warm, vibrant floral scent reminiscent of marigolds, sunflowers and chrysanthemums. It is herbaceous with fruity, spicy nuances characteristic of saffron and hibiscus. Very cheerful and bright aroma.

Skin Benefits: Calms inflamed skin and helps heal burns, scrapes, acne lesions. Protects against free radical damage and lubricates dry skin. Stimulates circulation and new cell growth to prevent scarring. Antifungal and antimicrobial.

Aromatherapy Uses: Calendula has a soothing yet uplifting aroma that is emotionally invigorating. It helps ease sadness or grief and replaces it with hope and inner strength. Promotes creativity and joyfulness.

Camphor:

Scent: Camphor essential oil has a penetrating, pungent medicinal fragrance. It is extremely herbaceous, minty and cooling, with subtle hints of pine and eucalyptus. The camphor aroma is clean, piercing and menthol-like.

Skin Benefits: Has anti-inflammatory, antifungal, antibacterial properties that make it beneficial for treating acne, itchy rashes, fungal infections and infectious wounds.

Alleviates pain and swelling. Cooling effect is soothing.

Aromatherapy Uses: Camphor oil is mentally stimulating and energizing with its brisk medicinal aroma. It helps boost alertness and concentration. Clarifies thoughts and dispels emotional turbulence or negativity.

Cananga:

Scent: Cananga essential oil has a rich, floral tropical aroma. It is intensely exotic, reminiscent of ripe ylang-ylang and gardenia flowers. There are hints of jasmine, fruit and honey. Very sensual and intoxicating.

Skin Benefits: Provides deep hydration to nourish, smooth and tone the skin. Powerful antioxidant properties protect against aging environmental stressors like UV rays.

Improves elasticity and suppleness for younger-looking skin.

Aromatherapy Uses: The euphoric floral bouquet promotes relaxation and enhances libido. It is sensual, alluring and romantic - perfect for intimacy. Uplifts mood and busts stress or anxiety. Confidence boosting.

Carrot Seed:

Scent: Carrot seed essential oil has a dry, earthy herbal aroma. It is subtly floral with traces of tobacco, wood and ginger. The base notes are reminiscent of a forest. Warm, dry and mildly sweet.

Skin Benefits: Has toning, anti-aging effects that firm and tighten skin for a more youthful appearance. Antioxidants like carotol rejuvenate dull, depleted skin. Balances moisture and improves elasticity to smooth wrinkles.

Aromatherapy Uses: Carrot seed oil provides a sense of tranquility and spiritual grounding. It enhances wisdom, introspection and connection to nature. Alleviates anxiety, self-doubt and emotional exhaustion. Overall harmonizing.

Cajeput:

Scent: Cajeput essential oil has a camphorous, penetrating medicinal aroma. It has undertones of fruit, mint, and pine. The scent is reminiscent of menthol and eucalyptus yet greener. Very cooling and clearing.

Skin Benefits: Has antiseptic, antibacterial properties to clear acne breakouts and skin infections. Helps control excess oil production. Soothes muscle aches. Reduces appearance of wrinkles and scars.

Aromatherapy Uses: Cajeput oil has a revitalizing, clarifying effect. The scent helps boost mental alertness and cognitive function. Alleviates fatigue. Improves mood and provides a sense of renewal.

Cedarwood:

Scent: Cedarwood essential oil has a warm, sweet, woody aroma. It emits a balsamic, peppery fragrance reminiscent of a forest. Subtle hints of honey and fruit provide balance.

Skin Benefits: Helps treat acne-prone skin with its clarifying properties. Anti-inflammatory action reduces redness and swelling. Has a grounding, soothing effect on the mind and body.

Aromatherapy Uses: Cedarwood oil promotes spiritual awareness and wisdom. It has a calming, meditative aroma that relieves nervousness, anger, and stress. Encourages positive thinking.

Chamomile:

Scent: Roman chamomile essential oil has a sweet, herbaceous floral scent. It is often described as warm and fruity, with apple, hay and honey notes. The aroma is gently herbaceous with subtle spice nuances. Deeply soothing.

Skin Benefits: Strong anti-inflammatory properties calm irritated skin prone to acne, burns, rashes and eczema. Antiseptic action combats skin infections. Heals dry, cracked skin and minimizes appearance of scars.

Aromatherapy Uses: Has a profoundly calming, relaxing scent that alleviates stress and anxiety. Induces tranquility, patience and inner calm. Enhances restful sleep and emotional balance. Very soothing and comforting.

Chasteberry:

Scent: Chasteberry essential oil has a mildly spicy, sweet berry aroma. It is musky and earthy, with subtle notes of fruit, vanilla and butterscotch. The rich scent profile is balanced by a dry, almost peppery finish.

Skin Benefits: Helps balance sebum production and clear hormonal acne in oily skin.

Antimicrobial effects prevent recurring breakouts. The aroma has a soothing, normalizing influence on skin. Reduces irritation.

Aromatherapy Uses: Inhaling chasteberry oil stabilizes emotions and enhances mood. It has a comforting fragrance that allows inner wisdom and intuition to emerge. Alleviates feelings of anger, tension or impatience.

Cinnamon Bark:

Scent: Cinnamon bark oil has a comforting, spicy-sweet aroma that is quite woody and musky. It smells like the familiar spice with notes of clove, nutmeg, allspice berries and balsamic resin. Warm and enveloping.

Skin Benefits: Improves microcirculation in the skin to nourish, rejuvenate and plump up the complexion. Has antiseptic and cleansing properties that help clear acne issues by killing bacteria on the skin's surface. Provides a stimulating warming effect when applied topically.

Aromatherapy Uses: Cinnamon oil has a vitalizing, confidence boosting aroma that improves mood and energy levels. It sharpens focus and enhances libido. The stimulating scent increases alertness and sexual desire. Promotes optimism.

Citronella:

Scent: Citronella essential oil has a fresh lemony aroma with grassy, green nuances. The scent is richly herbaceous, reminiscent of crushed stems. There is subtle earthiness with faint peppermint undertones.

Skin Benefits: Has natural astringent properties that help minimize pores and provide deep cleansing of oily, acne-prone skin. Has deodorizing effects. Tones and firms skin for a more youthful look.

Aromatherapy Uses: Citronella oil is uplifting and refreshing. It boosts energy levels and mental clarity. The clean lemon scent enhances focus and productivity. Also commonly used as an insect repellent.

Clary Sage:

Scent: Clary sage essential oil has a warm, rich herbaceous aroma that is subtly earthy. It has notes of hazelnut, hay and tobacco leaves layered with delicate floral hints. The scent is mildly sweet and balsamic.

Skin Benefits: Regulates oil production to prevent greasy, acne-prone skin. Powerful anti-inflammatory action calms rashes and skin reactions. Has astringent effects that tighten and tone the appearance of skin.

Aromatherapy Uses: Clary sage oil provides euphoric, mood-enhancing properties. It reduces stress, anxiety and emotional burnout. The aroma promotes mental clarity and emotional stability. Very soothing.

Clove:

Scent: Clove essential oil has a warm, rich, spicy aroma. It smells like the familiar dried spice with nuances of black pepper, nutmeg, cinnamon and smoky incense. Sweet yet peppery and sharp.

Skin Benefits: Has antimicrobial, antiseptic properties that help prevent acne and treat minor wounds. The aroma enhances circulation. Oil prevents premature skin aging when applied topically. Stimulating fragrance.

Aromatherapy Uses: Clove oil has a warming, energizing scent that boosts energy levels and mental drive. It sharpens concentration and provides a mood enhancing effect.

Alleviates fatigue and improves performance.

Coffee:

Scent: Coffee essential oil has an invigorating, dark roasted aroma reminiscent of freshly brewed black coffee. It is rich and earthy with notes of chocolate, caramel, vanilla and nuts. Slightly bitter yet smooth.

Skin Benefits: Exfoliates dead skin cells and promotes new cell regeneration. Has antioxidant properties that protect skin from sun damage. Tightens and firms loose sagging skin for a more youthful look.

Aromatherapy Uses: The nostalgic coffee scent enhances mental alertness, drive and energy levels. It improves mood and focus, while alleviating headaches or nausea.

Provides comfort and warmth.

Copaiba:

Scent: Copaiba essential oil has a rich, earthy aroma profile with subtle notes of honey and fruit. It has resinous balsamic undertones reminiscent of Mediterranean pine and cedarwood. The warm scent is soothing and grounding.

Skin Benefits: Has natural anti-inflammatory properties that help soothe irritated, inflamed skin associated with eczema or acne. Promotes healing of wounds and ulcers. Protects against environmental damage leading to aging.

Aromatherapy Uses: Copaiba oil has a calming, centering aroma that relieves anxious thoughts and emotional stress. It enhances inner peace and self-acceptance when used in aromatherapy. Promotes deep reflection and meditation.

Comfrey Extract:

Scent: Comfrey extract has an earthy, grassy aroma with subtle nutty and spicy nuances. The scent is reminiscent of fresh cut greens and beans. It has a mildly sweet hay-like fragrance.

Skin Benefits: Soothes skin irritations and inflammation. Helps heal wounds, burns, and abrasions. Moisturizes dryness and improves texture.

Aromatherapy Uses: The grounding, green aroma establishes deep tranquility. It enhances introspection, relaxation and inner wisdom. Dispels stress and tension.

Cucumber Seed:

Scent: Cucumber seed essential oil has a clean, fresh aroma that is sweet and green. It's reminiscent of fresh sliced cucumbers with nuances of melon, lemon, and herbs. Crisp and reminiscent of spring.

Skin Benefits: Rich in fatty acids that provide deep hydration to nourish and smooth skin. Helps regulate sebum production leading to more balanced skin. Tightens pores and provides a cooling effect.

Aromatherapy Uses: Cucumber seed oil has an uplifting scent that relieves tension. It provides a sense of optimism and clarity, especially when feeling overwhelmed or anxious. Refreshing effect.

Custard Apple:

Scent: Custard apple essential oil has a sweet, creamy tropical aroma reminiscent of pineapple, mango and coconut cream. The scent is lush and fruity, with subtle notes of vanilla, honey and berries. Rich and dessert-like.

Skin Benefits: Provides deep moisturization to hydrate and nourish skin. Helps soothe dry, irritated skin prone to inflammation. Anti-aging antioxidant compounds prevent premature wrinkles and age spots. Luxurious tropical scent is soothing.

Aromatherapy Uses: Custard apple oil creates an uplifting, energetic environment with its fruity aroma. It is thought to enhance libido and intimacy between couples. The sweet fragrance alleviates stress and anxiety, replacing it with optimism. Improves mood.

Elemi:

Scent: Elemi essential oil has an earthy, green, balsamic aroma profile. It has a light spicy medicinal quality with subtle hints of citrus and pine. The scent is fresh yet soothing, opening up the sinus passages.

Skin Benefits: Helps heal skin tissue damage and rejuvenate mature, aging skin. It speeds up the regeneration of cells and formation of collagen. Elemi oil firms, tightens and tones sagging skin.

Aromatherapy Uses: Elemi oil provides a clarifying, renewing effect on the mind and body. It is mentally stimulating, while also easing nervous exhaustion and stress. Promotes alertness and positivity.

Eucalyptus:

Scent: Eucalyptus essential oil has a strong, invigorating camphorous aroma with subtle undertones of fruit and flowers. The minty, medicinal scent contains hints of pine and earth. Very cooling, refreshing and airy.

Skin Benefits: Has antibacterial, antimicrobial properties that help clear skin prone to acne, oily buildup and irritation. Provides a cooling, soothing effect for rashes or inflammation. Opens up congested pores.

Aromatherapy Uses: Eucalyptus oil improves respiratory conditions and opens up airways allowing for deeper breathing. The minty aroma enhances concentration and alertness. Very clarifying and rejuvenating.

Fennel:

Scent: Fennel essential oil has a potent licorice-like aroma that is slightly earthy and herbaceous. There are subtle notes of anise, mint and grass. The scent is reminiscent of black jellybeans. Faintly peppery.

Skin Benefits: Has potent detoxifying abilities to remove impurities from skin and tighten pores. Antibacterial properties help balance excess oil production leading to clearer skin. Anti-aging effects.

Aromatherapy Uses: Fennel oil has a cleansing, supporting effect on the lungs and respiratory system. The aroma improves focus and motivation. Also commonly used to aid digestion.

Frangipani:

Scent: Frangipani essential oil has an intoxicatingly sweet, rich floral scent. It emits a perfume reminiscent of tuberose and jasmine, with undertones of peach and citrus. The aroma is narcotic and romantic.

Skin Benefits: Hydrates dry skin and improves moisture retention. Rich in antioxidants that prevent environmental aging. Soothes sensitive inflamed skin.

Aromatherapy Uses: Frangipani oil enhances sensuality and intimacy. Its euphoric aroma replaces feelings of stress and anxiety with joy and optimism. Uplifts mood and wellbeing.

Frankincense:

Scent: Frankincense essential oil has a woody, spicy balsamic aroma. It has subtle citrus top notes reminiscent of lemon rind along with hints of smoke and resin. The comforting scent is clean yet complex and inviting.

Skin Benefits: Has rejuvenating antioxidants that help fight signs of aging and sun damage. Frankincense smooths the appearance of wrinkles and firms sagging skin. It helps heal dry, cracked skin and skin rashes.

Aromatherapy uses: Frankincense has an uplifting scent that is mentally centering. It helps relieve anxious feelings, nervous tension and emotional exhaustion. The aroma enhances spirituality, reflection and meditation.

Geranium:

Scent: Geranium essential oil has a sweet, floral rose-like aroma with subtle fruity notes. It smells like fresh geranium flowers with hints of lemon, mint, peach and parsley. The scent is balanced and uplifting.

Skin Benefits: Helps balance sebum production which makes it excellent for oily, congested and acne-prone skin. The aroma has an astringent effect that tightens pores. Anti-inflammatory action calms eczema.

Aromatherapy Uses: Geranium oil lifts the spirits and promotes emotional stability. The floral aroma helps relieve anxiety, anger, depression and hormonal imbalances. Very soothing and harmonizing.

Ginger:

Scent: Ginger essential oil has a fiery, warm, spicy aroma. The scent is quite earthy and peppery, reminiscent of ground ginger root powder. It has subtle notes of lemon and lemongrass. Very energizing and stimulating.

Skin Benefits: Improves circulation which nourishes skin cells and provides a natural warmth and glow. Contains antioxidants that protect from UV radiation damage. Anti-inflammatory properties calm irritations.

Aromatherapy Uses: When inhaled, ginger oil boosts energy levels, sharpens focus and enhances confidence. It reduces drowsiness, lethargy, and feelings of depression or "stuckness". Uplifting effect.

Ginseng:

Scent: Ginseng essential oil has an earthy, bittersweet aroma that is slightly warming. It has subtle woody and spicy nuances reminiscent of cloves and cinnamon. The musky vanilla undertone is sensual.

Skin Benefits: Stimulates new cell growth and improves collagen production to increase skin's firmness and elasticity. Has toning, anti-aging effects. Improves skin texture.

Aromatherapy Uses: Ginseng oil has an exotic, invigorating scent that is mentally stimulating. It boosts energy levels and enhances mood. The aroma inspires motivation and productivity. It is also an aphrodisiac.

Green Apple Seed:

Scent: Green apple essential oil has a vibrant, fruity aroma that smells just like fresh cut green apples. It is sweet yet tart, reminiscent of green apple Jolly Ranchers. Crisp and refreshing.

Skin Benefits: Rich antioxidant content combats premature aging caused by free radical damage from UV exposure and pollution. Stimulates collagen production for firm tight skin. Provides vitamin A to even out skin tone.

Aromatherapy Uses: Green apple scent enhances mood and induces nostalgia. It uplifts emotions and provides a youthful vigor. Very energizing and optimism boosting. Also enhances mental clarity.

Green Tea:

Scent: Green tea essential oil has a fresh, herbaceous aroma that is lightly sweet with honey nuances. It smells much like the earthy green tea leaves, with subtle floral jasmine undertones. Cool and relaxing scent.

Skin Benefits: Powerful antioxidant EGCG protects skin from free radicals that cause aging. Anti-inflammatory action calms irritated, inflamed skin. Maintains elasticity. Deeply cleansing effect.

Aromatherapy Uses: Green tea oil is relaxing and refreshing for both body and mind. It reduces stress levels and induces tranquility. The aroma enhances focus and mental endurance. Provides clean energy boost.

Helichrysum:

Scent: Helichrysum essential oil has a green, herbaceous aroma profile. It smells like a medicinal curry spice with honey-like sweetness. There are undertones of rosemary, sage, and hay. Earthy and comforting.

Skin Benefits: Helps heal wounds, burns, rashes due to anti-inflammatory compounds. Speeds recovery of damaged skin tissue. Protects collagen stores in the skin to reduce aging. Soothing effect.

Aromatherapy Uses: Helichrysum oil reduces anxiety and emotional trauma. It promotes inner peace and supports emotional healing. The curry-like fragrance grounding. Improves spiritual clarity.

Hyssop:

Scent: Hyssop essential oil has an intense, spicy herbal aroma. It is slightly minty with undertones of sage, licorice and camphor. There is subtle sweetness reminiscent of honey. Clean and medicinal smelling.

Skin Benefits: Has anti-inflammatory, antiseptic, and antimicrobial properties to treat acne, skin infections, and conditions like eczema or psoriasis. Helps heal scars.

Aromatherapy Uses: Hyssop oil has a refreshing, clarifying scent that clears mental fog. It helps purification on physical and spiritual levels. Improves alertness and mental clarity. Uplifting effect.

Jasmine:

Scent: Jasmine essential oil has an intensely rich, floral aroma that is slightly exotic. It has nuances of peach, lemon, and rose. The sweet full-bodied fragrance is incredibly sensual, heavy and long-lasting.

Skin Benefits: Deeply moisturizes and nourishes dry, mature skin. Improves elasticity and suppleness. The aroma helps reduce scar tissue and stretch marks. Stimulates new growth.

Aromatherapy Uses: Jasmine oil has an uplifting scent that boosts confidence, passion and romance. It helps induces optimism and creativity. Sensual oil frequently used as an aphrodisiac.

Juniper:

Scent: Juniper essential oil has a clean, refreshing woody aroma. It's crisp and piney, yet herbaceous with underlying citrus and floral notes. The balsamic fragrance is reminiscent of evergreen forests.

Skin Benefits: Has cleansing antiseptic properties to help treat acne. Tones skin and tightens pores. The detoxifying action rejuvenates dull complexions. Helps remove impurities.

Aromatherapy Uses: Juniper oil purifies and promotes emotional and spiritual cleansing. It calms a stressed nervous system while energizing the mind and body. Alleviates anxiety.

Kuikui Extract:

Scent: Kuikui nut oil has a mild, slightly fatty nutty aroma. The scent is subtly floral with earthy undertones reminiscent of coconuts. Less potent than other nut oils.

Skin Benefits: Deeply moisturizes dry, cracked skin. Forms a protective barrier. Calms itchiness and inflammation. Reduces transepidermal water loss.

Aromatherapy Uses: The soothing nutty aroma helps relieve stress and anxiety. Promotes feelings of deep relaxation ideal for rejuvenating mind and body.

Lavender:

Scent: Lavender essential oil has a floral, herbaceous, fresh aroma that is clean and nuanced. It smells sweet, with subtle balsamic woody undertones. The comforting scent is perfectly balanced.

Skin Benefits: Soothes inflammation, burns, cuts, acne, eczema, and psoriasis. Balances oil production. Has antiseptic properties to prevent infection. Heals skin tissues.

Aromatherapy Uses: Lavender oil reduces anxiety, nervous tension, and emotional stress. It induces relaxation and tranquility. The aroma promotes deep restful sleep and boosts mood.

Lemon:

Scent: Lemon essential oil has a refreshingly tart, tangy citrus scent that is bright and uplifting. It smells like freshly squeezed lemon peel with hints of zestiness and slight sweetness. Very crisp and sunny.

Skin Benefits: Astringent properties tighten enlarged pores and absorb excess oil. Has antimicrobial compounds that clear acne. Brightens dull complexions and exfoliates dead skin cells.

Aromatherapy Uses: Lemon oil boosts mood, concentration and energy levels. It alleviates fatigue and irritability. The aroma increases productivity and motivation. Very uplifting.

Lemon Myrtle:

Scent: Lemon myrtle essential oil has an intense lemony aroma. It is citrusy and herbaceous, with earthy camphorous undertones. The scent is sweet yet tart. More lemony than actual lemons.

Skin Benefits: Has anti-microbial properties that cleanse oily acne-prone skin. Tightens pores and firms loose sagging skin. Refreshing aroma is beneficial for all skin types.

Aromatherapy Uses: Lemon myrtle oil is mentally uplifting. The lemony scent clears brain fog and increases focus and alertness. It enhances vitality and energy levels. Very refreshing and mood elevating

Lemongrass:

Scent: Lemongrass essential oil has a zesty, herbaceous lemony aroma. It smells fresh and grassy with earthy undertones reminiscent of green tea. Very bright and stimulating citrus scent.

Skin Benefits: Astringent properties help minimize pores and balance oily complexions. Has antifungal and antibacterial properties. Calms inflammation and irritation.

Aromatherapy Uses: Lemongrass oil boosts energy levels and uplifts mood. The scent enhances mental clarity, alertness and self-esteem. Reduces nervous exhaustion.

Lime:

Scent: Lime essential oil has a bright, fresh citrusy aroma. It is tart and tangy with undertones of zest, peels, and tropical fruit. Very zesty and uplifting.

Skin Benefits: Astringent properties help minimize pores and clear oily skin. Antioxidants like vitamin C brighten dull complexions. Stimulates new cell growth and collagen production.

Aromatherapy Uses: Lime oil is energizing and refreshing. It uplifts mood, sharpens focus, and boosts energy levels. Alleviates fatigue and headaches. Promotes clarity.

Mahonia:

Scent: Mahonia essential oil has a bright, crisp aromatic profile. It contains herbaceous woody notes reminiscent of rich soil, conifer trees and wildflowers. Subtle undertones of tart citrus and resin.

Skin Benefits: Has anti-inflammatory, antimicrobial and antibacterial properties to treat acne, oily skin, psoriasis, eczema and dandruff. Balances sebum production and hydrates skin.

Aromatherapy Uses: Mahonia oil has a grounding forest-like aroma that enhances mindfulness and introspection. The scent establishes serenity and inner peace. Calms mental chatter.

Manuka:

Scent: Manuka essential oil has an earthy, herbaceous aroma. It is slightly medicinal smelling with subtle smoky, pine-like nuances and hints of honey. Some varieties have a rich, maple syrup scent.

Skin Benefits: Has natural antibacterial properties to treat acne, skin infections, wounds, and insect bites. Reduces inflammation and hydrates dry skin. Forms a protective barrier.

Aromatherapy Uses: Manuka oil has a harmonizing scent that enhances inner calm and emotional balance. The aroma is centering and grounding. Supports spiritual awareness and resilience.

Marjoram:

Scent: Marjoram essential oil has a warm, herbaceous aroma. It has subtle woody, spicy notes similar to thyme and black pepper. Sweet yet earthy. Slightly balsamic and comforting.

Skin Benefits: Has antiseptic, antiviral, antifungal properties to treat skin infections. Anti-inflammatory action calms acne redness and irritation. Improves blood flow.

Aromatherapy Uses: Marjoram oil reduces anxiety, relieves stress, and eases insomnia. The comforting aroma alleviates fatigue and emotional trauma. Provides comfort in grief.

May Chang:

Scent: May chang essential oil has a crisp lemony aroma that is simultaneously floral and earthy. It has subtle herbal nuances reminiscent of rosemary. The scent is sweet yet tart. Very uplifting.

Skin Benefits: Astringent properties help tighten pores and reduce oiliness leading to clearer skin. Antibacterial properties help prevent blemishes and acne. Cooling anti-inflammatory action.

Aromatherapy Uses: May chang oil has an invigorating citrusy scent that boosts vitality and uplifts mood. It instills a sense of optimism and self-confidence. Alleviates frustration.

Melissa:

Scent: Melissa essential oil has a sweet, lemony aroma with hints of citrus and subtle herbaceous undertones. It is uplifting with slight floral nuances similar to lemon balm. The scent is fresh and revitalizing.

Skin Benefits: Has anti-inflammatory, antimicrobial and antiseptic properties to treat acne, rashes, eczema and infections. Balances oil production. Deeply moisturizing.

Aromatherapy Uses: Melissa oil relieves feelings of sadness, nervousness, and negativity. It uplifts mood and boosts self-esteem. Enhances spiritual positivity. Alleviates headaches.

Milk Thistle Extract:

Scent: Milk thistle extract has a fresh, delicate floral aroma that is herbaceous and slightly fruity. It smells similar to chamomile with nuances of melon, citrus rind and grass.

Skin Benefits: Potent antioxidant protects from environmental damage causing aging. Deeply hydrates skin. Brightens dull complexions. Improves skin tone and texture.

Aromatherapy Uses: The gentle floral scent establishes optimism and inner peace. It provides comfort, eases emotional unease, and promotes relaxation.

Moringa:

Scent: Moringa seed oil has an earthy, green aroma reminiscent of spinach mixed with tea tree oil. It is herbaceous and slightly fatty with subtle nutty and floral notes.

Skin Benefits: High in antioxidants that protect skin from pollutants leading to aging. Anti-inflammatory action heals acne, dermatitis, and dryness. Deeply moisturizing without greasiness.

Aromatherapy Uses: Moringa oil has a clarifying scent that helps relieve stress and anxiety. The aroma provides mental clarity while also inducing deep calmness and relief from overthinking.

Neem Extract:

Scent: Neem seed oil has a very potent, pungent odor often described as garlic-like. It has a thick, fatty aroma reminiscent of peanut or tea tree oil. Overall aroma is extremely bitter and unpleasant.

Skin Benefits: Contains antibacterial, antifungal compounds to treat acne, psoriasis and skin infections. Reduces inflammation and irritation. Improves skin elasticity.

Aromatherapy Uses: Despite its strong odor, neem oil provides a clarifying and renewing aromatic effect. It enhances concentration and mental wellbeing.

Neroli:

Scent: Neroli essential oil has an exquisite floral aroma that is sweet and intensely delicate. It has creamy citrus undertones reminiscent of ripe oranges. Very aromatic, rich and sensual.

Skin Benefits: Improves skin elasticity, smooths skin texture and reduces appearance of scars. Moisturizes dry irritated skin. Tones and tightens sagging skin.

Aromatherapy Uses: Neroli oil has a sedating, calming effect that relieves chronic anxiety, panic, and heart palpitations. Enhances sensuality. Promotes emotional wellbeing.

Orange:

Scent: Sweet orange essential oil has a fresh, sweet citrusy aroma reminiscent of orange peels. It is juicy, fruity, and slightly tart. Provides a sunny, cheerful scent.

Skin Benefits: Anti-inflammatory properties help heal acne, swollen, irritated skin.

Antioxidants protects from UV damage. Stimulates collagen production to smooth fine lines and wrinkles.

Aromatherapy Uses: Orange oil has an uplifting scent that relieves stress and enhances mood. It provides comfort during emotional turmoil. Alleviates feelings of anger and irritability.

Oregano:

Scent: Oregano essential oil has a warm, spicy herbaceous scent profile. It smells earthy with subtle floral undertones and hints of pepper, hay, and lemon. The aroma is potent and slightly medicinal.

Skin Benefits: Contains antibacterial compounds like carvacrol to combat acne and skin infections. Anti-inflammatory action reduces redness and swelling. Improves skin tone.

Aromatherapy Uses: Oregano oil is mentally stimulating yet calming. The aroma alleviates fatigue, boosts alertness, and improves respiratory health. Provides a sense of safety and security.

Palmarosa:

Scent: Palmarosa essential oil has a floral, citrusy aroma with prominent rose-like notes. It is grassy and refreshing, with uplifting lemon undertones. The scent is hydrating, sweet and elegant.

Skin Benefits: Helps balance moisture levels in skin and control sebum production. The antiseptic properties treat acne and skin infections. Hydrates dry, mature skin.

Aromatherapy Uses: Palmarosa oil calms the nervous system and alleviates anxiety, stress and nervous exhaustion. The aroma uplifts mood and promotes emotional wellbeing. Sweet floral scent.

Patchouli:

Scent: Patchouli essential oil has a rich, earthy aroma that is musky and slightly sweet. It has subtle hints of pepper, mint, and flowers. The base notes are reminiscent of wet soil. Strong herbaceous profile.

Skin Benefits: Antifungal, antiseptic properties help treat acne, eczema, sores. Anti-inflammatory action reduces irritation. Forms a protective barrier on skin.

Aromatherapy Uses: Patchouli oil is mentally grounding. The scent calms anxious thoughts and enhances sensuality. It assists in releasing negative emotions and finding inner peace.

Peach Kernel:

Scent: Peach kernel oil has a sweet, nutty aroma reminiscent of marzipan, apricot and almond extract. It smells like a subtle stone fruit with strong fatty undertones characteristic of a seed oil.

Skin benefits: Rich in nutrients that deeply hydrate and moisturize skin. Vitamin E content provides antioxidant protection against environmental damage leading to aging. Very nourishing.

Aromatherapy uses: Peach kernel oil has an uplifting fruity aroma that induces feelings of joy, youthfulness and nostalgia. The sweet scent enhances mood and creativity. Reduces stress.

Peppermint:

Scent: Peppermint essential oil has a strong, cool minty aroma. It has subtle undertones of pine and herbs. The scent offers a brisk splash of icy refreshment. Very stimulating and awakening.

Skin Benefits: Soothes inflammation, itchiness and skin irritation. Has a cooling effect on overheated skin. Improves circulation under the skin's surface. Helpful for oily, acne-prone complexions.

Aromatherapy Uses: Peppermint oil is mentally stimulating. It improves alertness, memory, and concentration. The scent provides an energy boost and enhances mood. Alleviates headache symptoms. Opens up congestion.

Peony:

Scent: Peony essential oil has a fresh, delicate floral aroma. It is sweet and velvety with hints of rose, violet, honey, and green foliage. The bouquet is reminiscent of a spring garden.

Skin Benefits: Has antioxidant and anti-inflammatory properties that help treat conditions like eczema and dermatitis. Soothes irritation and redness. Tones and nourishes skin.

Aromatherapy Uses: Peony oil has an emotional balancing effect. It relieves anxiety, frustration, and nervous exhaustion. The floral scent enhances feminine energy and sensuality.

Pine Needle:

Scent: Pine needle essential oil has a fresh, forest-like aroma. It has bright, green, woody notes with subtle balsamic undertones. The scent is reminiscent of hiking through evergreen woods. Crisp and invigorating.

Skin Benefits: Has antimicrobial properties that purify skin and treat acne breakouts. Improves circulation which rejuvenates dull complexions. Toning effect helps tighten sagging skin.

Aromatherapy Uses: Pine needle oil enhances mental clarity and focus. It provides an energizing yet grounding effect. The aroma alleviates stress and disappointments, replacing them with optimism.

Rosehip Extract:

Scent: Rosehip oil has a floral musky aroma with subtle fruity and jam-like undertones reminiscent of rose petals. It smells slightly fatty or seedy with great depth.

Skin Benefits: Contains antioxidants like lycopene that deeply nourish skin and protect from aging environmental stressors. Hydrating and skin balancing effects.

Aromatherapy Uses: The floral bouquet creates feelings of tranquility, confidence and emotional openness. It is uplifting, sensual and creativity enhancing.

Rosemary:

Scent: Rosemary essential oil has an herbaceous, pine-like aroma. It is crisp and refreshing, with underlying camphorous and floral nuances. The stimulating scent improves alertness.

Skin Benefits: Antiseptic properties help treat acne and skin infections. Stimulates blood flow to boost scalp and hair health. Has toning effects to minimize the look of pores.

Aromatherapy Uses: Rosemary oil enhances memory retention and mental clarity. It alleviates fatigue, improves focus, and stimulates productivity. Boosts cognition.

Sage:

Scent: Sage essential oil has an herbal, slightly peppery scent profile. It has subtle earthy and camphorous notes. The aroma is fresh yet woody and comforting. Similar to garden sage.

Skin Benefits: Has antifungal, antiseptic properties to treat skin infections and overactive sebum production leading to acne. Anti-inflammatory action reduces swelling.

Aromatherapy Uses: Sage oil calms the mind allowing inner wisdom to shine through. It relieves grief, promotes gratitude, and boosts spiritual awareness. Has a purifying effect.

Sandalwood:

Scent: Sandalwood essential oil has a rich, woody yet sweet aroma. It has subtle hints of roses, milk, spices and fruit. The smell is creamy, exotic and sensual.

Skin Benefits: Hydrates dry skin and relieves itching due to its antimicrobial properties. Soothes inflammation resulting from acne or eczema. Smooths wrinkles.

Aromatherapy Uses: Sandalwood oil is mentally centering. It reduces anxiety, nervousness, and stress. The aroma promotes inner peace and introspection. Deeply relaxing.

Sea Buckthorn:

Scent: Sea buckthorn berry oil has a tart, fruity scent similar to apricot and mango. It is musky and slightly oily, with subtle nutty nuances. The aroma is potent and rich.

Skin Benefits: Nourishes skin with vitamins A, C, E and essential fatty acids. Promotes collagen production, heals wounds, moisturizes dryness, protects from sun damage.

Aromatherapy Uses: Sea buckthorn oil uplifts mood with its fruity aroma. It boosts energy levels and mental clarity. Alleviates symptoms of stress and depression. Restorative scent.

Strawberry Seed:

Scent: Strawberry seed oil has a sweet, fruity aroma akin to fresh strawberries. The rich jam-like scent is intertwined with subtle grassy and herbaceous notes. Reminiscent of strawberry pie.

Skin Benefits: Rich in antioxidants like anthocyanins that protect skin from environmental stressors leading to aging. Anti-inflammatory properties calm eczema and allergy flare ups.

Aromatherapy Uses: The sweet, nostalgic scent of strawberry seed oil boosts mood and enhances sensuality. Very uplifting and stress-relieving. Evokes summer memories

Tamanu Extract:

Scent: Tamanu oil has a rich, earthy aroma that is quite pungent and fatty. It has subtle top notes of blackcurrant, apple cider and nuts. The tenacious scent is reminiscent of rancid butter.

Skin Benefits: Promotes new tissue formation that helps wounds, acne scars, stretch marks and dry skin. Deeply hydrating and antioxidant effects.

Aromatherapy Uses: While the aroma is unpleasant, tamanu oil provides a profoundly calming influence. It reduces anxiety, stress and nervous tension. Promotes restful sleep.

Tea Tree:

Scent: Tea tree essential oil has a piercing, camphorous, woody aroma. It smells medicinal and herbaceous with subtle spice and pine notes. The scent is reminiscent of eucalyptus.

Skin Benefits: Has anti-inflammatory, antimicrobial compounds that fight acne, skin infections and blemishes. Helps heal wounds, cold sores, insect bites and rashes.

Aromatherapy Uses: Tea tree oil acts as a circulatory and immune stimulant. It alleviates chest and nasal congestion. The scent boosts energy levels and mental clarity.

Thyme:

Scent: Thyme essential oil has a pungent, herbaceous aroma that is slightly medicinal. It contains notes of wood, spice and subtle citrus nuances. Provides a potent cleansing effect.

Skin Benefits: Antibacterial compounds prevent acne breakouts and skin infections. Anti-inflammatory action heals rashes, bites and blemishes. Stimulates blood flow under the skin.

Aromatherapy Uses: Thyme oil boosts immunity and prevents respiratory illnesses when inhaled. The scent increases energy, alertness and concentration. Bolsters strength and courage.

Tonka Bean:

Scent: Tonka bean essential oil has a sweet, vanilla-like aroma. It smells like freshly grated tonka beans, reminiscent of vanilla, caramel, and almond. Warm, comforting scent.

Skin Benefits: Deeply hydrating to prevent dryness and irritation. Helps smooth rough patches and rejuvenate dull lackluster skin for a radiant glow.

Aromatherapy Uses: Tonka bean oil has a soothing, feel-good aroma that enhances sensuality between couples. It reduces tension, anger, and anxiety. Comforting and indulgent.

Tulip:

Scent: Tulip essential oil has a light, flowery aroma that is subtly fruity and fresh. It has green, grassy undertones balanced by honey-like nuances. The scent is delicate and reminiscent of spring.

Skin Benefits: Rich in antioxidants that protect skin from UV damage and pollution leading to aging. Hydrates dry skin and prevents moisture loss. Soothes redness and inflammation.

Turmeric:

Scent: Turmeric essential oil has a warm, spicy, earthy aroma. It has subtle woody, peppery notes similar to ginger. The scent is slightly bitter, musky, and reminiscent of orange peel.

Skin Benefits: Has anti-inflammatory and antioxidant properties that help heal skin conditions like eczema, psoriasis and acne. Calms irritation and redness. Tones and nourishes skin.

Aromatherapy Uses: Turmeric oil promotes emotional balance and stability. It enhances mood and provides comfort during times of grief or sadness. Uplifts spirits and boosts self-confidence.

Valerian:

Scent: Valerian essential oil has a warm, woody yet medicinal aroma. It has intense herbal notes with subtle earthy nuances and traces of citrus. The musky fragrance has a subtle floral sweetness.

Skin Benefits: Calms irritation, itchiness and redness in sensitive skin. The sedative properties relieve symptoms of eczema, psoriasis and dermatitis. Anti-inflammatory action.

Aromatherapy uses: Valerian oil reduces anxiety, nervous tension, hysteria and emotional stress when inhaled. The musky aroma induces tranquility and relaxation. Promotes quality sleep.

Vanilla:

Scent: Vanilla essential oil has a sweet, creamy, richly intoxicating aroma. It smells like vanilla beans and extract with nuances of caramel and balsamic resin. Deeply sensual and soothing.

Skin Benefits: Contains antioxidants that protect skin from sun damage. Deeply moisturizes dry, flaky skin. Prevents signs of aging like wrinkles and age spots.

Aromatherapy Uses: Vanilla oil has a comforting, feel good aroma that is known to enhance libido and sensuality. It relieves anxiety, anger, and sadness. Deeply relaxing.

Verbena:

Scent: Verbena essential oil has a fresh, sweet citrusy aroma. It is herbal and grassy, with lemony floral notes similar to lemongrass. Uplifting and joyful scent.

Skin Benefits: Has a tonic effect to tighten sagging skin and reduce the appearance of enlarged pores. Anti-inflammatory action calms redness from acne or rashes.

Aromatherapy Uses: Verbena oil boosts mood and enhances spirituality. It reduces feelings of stress, anxiety and depression. The scent promotes emotional healing and peace.

Vetiver:

Scent: Vetiver essential oil has an earthy, woody aroma reminiscent of wet soil. It has subtle floral and citrusy top notes with undertones of smoked tobacco leaves. The natural scent is deep and rich.

Skin Benefits: Naturally moisturizes and heals dry, irritated skin. Has cleansing properties to unclog pores and treat acne. Anti-aging antioxidant effects.

Aromatherapy Uses: Vetiver oil is emotionally grounding and centering. The heavy, earthy aroma dispels anxiety, nervousness, and obsessive thoughts. Promotes inner peace.

Wheatgerm Extract:

Scent: Wheatgerm oil has a rich, malty aroma that is subtly nutty and earthy. It emits grassy and toasted cereal notes reminiscent of bread dough. The scent is wholesome and nourishing.

Skin Benefits: Has a high vitamin E content to deeply moisturize skin and provide antioxidant protection from damaging UV rays and pollution. Very hydrating for dry skin.

Aromatherapy Uses: Wheatgerm oil aroma is mentally grounding yet uplifting. It enhances clarity and focus while also reducing stress and frustration. Provides comfort.

Winter Plum Seed:

Scent: Winter plum seed oil has a sweet, delicate aroma reminiscent of ripe plum flesh and apricot jam. The fruity scent is subtle and well-balanced with slight almond nuances.

Skin Benefits: Rich in antioxidants like vitamin E that protect skin from environmental stressors and pollution leading to aging. Deeply moisturizing. Improves elasticity.

Aromatherapy Uses: The fruity aroma of winter plum oil uplifts mood and induces feelings of joy and lightheartedness. Enhances creative expression. Alleviates stress and anxiety.

Wintergreen:

Scent: Wintergreen essential oil has an intense minty, sweet aroma reminiscent of birch bark. It is fresh, crisp, and herbaceous with subtle woody nuances. Invigorating and cooling.

Skin Benefits: Has a soothing, analgesic effect on skin that relieves pain from bug bites, cuts, irritation. Improves circulation under the skin.

Aromatherapy uses: Inhalation of wintergreen oil is refreshing and uplifting. It enhances alertness and clears respiratory passages. Alleviates stress and muscle or joint discomfort.

Wolf Berry:

Scent: Wolfberry seed oil has an earthy, musky aroma that is subtly fruity and nutty. It has warm balsamic undertones similar to black tea. The rich scent is reminiscent of ripe berries.

Skin Benefits: Rich in antioxidants, vitamin E, and essential fatty acids that deeply nourish skin cells and retain moisture. Helps repair sun damage and reduce signs of aging.

Protective effects.

Aromatherapy Uses: Wolfberry oil has a soothing, restoring effect on the nervous system. The grounding scent enhances relaxation and provides comfort. Alleviates stress, anxiety, worry and frustration.

Wild Yam:

Scent: Wild yam essential oil has a heavy, rooty aroma with subtle floral nuances. It smells earthy and herbaceous with hints of dried tobacco leaves and soil. Musky and textured.

Skin Benefits: Contains anti-inflammatory compounds to treat eczema and dermatitis.

Helps balance sebum production and prevent acne. Firms and tones aging skin. Rich in antioxidants.

Aromatherapy Uses: Wild yam oil has a stabilizing, centering aroma that relieves stress and anxiety. The grounding scent enhances spiritual connection. Dispels feelings of nervousness, fear or anger.

Ylang Ylang:

Scent: Ylang ylang essential oil has an exotic, floral aroma that is rich and delicate. It has undertones of fruit, cream, vanilla and spice. The sweet fragrance is sensual and intoxicating.

Skin Benefits: Hydrates and balances moisture in oily or dry skin. Soothes inflammation and relaxes skin. Helps control acne and nourishes mature complexions.

Aromatherapy Uses: Ylang ylang oil is mood enhancing and calming. It reduces anger, anxiety and depression. Provides a sense of joyful relaxation. A popular aphrodisiac.