

**SPRING
FIELD
TOWNSHIP
COMMUNITY
DAY**

5K

**1 MILE
FUN RUN**

**SUNDAY
SEPT 30
2018**

SUNDAY SEPTEMBER 30TH 2018 - CISCO PARK
199 MONTGOMERY AVENUE ERDENHEIM PA 19038
5K STARTS AT 9AM 1MILE FUN RUN TO FOLLOW*
*** APPROX. 9:40AM**

The race starts at Cisco Park and winds through the lovely neighborhoods of Erdenheim, finishing back at the park. Stay for fun at the Springfield Township Community Day with free food, activities and entertainment for all ages immediately following the race from 10am - 1pm. Parking will be available across the street from the start/finish at Antonelli Institute. Take Paper Mill Road to Montgomery Avenue.

5K: \$25 UNTIL SEPT 15 / \$30 DAY OF RACE
1MI: \$15 UNTIL SEPT 15 / \$20 DAY OF RACE

RACE DAY REGISTRATION BEGINS AT 8AM

1st place overall Male and Female \$100 Cash Prize
1st place overall Male and Female Masters \$50 cash prize
Age groups awards:

10 and under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Register online at www.erdenheimcivic.org/5k or www.pretzelcitysports.com

(closes midnight, Sep 26, nominal service fee applies)

or send registration & payment to:

ECA c/o Shannon Ferguson 9 McCloskey Rd Flourtown PA 19031

Make checks payable to Springfield Township Community Day Fund

For more info email us at info@erdenheimcivic.org / kerry 205.301.9117

Race timed by Pretzel City Sports - Results available within 24hr

<https://www.pretzelcitysports.com>

PROCEEDS BENEFIT THE SPRINGFIELD TOWNSHIP COMMUNITY DAY FUND & ERDENHEIM CIVIC ASSOCIATION

REGISTRATION FORM

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

SEX: M F AGE ON RACE DAY: _____ DATE OF BIRTH: ___ / ___ / ___ SHIRT SIZE (CIRCLE ONE): YOUTH - YS YM
LADIES (VNECK) - LS LM LL LXL UNISEX - S M L XL XXL

EMAIL: _____ PHONE NUMBER: _____

SELECT EVENT

5K:

1 MI:

WAIVER/RELEASE: I, individually and on behalf of my minor child(ren), hereby acknowledge and understand that participation in the Springfield Township 5K run/walk or Fun Run is a potentially dangerous activity. I recognize that I should not enter & participate unless I am medically able & properly trained. I agree to abide by the decision of any event official relative to my ability to safely complete the course. I assume all risks associated with my participation in the event for which I am entering, including but not limited to falls; contact with other participants; effects of any adverse weather conditions; including but not limited to: heat, cold, ice & humidity; traffic & road conditions, all of the above being known & appreciated by me.

Having read & fully understood this waiver, knowing these facts and in consideration of acceptance of this application, I for myself and anyone entitled to act on my behalf, waive & release, Erdenheim Civic Association & Springfield Twp Community Day Committee, its board and volunteers, and Springfield Township, Montgomery County, all sponsors, their representatives, agents, successors & assigns from all claims or liabilities of any kind arising from my participation in this event even though that liability might arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission from all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event or my likeness for any legitimate purpose. The run is rain or shine and there will be no refunds.

SIGNATURE: _____ DATE: ___ / ___ / _____

[PARENT OR GUARDIAN SIGNATURE FOR PARTICIPANTS UNDER 18 YRS]