## **Celebration of Cultural Diversity with Seniors (CCDS)**

## **Bridging Cultures, Connecting Generations**

### **Background & Objectives**

The Celebration of Diversity with Seniors (CDS) initiative is a vibrant platform bringing together seniors from diverse racialized communities. This event fosters intercultural and intergenerational learning, strengthens mutual respect, and promotes unity amid diversity. Through a blend of cultural sharing, performances, and interactive sessions, the initiative also includes Indigenous culture as a key component, focusing on truth, reconciliation, and lived experiences.

#### Key Activities:

- ✓ Multicultural Performances Dance, singing, cultural role-play, and Indigenous showcases.
- ✓ Cultural Roundtables Seniors from different communities share experiences and traditions.
- Keynote Speech on Diversity & Unity Insights from thought leaders.
- ✓ Documentary Screening Showcasing inspiring stories of diversity and cultural resilience.
- Seniors Week Celebration: Lunch & Learn Enriching discussions over a shared meal.
- ✓ Indigenous Drumming & Storytelling An immersive experience into Indigenous traditions.

#### **Key Achievements & Impact**

The event **successfully united** seniors and community members through cultural exchange and shared experiences.

- Attendance: 350+ seniors and adults from racialized communities.
- **Cultural Artists:** 35 performers representing diverse traditions.
- Community Partners: 13 organizations collaborated to make this event a success.
- Volunteers Engaged: 11 individuals contributed their time and skills.
- Volunteer Hours (Event Day): 61 hours of dedicated service.
- **Wolunteer Hours (Planning & Execution):** 123 hours invested in making this event remarkable.

The fusion of **cultural showcases with Seniors Week celebrations** created a powerful impact:

- Seniors felt valued & respected
- Cultural diversity was celebrated & promoted
- → Intercultural and intergenerational learning flourished
- \* Knowledge and appreciation of Indigenous culture grew
- Stronger community bonds & networks were formed

# **●** What Participants Said

© "Celebration of cultural diversity in a space where seniors feel comfortable is something unique. I made friends from India, Nepal, Pakistan, Ghana, Ethiopia, Afghanistan, and Canada, including Indigenous people. I hope to see such interactions regularly!" – Senior from Afghanistan
"Blending Seniors Week with cultural diversity celebration was an amazing idea! It fostered intergenerational learning and cultural sharing in a way I had never seen before." - Senior from Ethiopia
○ "Learning about Indigenous traditions firsthand was eye-opening. I wish we had more time to interact with Indigenous elders and hear more stories." – Senior from Nepal
○ "Our collaboration was time-intensive, but seeing the impact today made it all worthwhile. As a small ethnic community, we appreciate the support in securing funds and look forward to future partnerships." – Collaborative Partner

## **Some Snapshots**











## **8** Acknowledgments

This initiative was made possible through the dedicated efforts of our collaborative partners:

- Trellis Society
- FOCUS on Seniors
- Nepalese Community Society of Calgary (NCSC)
- The Immigrant Education Society (TIES)
- Calgary Catholic Immigration Society (CCIS)
- Genesis Centre
- Calgary Immigrant Women Association (CIWA)
- First Step Together
- Immigrant Services Calgary (ISC)

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Moreover Together, we celebrate diversity, embrace cultural learning, and build stronger communities!