

No discipline seems pleasant at the time, but painful.

Later on, however, it produces a harvest
of righteousness and peace for those
who have been trained by it.

Hebrews 12:11

# New Spirit Radio - Playlist - 05-11-25 - Procrastination

#### **Wise Words**

- "Putting off an easy thing makes it hard, and putting off a hard one makes it impossible." George H. Lorimer
- "Take time to deliberate; but when the time for action arrives, stop thinking and go in." Attributed to Andrew Jackson
- "Procrastination is the enemy of success." Unknown Source

### Our Words of the Week

- Hebrews 12:11 11 No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.
- Proverbs 10:4 4 Lazy hands make for poverty, but diligent hands bring wealth.
- Proverbs 14:23 23 All hard work brings a profit, but mere talk leads only to poverty.

### **Super Blessed Music Set**

- Anne Nesby & Jasper Street Company Praisin' His Name
- Jasper Street Co. God Helps Those (Who Help Themselves) (Main Vocal Mix)
- Brian Power, Michael Gray Optimistic Feat- Lucita Jules (Michael Gray Remix)
- FrescoEdits, Ron Carroll You Will Survive (Extended Mix)
- Max Kion Revival (Extended Mix)
- David Morales, DJ Spen, Michele Chiavarini Believe (DJ Spen Michele Chiavarini Remix)
- Beverly Crawford He's Done Enough
- Donnie McClurkin We Fall Down ( David Harness Remix)
- Aaron K- Gray, Mark Francis, DJ Spen I Need You Now (Mark Francis DJ Spen Extended Vocal Mix)
- Tasha Cobbs, Supremetheremixer Break Every Chain (Up Lifting Mix)
- Wez Whynt, Earl W. Green, Jason Nicholson Porter, Nickson, SoulLab You Will Know (SoulLab Spiritual Vocal Mix)
- The Wayouts Surrounded (Honeycomb Vocal Mix)

## Al's Affirmations (Defeating Procrastination)

- I love the feeling that completing my tasks gives me. / Break down large tasks into smaller, manageable chunks.

- I will accomplish everything that needs doing today. / Set clear start dates and deadlines.	
- I will focus on the tasks until they are done. / Eliminate distractions.	
Let Us Pray -	
Dear Lord, help me to overcome the fear that holds me back from starting my tasks. Help me to take the first step with confidence. Clear my mind of distractions and grant me the focus I need to complete my work. Let Your wisdom guide me in prioritizing my tasks. Fill me with the motivation and drive to tackle my responsibilities. Help me to see the value in my work and to approach it with enthusiasm. Lord, replace my anxiety with courage and determination. Grant me the perseverance and endurance to see my tasks through to completion. Help me to stay committed and not give up, even when it gets tough.	