

### New Spirit Radio - Playlist - 10-20-24 - Faith Over Fear

Worrying is like worshipping the problem.

Having faith doesn't mean that you will never be afraid, but it does mean that you know who to turn to when you are. Giving your worries to God makes you realize you can't control everything.

### Our Words of the Week

- Psalm 23:1-5 God will help you overcome your fears and be beside you no matter where you are.
- Psalm 27:1 God will help you overcome your fears and be beside you no matter where you are.
- Deuteronomy 3:22 You must not fear them, for the Lord your God Himself fights for you.
- Deuteronomy 3:24 O Lord GOD, you have only begun to show your servant your greatness and your mighty hand. For what god is there in heaven or on earth who can do such works and mighty acts as yours?

#### Super Blessed Music Set

- Anne Nesby & Jasper Street Company Praisin' His Name
- Fred Hammond Keep on Praising (Junior White Remix)
- Tee Smith, Emily Holligan, DJ Spen, Reelsoul Keep On Going (Spen Reelsoul Remix)
- Dav Risen, MoreSoul, Nani Experience Grace Mercy (Main Mix)
- The Clark Sisters, DJ Spen You Brought The Sunshine (DJ Spen Remix)
- Charles Jenkins Awesome (Deeper Love House Mix)
- Aaron K. Gray, DJ Gomi Celebrate Your Life (DJ Spen Charles Dockins Remix)
- Stasoul, Mbali M, Dav Risen How Great You Are (Dav Risen Remix)
- Mary Mary Heaven (Maurice's Nu Soul Mix)
- Yolanda Adams ft Sir The Baptist, Donald Lawrence & Co Church Doors (Terry Hunter Remix)
- Jerome Hicks, Richard Burton, Damond Ramsey Love to The World (Damond Ramsey Remix)
- Ron Hall, DJ Spen, Gary Hudgins Talk To God 'Bout It (DJ Spen Gary Hudgins Praise Break)
- The Wayouts Surrounded (Honeycomb Vocal Mix)

#### Al's Affirmations

- "Faith and fear both demand you believe in something you cannot see. You choose." Bob Proctor
- I am who God Says I am. Fear has no place in my heart or mind.
- I posses gifts talents and qualities designed by God just for me.
- God has given me everything I need to live in the way He wants me to live.

# Let Us Pray -

Dear Lord, I come before you with an open heart and mind, ready to receive your love and grace. I confess that I often allow fear to consume me, worrying about the future and the unknown. But I know that you are with me, guiding me every step of the way. Lord, I ask that you cast out all fear from my heart, mind, and soul. Help me to trust in your perfect love, knowing that you have a plan for my life. I surrender my fears to you and ask that you replace them with faith and hope. I also pray for those who are facing difficult situations today. I ask that you give them strength and courage to overcome their fears and trust in your perfect love. Thank you for your unconditional love and grace, which sustains me each day. Help me share that love with others and be a light in the world, casting out fear and bringing hope and peace. I pray all these things in the name of Jesus Christ. Amen.

## Here are 5 recommended steps for using affirmations:

- 1. Read the affirmations, and believe them in your heart. Remember, we trust in God's faithfulness, not in how strong our own faith is. Just a little mustard-seed amount of faith is more than enough! (See Matthew 17:20.)
- 2. Say the affirmations out loud. Hearing your own voice speak the words out loud helps you to believe that they are true.
- 3. Write them down. Using your own hand to write something down helps you engage more of your senses, which contributes to long-term memory.
- 4. Post them where you can see them.
- 5. Any time you feel anxious or afraid, say a prayer surrendering it to God, and then read and repeat the affirmations again.