



Your Rhythm and Praise Gospel Dance Party

WE ARE HARD PRESSED
ON EVERY SIDE,
BUT NOT CRUSHED;
PERPLEXED,
BUT NOT IN DESPAIR;
PERSECUTED,
BUT NOT ABANDONED;
STRUCK DOWN,
BUT NOT DESTROYED.

New Spirit Radio - Playlist - 03-29-26 - Disappointment

Wise Words

- "We must accept finite disappointment, but never lose infinite hope." - Martin Luther King Jr.

Our Words of the Week

- Psalm 34:18 - The LORD is close to the brokenhearted and saves those who are crushed in spirit.

- Proverbs 24:16 - "For though the righteous fall seven times, they rise again, but the wicked stumble when calamity strikes."

This shows us that failure is not the end of the story, but a chance to get back up and try again. It also shows us that what matters is not how many times we fall, but how many times we rise.

2 Corinthians 4:8-9 - "We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. We are hunted down, but never abandoned by God. We get knocked down, but we are not destroyed."

These verses acknowledge life's challenges but affirm that, with God, believers can endure and rise above even the most difficult circumstances.

Super Blessed Music Set

- Anne Nesby & Jasper Street Company - Praisin' His Name
- Mary Mary - In The Morning (Maurice Joshua Mix)
- Ron Hall, DJ Spen, Gary Hudgins - Talk To God 'Bout It (DJ Spen - Gary Hudgins Praise Break)
- Soulfunky, Libby Redman, One Voice Gospel Choir - His Blood (Has Set Me Free) (DJ Spen - Gary Hudgins Remix)
- Tee Smith, Emily Holligan, DJ Spen, Reelsoul - Keep On Going (Spen - Reelsoul Remix)
- Charles Jenkins - Awesome (Deeper Love House Mix)
- Fred Hammond - Loud
- Donnie McClurkin - We Fall Down (David Harness Remix)
- Yolanda Adams ft Sir The Baptist, Donald Lawrence & Co - Church Doors (Terry Hunter Remix)
- Aaron K. Gray, Jihad Muhammad - Never Would Have Made It (Cover)
- Karizma - Spirit
- The Wayouts - Surrounded (Honeycomb Vocal Mix)

AI's Affirmations

- My energy sets the tone of my day, my interactions, and my thoughts, so I am intentional about my mood, my temperament, and the vibes I send out.
- I surround myself with people who lift me up and encourage me.
- I will not let disappointment prevent me from pushing forward with a positive mindset and outlook.

Let Us Pray -

Lord, I kneel before You in humble submission and pray that in Your mercy and kindness You would help me to simply let go of all the fears and worries, problems and doubts, guilt and disappointments that seem to be filling my heart and mind so often, during the course of a day. Fill my hurting soul with Your love and peace. Lord, You have told us to think about whatever is lovely and pure and holy and good, and I pray that You would help me to turn the eyes of my heart upon Jesus and to look to Him day by day. In Jesus' name I pray, Amen.

