

Yogis Yoga Class Schedule (Oct 21-31 2025)

新蒲崗大有街3號萬迪廣場26樓H室(鑽石山地鐵站A2出口行4分鐘)
26H, Maxgrand Plaza, 3 Tai Yau Street, San Po Kong, KLN
(Diamond Hill Station, Exit A2, Walking distance 4mins)

鑽石山總校
(26H課室)

瑜伽課堂whatsapp查詢專線
93345673 / 97864213

R2 = RYT 200
R3 = RYT 300
R5 = RYT 500
*G = Ground (地面)
*A = Aerial (空中)(1小時扣1堂)



Mon	Tue	Wed	Thu	FRI	Sat	Sun
					Anita (16:30-17:30) 跆拳道兒童班	
						**所有課堂以電腦系統資料為準