



New Spirit Radio - Playlist - 07-26-26 - Letting Go Of Bitterness

Wise Words

- "Bitterness and unforgiveness block the flow of God's blessing in your life and actually hinder your prayers." - Victoria Osteen
- "Fighting bitterness can be a full-time job." - Ira Sachs

Our Words of the Week

- **Ephesians 4:31-32** - **31** Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. **32** Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.
- **Colossians 3:13** - **13** Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Super Blessed Music Set

- Anne Nesby & Jasper Street Company - Praisin' His Name
- Elements Of Life, Jasper Street Co. - Stand On The Word (DJ Spen - Gary Hudgins Radio Edit)
- Soulfunky, Libby Redman, One Voice Gospel Choir - His Blood (Has Set Me Free) (DJ Spen - Gary Hudgins Remix)
- Hezekiah Walker - Let's Dance (E-Smoove Vocal Stomp)
- Aaron K. Gray, DJ Gomi - Celebrate Your Life (DJ Spen - Charles Dockins Remix)
- Randy Roberts, DJ Spen, Thommy Davis - The Question Is (Original Extended Mix)
- Earnest Pugh - Bless His Name
- Kem, Muzikman Edition - Jesus (Muzikman Edition Blood Of Jesus Remix)
- Fred Hammond - Keep on Praising (Junior White Remix)
- Connie Harvey - Thank You Lord (City Soul Project and B-O-D Remix)
- Yolanda Adams - Open My Heart (Steve Silk Hurley Remix)
- The Wayouts - Surrounded (Honeycomb Vocal Mix)

AI's Affirmations

- I choose to let go of resentment towards others
- I move forward by letting go of what no longer serves me.
- As I learn from unfortunate situations, it transforms bitterness into wisdom.

Let Us Pray -

Lord, I come to you today, acknowledging the bitterness and resentment that have taken root in my heart. I know that these emotions are destructive and harmful to my soul. Lord, help me to release the hurt, the pain, and the anger that have a hold on me. Lord, guide me in my thoughts, words, and actions. Help me to live a life that reflects your love and compassion, and to offer healing and restoration to others. I trust in your promises, and I know that with your help, I can overcome bitterness and live a life of peace and joy. In Jesus' name, I pray. Amen."