

**200hr Yoga Teacher Training Application**

**(Please print and fill out by hand)**

**Please take your time when filling out this application. Read each question carefully and answer truthfully and in detail. Your application answers are confidential. Once you’ve answered all of the application questions, take time to review the attached policies and initial where indicated to acknowledge that you understand and agree to all policies listed. Any application that is found to be incomplete will be returned to you for review.**

**If you have application questions or additional questions relating to the training, please contact Danielle by email;** [**danielle@bebrave.yoga**](mailto:danielle@bebrave.yoga)

**Applications can be scanned and emailed to danielle@bebrave.yoga (a “scan” with your phone is fine), or dropped off in the studio lobby in Be Brave Yoga’s mail slot.**

**Let’s get to know you and your relationship with Yoga.**

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Birthday: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address:**

1. **When was your first experience with yoga? Tell us about it.**

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1. **Do you currently have a regular yoga practice? If yes, tell us more. If no, what is keeping you from a consistent practice?**

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1. **What style of yoga do you prefer to practice? Do you have other ways in which you practice spirituality? Tell us more.**

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1. **Why do you want to take this teacher training? Do you want to become a yoga teacher, or are you more interested in deepening your own understanding of yoga? Be as detailed as you can.**

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1. **Share one or more transformational experiences you’ve had in a yoga class. Please also share how yoga has impacted your life overall.**

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1. **If you were to be accepted into this training, are you prepared to be fully open and committed to the experience?**
2. **What are you most excited to learn about as a yoga teacher trainee?**

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1. **If you intend to teach yoga after graduating from this training, what kind of yoga teacher can you see yourself as? (Teaching power? Teaching children? Will you be a gentle teacher or a powerful teacher?) Share as much as possible.**

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1. **Do you suffer from any mental or physical challenges that would prevent you from successfully completing this training? Please note that we will dive into personal topics, vulnerability, and inner work that can be triggering for some. This is not therapy and no trained therapist will be present during our training. If you are currently under the care of a doctor, therapist, or psychologist, please consult with them before completing this application. If you have any physical or mental conditions or injuries that we should be aware of, please explain below.**

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1. **Tell us one boring fact about you (these are way easier than interesting ones!) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
2. **Have you taken any other yoga teacher trainings or similar trainings in the past? If yes, please share your experience. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**By signing and dating below you agree that:**

**All information provided is honest and true; you are not withholding any information that could jeopardize your physical or mental well-being.**

**­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Signature Date**

**This application is not complete unless accompanied by a signed copy of our Refund Policy. (Below)**

**Be Brave Yoga 200hr Teacher Training**

**Refund Policy**

Upon acceptance into Be Brave Yoga’s 200hr Teacher Training Program (acceptance notice will be emailed to the email address provided), a $500 deposit will be charged to the credit card on file. If you have not provided your credit card information, you must contact Danielle ([danielle@bebrave.yoga](mailto:danielle@bebrave.yoga)) to provide this information or make other payment arrangements. The $500 deposit is due within 5 business days of receiving your acceptance letter.

You are eligible for a partial refund of your initial deposit if an email is sent to [danielle@bebrave.yoga](mailto:danielle@bebrave.yoga) within 7 days of paying your deposit. $100 will be retained as a fee for the application and enrollment process.

**Paying in Full**

If you have chosen to pay for your Teacher Training in full ($3000.00+ any applicable taxes), the balance of your payment will be due 2 weeks prior to the start date of your Teacher Training.

**Payment Plan**

If you have chosen the payment plan option ($3500.00+ any applicable taxes), you will still need to make the program deposit as outlined above. The remaining payments will be made as follows:

1. $750 due two weeks before the start of Teacher Training (September, exact date TBA)
2. $750 due on October 1st
3. $750 due on November 1st
4. $750 due on December 1st

**Failure to Make Payments On Time**

If you fail to make one of your monthly payments, you will be given a 30 day grace period to bring your account current. If you fall behind on payments by more than 30 days, you will be asked to leave the training program. If your tuition is not paid in full before graduation from the training program, you will not receive your YTT Certificate until all payments have been made.

**Withdrawing From the Program**

If you choose to withdraw from the program more than 7 days after paying your initial deposit, no refunds will be given. If you have extenuating circumstances around your withdrawal (for example, an ongoing medical condition that prevents you from being able to attend), you may be eligible to apply any payments made to a future training program. Please email [danielle@bebrave.yoga](mailto:danielle@bebrave.yoga) if you are no longer able to attend. Your request will be reviewed and if deemed impractical for you to continue the program, a fair and reasonable refund will be provided.

**Teacher Training Cancelation**

If the Teacher Training is canceled by Be Brave Yoga for any reason, you will receive a full refund of all payments made.

**By signing below, you agree to all terms as mentioned above in the Refund Policy.**

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**Print and Sign Your Full Name Date**