## Our Word of the Week

Psalm 118:24 - This is the day which the Lord has made; we will be full of joy and delight in it.

Psalms 9:2 - I will be glad and rejoice in you; I will sing the praises of your name, O Most High.

Matthew 5:13 - Be full of joy and be glad, because you have a great reward in heaven. In the same way, people harassed the prophets who came before you. (Common English Bible)

## Super Blessed Music Set

Anne Nesby & Jasper Street Company - Praisin' His Name

Aaron K. Gray, DJ Gomi, DJ Spen, Charles Dockins - Celebrate Your Life (DJ Spen - Charles Dockins Remix)

Jasper Street Co., Teddy Douglas, DJ Spen - Oh Give Thanks (Album Version)

Tee Smith, Emily Holligan - Keep On Going (Original Mix)

Roy Jazz Grant, Sasha Dias - Abba Father (Original Mix)

Soulfunky, Libby Redman, One Voice Gospel Choir, Gary Hudgins, DJ Spen - His Blood (Has Set Me Free) (DJ Spen - Gary Hudgins Remix)

Mary Mary - In The Morning (Maurice Joshua Mix)

3 Winans Brothers, The Clark Sisters, Mike Dunn - Dance (Mike Dunn's Gospel Re-Touch)

DJ Spen, Soulfuledge - Goin Home (To See My Savior) (Original Mix)

Luis Radio - Unity (Original Mix)

The Clark Sisters, DJ Spen - You Brought The Sunshine (DJ Spen Remix)

Jerome Hicks, Richard Burton, Damond Ramsey - Love to The World (Damond Ramsey Remix)

The Wayouts - Surrounded (Honeycomb Vocal Mix)

## **Al's Affirmations**

- I am turning DOWN the volume of negativity in my life, while simultaneously turning UP the volume of positivity.

- I feel more grateful each day.

- I walk away when a person or a situation isn't healthy for me.

- I feed my spirit. I train my body. I focus my mind. This is my time.

Let Us Pray -

Dear God, thank you for giving me another day of life. Thank you for pouring out blessings all around me. May my heart be rejoicing in everything I do today. I am grateful, happy, and blessed. Help me to be a blessing to others, so they can experience your love. Amen.