



Volunteer Job Description: Breastfeeding Peer Support Worker

Organization: Project Milk Mission

Location: Franklin County (Ohio)

Position Type: Volunteer (Unpaid)

Number of Volunteer Positions Available: 4

Position Overview:

Project Milk Mission is seeking volunteers to join our Peer Support Breastfeeding Program. As a Breastfeeding Peer Support Worker, you will play a crucial role in supporting new mothers on their breastfeeding journeys, particularly focusing on underserved communities and addressing disparities in breastfeeding rates among Black women.

Key Responsibilities:

- Provide one-on-one support to new mothers, offering guidance and encouragement throughout their breastfeeding experience.
- Facilitate group discussions and support sessions, both virtually and in-person.
- Assist in organizing and participating in community outreach events to promote breastfeeding.
- Collaborate with Project Milk Mission's lactation professionals to ensure consistent, evidence-based support.
- Maintain confidentiality and adhere to the organization's ethical guidelines.
- Participate in ongoing training and education to stay updated on breastfeeding best practices.

Qualifications:

- Personal experience with breastfeeding (minimum 6 months)
- Strong communication and interpersonal skills
- Empathetic and patient demeanor
- Ability to work with diverse populations and demonstrate cultural sensitivity
- Comfortable using technology for virtual support sessions
- Willingness to learn and apply evidence-based breastfeeding information

- Availability to commit to regular volunteer hours (minimum 5 hours per week)

Training:

Selected volunteers will receive comprehensive training on breastfeeding support, cultural competency, and Project Milk Mission's protocols. Ongoing education and support will be provided throughout the volunteer experience.

Impact:

As a Breastfeeding Peer Support Worker, you will play a vital role in increasing breastfeeding initiation, duration, and exclusivity rates, particularly among Black women. Your work will contribute to reducing preterm births and infant mortality rates in underserved communities.

To Apply:

Please submit a resume and/or letter of interest, highlighting your personal breastfeeding experience and why you want to volunteer with Project Milk Mission. Include any relevant skills or experiences that make you a strong candidate for this role.

Project Milk Mission is committed to diversity and inclusion. We strongly encourage volunteers from diverse backgrounds to apply, reflecting the communities we serve.

Join us in making a difference in maternal and infant health outcomes, one mother at a time!