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Hovedstad Posten

Volume 52, Issue 3

Hovedstad Lodge 2-094

March 2025



Board Meetings

Third Tuesday at 6:30
Zoom Board Meeting
All members are invited

Regular Meetings

September – May
4th Monday each
month at 6:30 PM

Columbian Hall

6794 Martin Way E
Olympia, WA 98516

Need directions?

Have a question about an upcoming meeting or event?

Contact Jim This
360-870-5820

Next Meeting
Columbian Hall
March 24, 2025

6:30 PM

Fra Presidenten

God Mars!

Hopefully spring is just around the corner. I am starting to see a few buds and early blooming plants.

A few reminders:

Our next meeting will be on Monday, March 24th at 6:30 pm at the Columbian Hall. We will be making all sorts of Norwegian treats – lefsa, krumkake and other delicious delicacies. This will be a warm-up for Norway Day. Look for more details from Deirdre. And speaking of Norway Day – be sure you have Saturday, April 19th marked on your calendar. We will need a lot of helpers to make this another huge success.

Remember to encourage qualified members of your immediate family to apply for a scholarship. They can download the application from our new website -on the Scholarships Tab. Application deadline is April 30th. www.olysonsofnorway.org

Following up on what I announced at the February meeting – we would like everyone to bring guests and potential members to the meetings. As an incentive, each sponsoring person/family will get a little “thank you” gift and the visitor will also get a little gift. The March meeting is a great opportunity to showcase the camaraderie of the Lodge and enjoy some good food.

Sue and I will miss the March meeting – we are traveling. Thanks to Jon for wielding the gavel in my absence.

Tusen takk!

Jim

**Hovedstad Lodge
2025**

Executive Officers

President, James This
360-870-5820
jthis@jlthis.com

Vice President, Jon Halvorson
360-790-5349

halvo@comcast.net
Secretary, Betsy Hagen
360-789-8607

ebunky@hotmail.com

Treasurer, Joanne Gray
360-923-1242

joanne@moholtusa.com

Counselor, Linda Fialkowski
360-459-3982

norwaydreamer294@gmail.co m

Program Directors

Cultural Director-
Sue Girsch

sgirsch@jlthis.com

Social Director

Deirdre Bissonnette
deirdrepfndt@gmail.com

Foundation Director-
Joanne Gray

Support Directors

Marshals

David Lee and Terry Larson

Trustees

Terry Larson—3 Yr.
360-688-1857

Mark Sterk - 2 Yr.
208-298-7047

Kevan Hagen - 1 Yr.
360-918-6588

Hostess Coordinator

Patty Osier

Greeters

Barb Murphy and
Cameron Osier

Editor

Kevan Hagen



Hovedsted 2-094 Business Meeting

Monday, February 24, 2025

President Jim This welcomed everyone and announced a new campaign to encourage members to invite guests. Members will be entered into a drawing for a prize, and guests will also receive something.

Meeting: It was moved to accept the November minutes as presented by Bob Thompson and seconded by Mike Sterk.

Officer Reports: Joanne, Treasurer, presented financial report.

Mark Sterk reported on the lodge's annual audit. The three trustees met with Edward Jones and signed formal paperwork confirming receipt of the annual balance. He also shared the lodge's current investment balance.

Membership received audit report, Mark Sterk moved to accept, seconded Bob Thompson

Joanne shared a thank you card from Catholic Community Services thanking the lodge for our \$500 donation. Catholic Community Services provides shelter, housing, nutritious meals, recovery programs and more and thanks the lodge for our commitment to the community.

New Business: Scholarship Program: Linda Fialkowski presented. Must be member in good standing, active for 3 of past 5 years. Two types of scholarships: Continuing education, trade school or college as well as the culture camp for kids/culture retreat for adults. Regarding the adult culture weekend, for 1st time attendees, full tuition is paid, a value of \$160. 2nd time attendee, lodge pays 1/2 tuition. Payment works through reimbursement, member must first pay and attend the weekend, then will be reimbursed.

Applications for college scholarship need to be in by end of April. Awarded at May banquet. Members or their children, grandchildren.

Application for fall weekend needs to be in by end of July. September retreat. Members only

Survey: A member survey was shared via email and on paper at the February meeting. Results will help guide programing and activities throughout the new year.

Field Trip Discussion: Members are voting on their top picks for outings as a lodge. Top choice will have the opportunity to be subsidized by the lodge, in the form of a charter bus. Voting is taking place on the member survey.

Future Programs:

March: Hands On Norway

April: Genealogy

May: Banquet celebrating May 17

Website: Jim created website: OlySonsofNorway.org. Includes calendar of events, governance library, and overview, resource page, Norway Day page, link to Daughters of Norway. Our email is ad-min@olysonsofnorway.org

Cultural Presentation: Oslo County; Sue Girsch, Program: Celebration of Sami Month. Scheduled speaker Amy King had to cancel due to illness, but provided a video about reindeer herding. https://youtu.be/Cut9_3W-yw?si=l-ar81Ne7C_8hvEJ

Norway Day is coming April 19 Joanne seeking help making Lefse and assisting the day of

Patty Osier seeking Hosts.



17th Annual

NORWAY DAY

And Other Nordic Countries

April 19, 2025 10-4

Thurston Co. Fairgrounds, Olympia, WA

*There's SO MUCH more to Norway than
Lutefisk and lefse!*



*Music, Vikings,
Fjord Horses,
Norwegian Elkhounds,
Giftware, Nordic Café,
Bake Sale, Crafts, Artwork,
Genealogy,
& So Much More!*

*Bake Sale 10:00—Noon
Café 10:00—2:00*

Artwork courtesy of Sharon
Aamodt Dexter
www.nordicfolklore.com
Sponsored by Sons of Norway,
Hovedstad Lodge &
Daughters of Norway,
Prillar Guri Lodge

Admission \$3.00-
Children under 12, Free with adult
www.OlympiaNorwayDay.com



Be A Booster

Don't wait—Now is the time to get your 2025 Norway Day Booster Button.

Recruit your friends, relatives and neighbors to get theirs, too! For only \$10 they can show their support of our Norway Day and get their name printed into our souvenir program. As an added bonus, just show your button at the door and the fee is waived.



We need you!

Calling all you cookie bakers and lefse makers. April 19th is our Norway Day and our bake sale and café are a vital part of the day. **You** are important to the success of the day. We never have enough home baked goodies as they sell out quickly. So dig out those cookie sheets and lefse griddles and help.

Sons of Norway Financial Products



As members of a Sons of Norway Lodge, we learn about and enjoy the heritage and culture of Norway, and members also have access to discounts when shopping or traveling. There are financial products available—Term and Permanent Insurances, along with Annuities. If you are in the market for life insurance, get information about the products that Sons of Norway offers here:

https://www.sofn.com/financial_products/products_we_offer/

Contact our local SON financial planner, Marti Brown, at 253-227-4586, or mbrown@planmembersec.com



Hovedstad Member Spotlight



David Tollefson

I am a Vascular and General Surgeon. We have lived in Lacey, Washington since 1991. My wife, Margaret Tudor, is also a member of the lodge. My father was pure Norwegian, my mom some, but I am not sure how much.

Something that you might not know about me - I am retired from the US Army, and taught surgery at Madigan Army Medical Center for 10 years. My hobbies are travel, working in the yard, caring for my Wolfhounds, and going on walks with the pups.

I got involved in Sons of Norway through my wife, Margaret, who discovered the lodge first. We have been members for about six years.

The thing I appreciate most about belonging to the lodge is learning more about Norwegian heritage. Being a member gives you a great chance to learn about Norwegian heritage, and an opportunity to meet fascinating people.



SONS of NORWAY

2025 DISTRICT TWO ZONE 4 SEMINAR

SATURDAY, APRIL 12, 2025

SONS OF NORWAY HALL

224 CATLIN ST W, KELSO, WA

**REGISTRATION AT 8:30 AM MEET-
ING 9:00-4:00 PM
(LUNCH INCLUDED)**

Some Topics included are:

- Successful Programs & Fundraisers
- Website tutorial
- Communications/Newsletters
- Camps and Scholarship
- Financial Benefits
- Foundation and Tubfrim
- Lodge Reports & Volunteer Hours
- International Board News
- Membership Recruitment & Retention



Bring your questions and your success stories. Working together makes us all stronger. We have ideas and news you'll want to hear! Not able to attend this seminar? You are invited to attend any other seminar. Visit the District 2 website sonsofnorway2.com for a list of all seminars.

New and returning Lodge officers and members are encouraged to attend. Make your reservations early.

Contact: Paul Anunson: 360-271-7298 or paulanunson@hotmail.com

47th Annual

Norwegian Heritage Festival

Saturday, 15 March 2025, 11am – 4pm



**Anderson University Center
Pacific Lutheran University
12180 Park Ave. S, Tacoma, WA**

FREE Admission

Musical Entertainment, Craft Demonstrations,
Information Booths, Vendors, and featuring
our Norwegian Café.

Treat yourself to pea soup, rømmegrøt, breads, cookies & more.

No ATM on campus, so bring cash for food items.

The Scandinavian Cultural Center will be open downstairs for exhibits!



Photo Source: <https://www.tv2.no/nyheter/innenriks/karen-21-har-nadd-sydpolen-fytti-sa-deilig/17355173/>

21-Year-Old Norwegian Skis to the South Pole

This past January, 21-year-old Karen Kyllèsø became the youngest person to ski to the South Pole. The Norwegian traversed a total of 702 miles in 54 days. She accomplished the feat while pulling a low-friction sled that had all of her food, clothing, tent, and cooking gear packed on it. Along the way, she chronicled her experience on social media.

When she finished, she said she was ready to go home! She plans to write a book about her adventure. Another Norwegian, Hege Victoria Dypdalsbakk, plans soon to

make the same trek in 30 days. You can read more about Karen's feat on the Sons of Norway website, or click [here](#).

Coloring the Streets of Bergen

With over 1,000 artworks registered in its city street art database, and probably many more unregistered, Bergen is widely regarded as the street art capital of Scandinavia. Some of Europe's most famous street artists call the city home, including AFK, Argus, M.u.M, TEG and Dolk. In 2012, Bergen's city council adopted a subsidy scheme to fund street art, encouraging artists to apply for permits and funds to create their art around the city. It was a unique decision, especially as street art is considered illegal in many cities across the world. But Bergen's promotion of, rather than prohibition of street art has proven to benefit the city in many ways, boosting tourism and granting the city a unique artistic status.

Source: *Viking Magazine* Contributed by Sue Girsch



It's Scholarship Time !

Hovedstad offers scholarships for continuing education or vocational training, plus scholarships for our District 2 Youth Camps. For eligibility requirements and applications, contact Scholarship Chair, Ken Fialkowski, longlakeken@gmail.com

The Hovedstad scholarship application deadline is April 28, 2025.



Mark Your Calendar

March 15—11-4 PLU Norwegian Heritage Festival

March 24— 6:30 General Meeting

April 12—Zone 2 Seminar

April 15— 6:30 Zoom Board Meeting

April 19 – NORWAY DAY

April 20 – God Påske– Happy Easter

April 28— 6:30 General Meeting



[www.facebook.com/HovedstadLodge #94, Sons of Norway](http://www.facebook.com/HovedstadLodge#94,SonsOfNorway)



Hovedstad Posten Editor
Kevan Hagen
6808 Old Forest Lane SE
Tumwater, WA 98501



Norway Day is right around the corner! To volunteer to help out on the day, to volunteer to provide baked goods, to help set up tables the night before, or to purchase buttons, contact **Joanne Gray, 360-923-1242**