



IHR 2020 Summer Swim Team Information

Hi Neighbors!

IHR will participate for the 5th year with the American Energy Swim Club Summer Swim League, which is a league made up of young swimmers from neighboring communities. **Season runs June 15th through August 1st, 2020.**

Did you know that Oklahoma ranks eighth in the Nation in drownings? This is a saddening statistic that we simply cannot live with. Summer League offers an opportunity for kids to learn more about competitive swimming, be a part of a team, get some exercise, and meet other kids, all while learning basic swimming techniques and water safety. Each step taken towards drowning prevention is a step in the right direction for Oklahoma's children.

There is no minimum age requirement, but the League recommends that your child be able to comfortably swim the full length of the pool (approx. 25 yards).

Tentative Dates:

- **NOW:** Online Registration is OPEN: www.teamunify.com/recaesl
Cost is \$135 per swimmer. AESC will collect all dues online via credit card.
- **Week of June 15th:** Morning practices at the IHR pool will begin. Practices will be held daily on Tuesdays, Wednesdays, Thursdays & Fridays. AESC Coaches will likely break up practices into several groups based on skill level and to comply with local rules concerning Social Distancing. Once we know how many participants we will have, information on practice times will be communicated, ideally 9:15-10:00 or 10:00-10:45, however this is subject to change. Your understanding and flexibility is appreciated while AESC works out details.
- Our meets with other Edmond neighborhoods are tentatively scheduled for Saturday mornings OR Monday evenings during the league season. As enrollment progresses and we communicate with our Neighbors at other pools and the Y, we will communicate accurate meet dates as well as information about the All City Meet which is typically held at the end of the season at Mitch Park Y. It is not mandatory that your child participate in all meets!

League may look different from prior years, however we are excited for kids to have fun in a safe environment. We will conduct the program in compliance with the guidelines set forth by the Governor, CDC and OSDH. Please continue to monitor our social media sites for more information.

Please feel free to reach out to me with any questions at (405) 205-9892 or stephbruehl@gmail.com

Sincerely,
Stephanie Bruehl, IHR AESC Pool Rep