

The Wiggle and Wriggle Song (to the tune of "the Farmer's in the Dell") No instruments - just bodies.

(Wriggle your caterpillar fingers left, right and upwards)

A wiggle and wriggle to here, A wiggle and wriggle to there. Wiggle and wiggle and wriggle your fingers, Up in the air.

Wrigglers to shoulders then other body parts) Wriggle and wiggle your shoulders, Wiggle and wriggle your nose, Wiggle both your wriggly knees, And wriggle all of your toes

(The Wrigglers have taken over our whole bodies now)

Wiggle and wriggle and wiggle, And wriggle wiggle and bend. Wiggle and wriggle and wriggle, and do this to the end! (keep wiggling until the music stops)



Quietly Quietly, not a sound

(Grab a tambourine!)

Quietly, quietly not a sound (finger to lips, whispering) I'm listening and listening (touch your ear and look side to side) As I look around. No sounds as I nod (nod head) No sounds as I clap (clap hands) No sounds as I tap my hands on my lap (tap)

(Loud voice, use the tambourine)

Loudly, loudly rattle and clap Loudly, loudly rattle and clap Loudly, loudly rattle and clap All that noise, well fancy that! (I'm just a teeny genie and I don't like that!)



Gonna Build a House

Gonna Build a House (draw a huge circle with arms and hands) With a chimney tall (stretch arms up) Gonna Build a Roof (make a roof overhead) And a Garden Wall (hands down in front of you) And a big front door you can open wide (open the doors to a wide arm line either side of you) 2 small windows you can peep inside (peep binoculars with hands) Gonna Build a House (repeat huge circle from beginning) Gonna Build a House



Scarf action rhyme: "2 Little Genies" (2 scarves)

Begin with scarves in front of you in either hand. Two little genies (Shoogle the scarves gently) Sitting on a cloud One called quiet, (raise one scarf) and one called loud (raise the other scarf) Fly away quiet, Fly away loud. (chuck each scarf over either shoulder as you say "quiet" and "loud") Come back quiet, come back loud. (Reach back to get each scarf and replace.)



Here's a Green Leaf - Parent & Child Action Song

Music available on Rhythm Academy Site

Here's a Green leaf, and here's another (hold out left hand, then right) And that you see makes two (hold up 2 fingers) This is the bud that makes the flower (hold palms together) Now watch it bloom for you (slowly separate palms)



Mr Moon, You're Out too Soon! to the tune of "Mr Golden Sun" Music available on Rhythm Academy Site

Oh Mr Moon, Moon You've come out to soon (wave a finger at the moon up high) The Sun's still in the sky.... (point to the other side of the sky) you should go to-Bed,

(fold hands by your face and close your eyes) and,

> Cover up your head (Arms over head) and wait for the day to go by... (tap your watch) Oh Mr Moon, Moon (wave a finger at the moon up high) You've come out to soon The Sun's still in the sky! (point to the other side of the sky)